

JAN. BILIMBI COLOCASIA TARO OKRA

FEB. ULU – BREADFRUIT XANTHOSOMA TARO WAX GOURD

MARCH MELON SWEET POTATO SWEET POTATO LEAVES

APRIL WATERAPPLE CASSAVA PUMPKIN TIPS

MAY JACKFRUIT MITSUBA BELL PEPPER

JUNE MANGO GINGER AMARANTH

JULY FOOTBALL FRUIT YAM GREEN ONION

AUGUST RAMBUTAN DAIKON NEW ZEALAND SPINACH

SEPT. BANANA CYTOSPERMA TARO KANGKONG

OCTOBER SOURSOP DASHEEN NAPPA

NOVEMBER ORANGE TURMURIC EGGPLANT

DECEMBER CALAMONDIN YAM BEAN WING BEANS