

What is an essential oil?

Essential oils are the concentrated vital essences of aromatic plants. They contain potent therapeutic properties and are much used in cosmetics, perfumes and flavorings, and in aromatherapy - a system of healing the body through massage, inhalation or bathing with blended essential oils.

Essential oils are found in minute glands in one or more parts of aromatic plants: in leaves (basil), flowers (rose), fruit (lemon), seed (coriander), wood (sandalwood), resin (frankincense), bark (cinnamon) and roots (calamus).

As the popularity of essential oils swells, so a wave of new firms has appeared, each selling its own labeled oils. (from Bremnes, The Complete Book of Herbs).

See a model distillery in operation at La Paix Herb Farm, Alum Bridge, (304) 269-7681



The La Paix Herb Farm Essential Oil Project is a pilot program showing a model essential oil distillery in operation and illustrating its potential for creating jobs, new products and markets for herbs in West Virginia.

Directions to Workshops:

Oct. 6th & 7th

Multipurpose Room next to 911 Building, Weston, W.V. (Lewis County)
Take I 79 to Exit 99, Turn left to Weston

At second light, turn left

At next light in one block, turn right
Proceed west on West Second Street
passing old Weston Hospital on left
to next left (see Big Blue Metal Building on left) Turn left. Parking Available.

Motel, B & B Accommodations

Comfort Inn: 269-7000

Super 8 Motel: 269-1086

Natural Seasons B & B: 269-7902

*Ingeberg Acres B & B: 269-2834

*(10% reduction to attendees)

Committee, W.V. Essential Oil Project

Myra Bonhage-Hale, Coordinator (304) 269-7681

e-mail: lapaix@jollinc.net Matt Taylor

Tom McConnell, WVU Extension Service

Thomas Clarke, Marketing Specialist, WV Dept of

Agriculture. Bruce Lloyd, Extension Agent, Lewis

County. Sue Cosgrove, Certification. Coordinator,

Mountain State Organic Grower & Buyers Assoc.

Connie McColley, Poplar Forest Craft Cooperative

Carrie Liller, Summer Apprentice La Paix WWWC.

Kate Walsh, Summer Apprentice La Paix U. of Pitt.



On Site Workshop at La Paix Herb Farm

Saturday, June 16th, 2001, 1 to 5 p.m.

The Essential Oil Distillery at La Paix and Tour of the plants used for distillation. Reservations only

(304) 269-7681

How To Grow Your Farm

*You are invited to a
workshop
October 6th and 7th,
2001*

Learn What to Grow for a West
Virginia Essential Oil Distillery



The La Paix Herb Farm Essential Oil Project is a pilot program introducing the idea of installing a commercial essential oil distillery in West Virginia, thus creating a market for W.V. farmers to grow the herbs used in distillation.

**A DREAM FOR
WEST VIRGINIA**

Wouldnt it be wonderful if West Virginia farmers could grow for a market in West Virginia which could transform their fresh produce into a finished product?

Many herbalists, therapists, aromatherapists and cosmeticians in West Virginia use essential oils in their products. They must buy these oils from out of state companies. I have a dream that West Virginia farmers could grow the herbs needed for an essential oil distillery in W.V. This would increase the farmer's market, stimulate value added products, encourage research and furnish a finished pure, environmentally friendly essential oil to buyers everywhere.

A large commercial essential oil distillery could be built in West Virginia and if it were owned by an herb growers cooperative, a business could be developed serving both West Virginia herb growers and the surrounding population with jobs, related businesses (packaging, labeling) and a true W.V. product. This model distillery project "A Smell Good Project" funded by SARE, WVU Extension and Poplar Forest Craft Cooperative in conjunction with La Paix Farm is the first step in discovering how this could be accomplished.



Distillery on Display at

La Paix Herb Farm

Alum Bridge, West Virginia

Call for details, phone, e-mail, or On the

Web:

304) 269-7681

e-mail: lapaix@iolinc.net

On the web:

www.lapaixherbaljourney.com

**INTERNATIONALLY KNOWN EXPERTS
WILL SHOW W.V. FARMERS & SMALL
BUSINESS OWNERS HOW TO EXPAND**

THEIR PROFITS

Cosponsored by Sustainable Agriculture Research & Education Farmer/Grower Grant (U.S.D.A.)
WVU Extension Service, Center for Agricultural and Natural Resources Development
Poplar Forest Craft Cooperative & La Paix Herb Farm

The Experts are:

- ◆ **Robert Siedel** of the Essential Oil Company, Portland Oregon.

Saturday: What You Need to Know About

Essential Oils

Web Site: <http://essentialoil.com>

- ◆ **Dr. Arthur Oliver Tucker, III**, of the Department of Agriculture & Natural Resources, Delaware State University. Author of the widely acclaimed Big Book of Herbs.

