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| **Current Cover Crops Seed Costs of Various Species** | | | | | | |
| **Species** | **Variety** | **Source** | **Cost per**  **Pound** | **Pounds per**  **Acre\*** | **Seed**  **Cost per**  **Acre\*\*** | **Benefits** |
| Buckwheat |  | Helena Chemical Company | $0.68 | 60 | $40.80 | Weed suppression, quick soil cover, pollinator habitat |
| Cereal Rye | VNS | Helena Chemical Company | $0.31 | 120 | $37.20 | Scavenge nitrogen, prevent erosion, add organic matter, suppress weeds |
| Cowpea | Ironclay | Helena Chemical Company | $1.60 | 90 | $144.00 | Suppress weeds, fix nitrogen, prevent erosion, add organic matter |
| Crimson Clover | Dixie | Helena Chemical Company | $1.14 | 30 | $34.20 | Fix nitrogen, prevent erosion, add organic matter |
| Annual Ryegrass | Fria | Helena Chemical Company | $0.80 | 30 | $24.00 | Prevent erosion, add organic matter, improve soil structure and drainage, suppress weeds, scavenge nutrients |
| Pearl Millet | FSG 300 | Helena Chemical Company | $1.50 | 40 | $60.00 | Suppress weeds, add organic matter |
| Rapeseed | Dwarf Essex | Helena Chemical Company | $1.50 | 14 | $21.00 | Scavenge nutrients, suppress weeds, reduce compaction |
| Sorghumsudangrass | Greengrazer | Helena Chemical Company | $0.50 | 50 | $25.00 | Add organic matter, suppress nematodes and weeds, aerate subsoil |
| Sunn Hemp |  | Hancock Farm and Seed Co.,  Inc. | $1.50 | 50 | $75.00 | Add organic matter, nitrogen fixation, erosion control, weed suppression |

\*Higher seeding rates for some species will be recommended based on this first year of experience

\*\*Cost of fertilizer, seed inoculant for legumes, and maintenance (i.e. mowing) not included