Sunday: Commercial Crop Production of

Herbs for Essential Oil Distillation.

Web Site: <http://www.desu.edu/tucker>

- ◆ **Maureen Rogers**, of the Herb Growing and Marketing Network and The Business of Herbs: Marketing Essential Oils.

Web Site: www.herbworld.com

- ◆ **Dorene Peterson**, of the Australasian College of Herbal Studies, Quality Control: How to Assess Essential Oil Quality and Production and Yields of W.V. Grown Herbs for Distillation
- Web Site : www.herbed.com

**WHEN: October 6th & 7th 2001
9 a.m. to 5 p.m**

**WHERE: Multipurpose Room next to
911 Building, Weston West Virginia
(Lewis County)
old Weston State Hospital)**

**HOW TO GREEN YOUR FARM
WORKSHOP**

REGISTRATION

Cost for two day workshop: \$50.____
(includes four breaks)

Lunches both days: \$16.____

Name: _____

Address: _____

Phone # () _____

E-mail: _____

Web Site: _____

Grower? Yes _____ No _____

If yes, Name of Farm: _____

Business Owner? Yes _____ No _____

If yes, Name: _____

Total Enclosed: \$ _____

Booth # limited: If interested, Please

contact (304) 269-7681

Please Mail to:

La Paix Herb Farm

HC 64 Box 17

Alum Bridge, W.V. 26321



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October 26, 2001

Myra Bonhage-Hale
La Paix Herb Farm
HC 64, Box 17
Alum Bridge, WV 26321

Dear Myra:

Thank you so much for inviting me to speak at the "Greening Your Farm" conference. I certainly appreciated your hospitality in picking me up at the airport and cooking those lovely dinners. The lavender chicken was scrumptious (as was the herbed fish); I enjoyed every minute of my stay at your farm and got some great pictures of your herb plantings. Thanks also for the other transportation you arranged for me.

It was a great opportunity, too, for me to spend time with Maureen Rogers and Art Tucker. We all had a great time with you. As far as I'm concerned, the meeting was a great success. I've had an inquiry from a farmer in that area, who wants me to relay to him what I learned at the conference.

Thanks also for getting your farm listing in for 2002 and for the e-mailed pictures. My colleague David Zodrow is putting together new displays and brochures for ATTRA. Some will also be displayed on our website. I was struck by the misty, magical quality of the photos I took of your farm; I've had slides made already for my next presentation.

The Natural Seasons B&B you recommended was delightful, and I enjoyed my stay there, too. Travel was relatively uneventful. The Clarksburg airport on the morning of my departure was full of guardsmen, state police, and journalists-- more of them than passengers! I was home only two days, and then left for another conference.

Please let me know next time you are in NW Arkansas, so that we can visit some more.

With warmest regards,

Katherine L. Adam
Information Specialist

La Paix Herb Farm

Crooked Run Rd. HC 64 Box 17 Alum Bridge, West Virginia 26321
(304) 269-7681 E-mail: lapaix@iolinc.net On the Web at: www.lapaixherbaljourney.com

April 5, 2001

PRESS RELEASE

TO: ALL MEDIA

FROM: Myra Bonhage-Hale, La Paix Herb Farm Steward (304) 269-7681. E-mail: lapaix@iolinc.net

RE: SARE Sustainable Agriculture Farmer Grower Grant Awarded to Lewis County Farmer

FOR IMMEDIATE RELEASE: April 5, 2001

Essential Oil Distillation for West Virginia Herb Growers: A Smell Good Project, is the Title of a Grant awarded to Myra Bonhage-Hale of La Paix Herb Farm in Lewis County. The Funding Request for \$6,035. was granted by the Northeast SARE (Sustainable Agriculture Research and Education - U.S.D.A.) through the University of Vermont and State Agriculture College.

The "Smell Good" Project will promote the growing of herbs and flowers in West Virginia for the purpose of distilling them in an Essential Oil Distillery. In order to introduce the concept, a small model essential distillery has been established at La Paix Herb Farm and the owner, Ms. Bonhage-Hale, is hoping to have farmers growing organic lavender and other herbs this summer to supply the distillery. She is also establishing over 1000 lavender plants at La Paix for demonstration purposes. Using the distillery and experimenting with various herbs grown at La Paix and in West Virginia, she will show farmers and tourists how herbs are distilled into essential oils and hydrosols (floral water).

Farmers interesting in learning more about this project are encouraged to write to Ms. Hale at La Paix Herb Farm, HC 64 Box 17, Alum Bridge, West Virginia 26321 or visit the web site at www.lapaixherbaljourney.com and print off and take the Questionnaire and mail it to the above address. She can also be contacted by E-mail at lapaix@iolinc.net.

It is hoped that the end result of this pilot project will be:

1. More successful organic farmers in West Virginia growing herbs for a growing market. For instance, those now growing tobacco might want to consider growing herbs.
2. An environmentally sustainable project which is socially and economically profitable.
3. Lots of room for creating value added products like lavender paper and mulch.
4. The development of a group of herb growers who are interested in establishing a larger, commercial essential oil distillery in West Virginia.
5. West Virginia will smell better!.

Reporters are welcome to visit the distillery at La Paix. (Photo enclosed is of West Virginia Wesleyan Students: Carrie, Jessie, Zack and Judith examining the Essential Oil Distillery at La Paix Herb Farm.)

LC Herb Farm Gets Grant For "Smell Good" Project

Myra Bonhage-Hale, owner of La Paix Herb Farm in the Alum Bridge area of Lewis County, has been awarded a \$6,035 grant by Northeast Sustainable Agriculture Research and Education - USDA, through the University of Vermont State Agriculture College.

The "Essential Oil Distillation for West Virginia Herb Growers: A Smell Good Project" grant will promote the growing of herbs and flowers in West Virginia for the purpose of distilling them in an essential oil distillery.

In order to introduce the concept, a small model essential distillery has been established at La Paix Herb Farm. Ms. Bonhage-Hale hopes to have farmers growing organic lavender and other herbs this summer to supply the distillery.

She is also establishing more than 1,000 lavender plants at La Paix Farm for demonstration purposes.

Using the distillery and experimenting with various herbs grown at La Paix and in West Virginia, she will show farmers and tourists how herbs are distilled into essential oils and hydrosols (floral water).

Ms. Bonhage-Hale hopes this pilot project will lead to:

- More successful organic farmers in West Virginia growing herbs for a growing market (for instance, those now growing tobacco might want to consider growing herbs);

- An environmentally sustainable project that is socially and economically profitable;

- Room for creating value-added products like lavender paper and mulch;

- The development of a group of herb growers who are interested in establishing a larger, commercial essential oil distillery in West Virginia;

- West Virginia smelling better!

Farmers interested in learning more about this project are encouraged to write to Ms. Bonhage-Hale at La Paix Herb Farm, HC 64 Box 17, Alum Bridge, WV 26321; or visit La Paix Farm's website: www.lapaixherbaljourney.com, which includes a questionnaire that can be printed out, completed, and mailed to the above address. Ms. Bonhage-Hale can also be contacted at: lapaix@iolinc.net (e-mail).

The Weston Democrat - Wednesday, April 18, 2001—3C



EXAMINE NEW DISTILLERY. West Virginia Wesleyan College students Carrie, Jessie, Zack, and Judith examine the essential oil distillery established at La Paix Herb Farm.

Visits Students

Sunday, April 15, 2001

La Paix Herb Farm awarded grant

"Essential Oil Distillation for West Virginia Herb Growers: A Smell Good Project" is the title of a grant awarded to Myra Bonhage-Hale of La Paix Herb Farm in Lewis County.

The funding request for \$6,035 was granted by the Northeast SARE through the University of Vermont and State Agriculture College.

The "Smell Good" Project will promote the growing of herbs and flowers in West Virginia for the purpose of distilling them in an essential oil distillery.

Farmers interested in learning more about this project can write Ms. Hale, La Paix Herb Farm, HC 64, Box 17, Alum Bridge, WV, 26321 or visit the Web site at: www.lapaixherbaljourney.com or e-mail lapaix@iolinc.net.

CLARKSBURG
Exponent TELEGRAM

Certification Notes

By Sue Cosgrove, Certification Coordinator

It appears MSOGBA's final round in reviewing producers for certification will be a good one, with approximately 21 producers submitting packets. Any producer who has questions or is uncertain of the timeline for processing the application, is concerned about inspection, needs additional information on effective date of certification, please DO NOT HESITATE to contact me. If I can answer your questions or put your mind at ease, it will make the long wait much easier to handle. A reminder to those producers with paperwork still outstanding: In order to review your application, it MUST be complete. Don't lose out!

My sincere thanks also go to the Technical Committee members who give up such a large chunk of their lives in order to process the packets. Special thanks to Scott for continuing as the Technical Committee's superbly capable chair.

The MSOGBA Technical Committee will meet again this year in Flatwoods at the Western Steer Conference Room on April 21 at 8:30 am to review certification packets. As we did last year, first-time applications will be reviewed via U.S. mail, so committee members who receive them are asked to complete their review as quickly as possible, and return them to Sue Cosgrove (HC 88, Box 145, Chloe, WV 25235).

Thank you to all the committee members who serve in this important phase of the certification process.

Scott Snyder, Technical Committee Chair

Apprentices 2001

by Pam Kasey

This year's apprentice search is more active than ever! As of the first week of March we have had 29 inquiries, as opposed to just seven by this time last year. Word of mouth and repetitive advertising must be starting to pay off! Four farmers so far are participating, with Susan Sauter testing the waters with her toe. Given the strong response so far, I am hopeful that we will make a good match for each of them.

You still have the opportunity to pass your skills on to a hardworking young person and get some help in the process! If you want to try your luck, send me a message at pkasey@mountain.net, check our Web site at www.wvu.edu/~agexten/org&agny/msogba/msogba.htm, or call me at 304/291-8205.

Member News

Looking for growers and buyers interested in being part of The Herb Growers Network of the West Virginia Herb Association. For details, contact Scott and Cindy Snyder at (304) 684-5585 or email at: healinghillsherbs@yahoo.com

Essential Oil Distillery at La Paix Herb Farm

The La Paix Herb Farm Essential Oil Project is a pilot program showing a model essential oil distillery in operation and illustrating its potential for creating jobs, new products and markets for herbs in West Virginia. A workshop at La Paix is scheduled for June, and Myra will have the Essential Oil Distillation model at the Vandalia Festival on April 6th.

Scott and Cindy Snyder and nine other Planning Committee members are working on various aspects of the project. Scott and Cindy, members of MSOGBA and WV Herb Association, are the co-chairs of the WV Herb Growing Network, a part of WVHA. They have helped apply for non-profit status so that the ultimate goal of having the Network own a large essential oil distillery can be realized in the next few years.

Two all-day workshops will be presented by Robert Siedel of the Essential Oil Company, Dorene Peterson of the Australian College of Herbal Studies and Art Tucker of the Univ. of Delaware on October 6th and 7th, 2001. Topics: Essential Oil Distillery: Uses and Marketing, and Commercial Crop Production of Herbs used in Essential Oil Distillation. For further information on the Essential Oil Project, check out my web site at www.lapaixherbaljourney.com. Click on Essential Oil Project.

Welcome New Members

Tom Bryant, Julie Darling, Ieda Darnell, Richard and Elizabeth Dennis, Tom Mulligan, and William and Linda Roberts

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WV Herb Assoc. new letter
"How to Green Your Farm"

You are invited to a workshop October 6th and 7th 2001 to Learn What to Grow for a West Virginia Essential Oil Distillery. La Paix Herb Essential Project, funded by SARE, is a pilot program introducing the idea of installing a commercial essential oil distillery in W.V., thus creating a market for W.V. farmers to grow the herbs used for distillation. Internationally Known Experts Will Show W.V. Farmers & Small Business Owners How to Expand Their Profits, cosponsored by the Sustainable Agriculture Research & Education Farmer/Grower Grant (U.S.D.A.), WVU Extension Service, Center for Agricultural and Natural Resources Development and Poplar Forest Craft Cooperative & La Paix Herb Farm. The experts are: Robert Siedel of the Essential Oil Company, Portland Oregon, Dr. Arthus Oliver Tucker, III. of the Dept. of Agriculture & Natural Resources, Delaware State University, Maureen Rogers of the Herb Growing and Marketing Network and Dorene Peterson of the Australasian College of Herbal Studies. Cost for the two day workshop: \$50. For more information or Registration Form, contact Myra at (304) 269-7681 or email: lapaix@iolinc.net, or click on Essential Oil Distillery at <http://www.lapaixherbaljourney.com/>. Again we can have some booths at the site - preferably those featuring the use of essential oils in their products. Call Myra for more info. Myra can also provide brochures on the Oct 6th and 7th event if needed.

Herbalist David Brill of The Rosemary House answers a question on ethics.

ETHICS OF HERBAL ADVERTISING QUESTION:

If no Herbs increase the size of breasts, then why do they the Herbs have labels saying they do? And all the Herb Shops have them, so in that case, all information on all Herb Labels must be just a joke. Herbs must not do nothing for you, or either they wouldn't contradict. Why would people buy them if they can't believe the label?

ANSWER:

Our store does not sell them or any other magical elixir for weight reduction or extra energy. You are right to feel anger and disappointment but you feelings are directed at the wrong suspect. The plants are not to blame, people are. Herbal Medicine has recently come back in vogue. Greedy commercial interests which in the past have kept the lime light and public interest away from natural approaches to medicine now see big \$bucks\$ to be made. These trickster play on the emotional issues of the unsuspecting (or undereducated in that topic) public and make magical promise which are mostly fantasy. Herbs do work, I know they work for me and my family. If you are truly interested in plant medicine and how you can control your destiny in healthcare; you would do well to review the many books written by educated herbalists not rantings of a snake oil selling showman. Quality herb stores will not sell products to simply make a profit most are run by small families who want to educate their customers and keep them coming back. One bad experience by a customer is retold many times to friends, reputable stores would not sell a product simply to make a fast buck, it would be like cutting off their nose despite their face. Most herb store owners try to sell quality products, I cannot speak for the many nutritional supplement stores which have sprung up trying to get the glut of money be spent on nutritional and herbal products. It has increased in sales 80% in the past 4 years. Herbs work for some things, breast enlargement is not one of them. I am sorry. Would you rather I tell you the truth or add to the lies already being told?

How to Green Your Farm

Workshops

Oct. 6-7

Multi-Purpose Building, Weston, W.Va.

Learn what to grow for a
West Virginia Essential Oil Distillery.
Registration \$50

Contact Myra Bonhage-Hale, 269-7681 or
lapaix@iolinc.net.

David Brown 885, 3-cyl. diesel, P/S, \$3,950. Kelly loader, \$400; NH grinder/mixer, \$750. Roger Mackey, P.O. Box 65, Macfarlan, 26148; 477-3092; rmackey@ruralnet.org.

JD 1020 tractor w/front-end loader & ind. post hole digger; MF corn planter, triple plow & springtooth harrow, \$300/all. Lewis Martin, Rt. 2, Box 58A, Bridgeport, 26330; 842-0666.

MF 175 w/Perkins diesel eng., heavy-duty loader & bucket, good tires, \$6,600; Int. 464, gas w/loader attach., \$4,000. Virgil McMullin, Rt. 1, Box 129, Middlebourne, 26149; 758-4403.

Belarus-562, '92, 745 hrs., \$7,500; Hesston 1006 disk mower, \$3,900; Walton hay tedder, \$800; hay fork, \$100; heavy-duty post-hole auger, \$500; hay elevator, \$600; pig pole, \$100; creep feeder, new, \$300; 2 bunk feeders, \$65/ea.; rototiller, \$100; horse round pen, new, \$750. Suzy Meadows, Rt. 1, Palestine Ridge, Glenwood, 25520; 576-2527.

Ferg. 2-bottom plow, excel. cond., \$175. Shaver HD 8 post driver, new, \$995. Tim McIntyre, Rt. 1, Box 406A, Mt. Clare, 26408; 623-2678; tandr1234@aol.com.

Dearborn corn picker, good cond., \$800. Florence Mills, 101 Mills Rd., Hinton, 25951-8220; 466-5190, after 6 p.m.

Blue Heeler pups, \$60. Bill Monroe, HC 69, Box 217, Bens Run, 26135; 758-2030.

Horse-drawn scrapper, good cond.; spike-tooth harrow, \$10. Dwight Nida, Rt. 2, Box 630, Tyler Crk. Rd., Salt Rock, 25559; 743-3023.

Int. Farmall Cub tractor w/cutter bar, right/left single turnplow, \$1,200. Charles Paugh, 144 Murphy Crk. Rd., Weston, 26452; 269-2981; lwjdnme@aol.com.

Taylorway 7-tooth chisel plow w/front-mounted cutting disks, gauge wheels, 3-pt. hitch, \$1,200. Mike Rexrode, HC 69, Box 212, Fort Seybert, 26802; 249-5505.

McHale 991 BE bale wrapper, auto computerized, like new, \$11,000. Larry Sayre, Rt. 2, Box 46B1 Letart, 25253; 895-3319.

JD horse-drawn disk & rake w/tractor hitch. David Shaffer, Rt. 2, Box 123, Moatsville, 26405; 457-2398.

JD 336 hay baler, barn kept, excel. cond., \$1,000. Myron Shaffer, HC 75, Box 129E, New Creek, 26743; 749-8483; fax, 749-8179.

NH 222 manure spreader, PTO driven, excel. cond., \$2,000. Herbert Shires, Jr., RFD 1, Box 112, Lindside, 24951; 753-9039.

Gravely walk-behind tractors, attachments, more, \$2,200/all. Gary Smith, 243 Ridgeway Dr., Bridgeport, 26330; 842-0747; gs243@aol.com.

NI 2-row corn picker, 30" rows, good cond., \$2,500. R. Smith, Rt. 1, Box A51, Bruceton Mills, 26525; 379-4511.

Oliver Super 55 tractor, good running cond., new paint, partial cab, \$3,000. Joe Spaid; Rt. 1, Box 336, Aurora, 26705; 735-5202.

Ford ensilage blower, runs off tractor PTO, \$175. Vairl Spears, RR 2, Box 83, Sandyville, 25275; 372-6140.

Int. spreader, excel. cond., \$2,000. Richard Ward, Rt. 1, Box 56, Lost Creek, 26385; 745-3165.

NI 4643 round baler, 4x4 hard core bales, excel. cond., used 4 yrs., \$6,000. Earl Williams, HC 72, Box 124A, New Creek, 26743; 788-5634.

NI 1-row 323 corn picker, \$2,000, gravity bed & wagon, \$500, both shed kept. Foster Wilson, RR 1, Box 239, Belleville, 26133; 863-5484.

MF 210-4 W4-WD tractor, '83, 7' blade, pig pole, 3-pt. hitch cart, excel./new cond., 575 hrs., \$9,000/firm. Clell Woodrum, HC 64, Box 249, Ridgeview, 25169; 836-5202.

EQUIPMENT WANTS

Sway block for 1020 JD tractor. Jack Belcher, 166 Blue Crk. Rd., Elkview, 25071; 965-3939.

Bush Hog to fit quick hitch attach. for '64 IH 140 tractor. James Curry, RR 1, Box 144, Delbarton, 25670; 475-2664.

Mower for Cub tractor. Roy Hawkins, 1180 Exchange Rd., Sutton, 26601; 765-7272.

Ford side mower, will buy for parts, have Ford 601 & '62. Roger Holmes, RD 5, Box 280, Cameron, 26033; 775-2854.

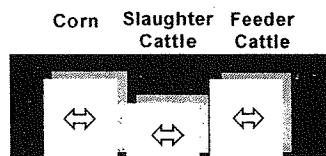
Cultivator for Farmall Super C. Gad Holipski, P.O. Box 115, Davis, 26260; 866-4206.

Round bale silage wrapper. Edward Lemons, HC 71, Box 51AA, Asbury, 24916; 645-6286.

MARKETING TRENDS

Market trends depend on many factors. These trends reflect the market at press time. Fluctuations in price occur routinely and buyers and sellers should rely on more current market information in making market decisions.

OCTOBER



For current market information, call 558-3117 or contact your County Extension Agent.

Side mower for Super C tractor. David Lucas, Rt. 4, Box 287, Grafton, 26354; 265-0614.

Vermeer round bale unroller. Hoy Pennington, HC 64, Box 200, Parsons, 26287; 478-2526.

MF 210-4 W4-WD tractor, '83, 7' blade, pig pole, 3-pt. hitch cart, excel./new cond., 575 hrs., \$9,000 firm. Clell Woodrum, HC 64, Box 249, Ridgeview, 25169; 836-5202.

FARM SALES

Due to strict, updated Postal Regulations, ads for land MUST be about farmland that is at least five (5) acres in size & located within West Virginia. Farmland ads MUST include accompaniments (house, barn, hayfield, garden, etc.) but no specifics, i.e., new kitchen, family room, etc. Ads for the sale or rental of farmland are acceptable from individuals, but MUST include the above. Advertisements for hunting land, commercial or city properties CANNOT be accepted.

Tyler Co.: 66+ A. w/3-bdrm. house, basement, garage & 10x50 1-bdrm. mobile home, barns, outbdgs., wells, pasture, woods, stocked pond, creek, part fenced, \$135,000. Allan Butch, Rt. 1, Box 580, Middlebourne, 26149; 758-4347.

Roane Co.: 118 A. w/10-rm. house, cellar, cellar house, outbdgs., barn, 10 A. bottom, free gas, plenty

of water, good garden area, \$145,000. Susie Cook, P.O. Box 724, Pinch, 25156; 965-0024.

Putnam Co.: 80+/-A. w/3-bdrm. house, 1½ baths, basement, garage w/heat, horse barn w/tack room, hip roof barn, all w/elec./water, equip. barn, chicken coop, sheds, ponds, creek, fenced/cross fenced, 35 A. hay, springs, free gas, \$225,000. Fred Cowell, Rt. 1, Box 140, Liberty, 25124; 586-4170.

Roane Co.: 200 A. w/5-bdrm. house, outbdgs., barns, garage, fenced, ponds, woods, \$225,000 w/farm equip. Kermit Groves, 250 South Pinch Rd., Elkview, 25071; 965-5200.

Roane Co.: 59 A. w/3-bdrm. house, 2 baths, barn, lg. equip. barn, raised bed garden, hay pasture, woods, \$116,000. Laura Jenson, 138 Smith Rd., Newton, 25266; 565-9203.

W.Va. Landowner: Braxton Co.: 17A. w/ 4-bdrm. house, garage, barn, shed, woods, stream \$81,000. Carrie Leslie, 2658 High Hampton Trail, Cuyahoga Falls, 44223; 330/928-3806; cleslie@apk.net.

Tucker Co.: 31+/-A. w/3-bdrm. house, 2 baths, barn, outbdg. w/water/elec., streams, \$139,000. Keith Kidwell, Rt. 2, Box 419, Parsons, 26287; 478-3099.

Marion Co.: 240+/-A. w/4-bdrm. house & mobile home, pasture, woods, pond, springs, new wells & septic systems, free gas plus royalty to house & mobile home, \$150,000. Elmer Niehenke, Rt. 1, Box 168, Mannington; 26582; 986-1289.

Clay Co.: 95 A. w/shed barn, new fence, 10 A. meadow, 10 A. pasture, pond, free gas, secluded, will help caretake if desired, \$79,900. Mike Pierson 16A Blue Knob Rd., Maysel, 25133; 587-2318; jmperson77@hotmail.com.

Roane Co.: 250 A. w/house, barn, pond, meadows, woods, \$399,000. Nancy Surgent-Long, One Aerie Estate, Charleston, 25302; 346-2600.

Randolph Co.: 33 A. w/4-bdrm. house, barns, wells, city water, pond, equip. shed, workshop, pasture, meadows, woods, streams, more, \$185,000. Gary Mills, P.O. Box 23, Montrose, 26283; 636-1190.

FARM WANTS

10+/-A. in Wood or Ritchie Cos., some level, w/in 10 mins. of Rt. 50. Ed Boyd, Rt. 1, Box 221, Cairo, 26337; 643-2396; nbspranger@hotmail.com.

50+ A. in Cabell, Wayne or Southern Mason Cos. w/or w/o house, no specifics. T. Hazelett, 1030 6th St. W., Huntington, 25701; bl18sam@msn.com.

GOAT SALES

Reg. Angora 2-yr. buck, white, \$100. S. Beamer, 724 Louise Ave., Morgantown, 26505; 292-6888; sbeamer@wvu.edu.

Bucks: 1/01 Angora, \$50 & young white \$40. Shanna Blackmer, HC 76, Box 446, Mt. Storm, 26739; 693-7299; shanna@bigplanet.com.

¾ Saanen: 1/01 wethers, 2, \$35/ea. & cross 7/01 doe, \$50, all white; ½ Cashmere 12/00 & 3/01 does, blue eyes, \$50/ea., will trade for Pygmy or LaMancha doe. At stud: Cashmere, black w/white pts.; 2 pure Saanen bucks, 1 polled, \$40/ea. Phyllis Boyd, Rt. 1, Box 804, Greenwood, 26415; 299-2558.

W.Va. Forage-Livestock School

Oct. 27, Nov. 3 & 17 & Dec. 8
9 a.m.-3 p.m.

WVU Jackson's Mill, Weston, W.Va.

Each class is limited to the first 40 applicants. Pre-registration deadline for the first class is Oct. 19 (call 304/293-6131, ext. 4231). Registration fee is \$10/class (includes lunch and classroom materials) and will be collected at each class.

Contact Becky Casteel at above phone number.

Original Manuscript

Certification Notes

By Sue Cosgrove, Certification Coordinator

It appears MSOGBA's final round in reviewing producers for certification will be a good one, with approximately 21 producers submitting packets. Any producer who has questions or is uncertain of the timeline for processing the application, is concerned about inspection, needs additional information on effective date of certification, please DO NOT HESITATE to contact me. If I can answer your questions or put your mind at ease, it will make the long wait much easier to handle. A reminder to those producers with paperwork still outstanding: In order to review your application, it MUST be complete. Don't lose out!

My sincere thanks also go to the Technical Committee members who give up such a large chunk of their lives in order to process the packets. Special thanks to Scott for continuing as the Technical Committee's superbly capable chair.

The MSOGBA Technical Committee will meet again this year in Flatwoods at the Western Steer Conference Room on April 21 at 8:30 am to review certification packets. As we did last year, first-time applications will be reviewed via U.S. mail, so committee members who receive them are asked to complete their review as quickly as possible, and return them to Sue Cosgrove (HC 88, Box 145, Chloe, WV 25235). Thank you to all the committee members who serve in this important phase of the certification process. Scott Snyder, Technical Committee Chair

Apprentices 2001

by Pam Kasey

This year's apprentice search is more active than ever! As of the first week of March we have had 29 inquiries, as opposed to just seven by this time last year. Word of mouth and repetitive advertising must be starting to pay off! Four farmers so far are participating, with Susan Sauter testing the waters with her toe. Given the strong response so far, I am hopeful that we will make a good match for each of them.

You still have the opportunity to pass your skills on to a hardworking young person and get some help in the process! If you want to try your luck, send me a message at pkasey@mountain.net, check our Web site at www.wvu.edu/~agexten/org&agny/msogba/msogba.htm, or call me at 304/291-8205.

Member News

Looking for growers and buyers interested in being part of The Herb Growers Network of the West Virginia Herb Association. For details, contact Scott and Cindy Snyder at (304) 684-5585 or email at: healinghillsherbs@yahoo.com"

Essential Oil Distillery at La Paix Herb Farm

The La Paix Herb Farm Essential Oil Project is a pilot program showing a model essential oil distillery in operation and illustrating its potential for creating jobs, new products and markets for herbs in West Virginia. A workshop at La Paix is scheduled for June, and Myra will have the Essential Oil Distillation model at the Vandalia Festival on April 6th.

Scott and Cindy Snyder and nine other Planning Committee members are working on various aspects of the project. Scott and Cindy, members of MSOGBA and WV Herb Association, are the co-chairs of the WV Herb Growing Network, a part of WVHA. They have helped apply for non-profit status so that the ultimate goal of having the Network own a large essential oil distillery can be realized in the next few years.

Two all-day workshops will be presented by Robert Siedel of the Essential Oil Company, Dorene Peterson of the Australian College of Herbal Studies and Art Tucker of the Univ. of Delaware on October 6th and 7th, 2001. Topics: Essential Oil Distillery: Uses and Marketing, and Commercial Crop Production of Herbs used in Essential Oil Distillation. For further information on the Essential Oil Project, check out my web site at www.lapaixherbaljourney.com. Click on Essential Oil Project.

Welcome New Members

Tom Bryant, Julie Darling, Ieda Darnell, Richard and Elizabeth Dennis, Tom Mulligan, and William and Linda Roberts

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Workshops Scheduled for 2001

Saturday, April 28th:
Culinary Herbs, Propagation, Cultivation,
Harvesting and Uses.
1 to 5 p.m. \$15.

Saturday, May 19th, 2001:
Medicinal Herbs, Identification and Uses
1 to 5 p.m. \$15.

Saturday, June 16th, 2001:
The First Essential Oil Distillery in W.V.
Herbs and Plants Used for Essential Oils.
1 to 5 p.m. \$15.

Saturday, July 14th, 2001:
Making a Labyrinth
Designing a Feng Shui Garden
1 to 5 p.m. \$15.

Saturday, August 11th, 2001:
Identifying Medicinal Herbs and
Making Herbal Salves
9 a.m. to 1 p.m. \$15.

email: lapaix@iolinc.net
On the Web: www.lapaixherbaljourney.com

La Paix Herb Farm Workshops

Workshops
at La Paix Herb Farm
may be scheduled for your
group by arrangement.
Any of the following topics
may be selected:

Culinary herbs, Medicinal
herbs, Labyrinth making
Dowsing, Essential Oil
Distillation, Propagating,
cultivating and Harvesting
Herbs, Planning Your Herb
Garden, Feng Shui in Your
Garden, Cooking with Herbs,
Lavender, First Aid in the
Garden, Herbs for the Hair
and Skin

Alum Bridge, West Virginia
26321

La Paix Herb Farm
HC 64 Box 17
Crooked Run Rd.
Alum Bridge, W.V. 26321
Home of
"Passionate Gardeners" Hand Cream
"Honey Lips" Lip Balm.
On the web:
www.lapaixherbaljourney.com

Directions to La Paix

1. From I 79, take Exit 99 to Weston,
2. Continue through Weston to Rt. 33 west.
3. Travel approximately 15 miles to Crooked Run Road on your left. Before reaching Crooked Rd. here are some landmarks:
Alum Bridge Elementary School on your left. Keep going on Rt. 33 west for about 3 more miles. Crooked Run Rd. is on your left over the concrete bridge. The sign for Crooked Run Rd. is on the right.



4. Turn left on Crooked Run.
5. Go approximately 3 miles to a mail box on your right which says La Paix Herb Farm.



6. Turn left at mail box.
7. Go one more mile passing 3 trailers - sign which says La Paix Herb Farm at beginning of property. Your here!

Registration

Please mail your registration to
La Paix Herb Farm,
HC 64, Box 17, Crooked Run Rd.,
Alum Bridge, W.V. 26321

Name: _____

Address: _____

Phone #: _____

E-mail: _____

Workshop Registering for: _____

Date of Workshop: _____

WAIVER

Please sign and return with your registration form and fee. In consideration of the acceptance of this registration, I waive for myself, my heirs, and assigns, all claims for damages which I might have against La Paix Herb Farm, Alum Bridge, W.V., its owners, or individuals as a result of any and all injuries which might be received during my visit to La Paix. I also release any photos that may involve myself.
signed: _____
Mail to address above.

WORKSHOPS BY
ARRANGEMENT

SCHEDULED WORKSHOPS
BY RESERVATION

TOURS BY APPOINTMENT

Please call for either workshops
or tours before you come.

Thank You!

(304) 269-7681

email: lapaix@iolinc.net

When you Visit La Paix Herb Farm

The setting includes 86 acres, a Victorian Farm House and 200+ year old Log Cabin & Shop

- See display gardens & walks
Feng Shui, Culinary, Medicinal,
Lavender & Fragrance, The
Silver Labyrinth, Wood Walks
- Essential Oil Distillery
- SHOP

On the web at:

www.lapaixherbaljourney.com