

**Community Based Food Systems  
Extension-led training and project development  
FEBRUARY 25- 26, 2010 Ralston Arboretum –Raleigh, NC**

**DAY 1, THURSDAY, FEBRUARY 25, 2010**

9:00am                      *Registration and networking coffee*

**10:00am                      Welcome: Who CEFS is and what we are doing                      Nancy Creamer**  
Background and importance of local foods in the state, components of local food systems, process to develop the action plan and some of the priority actions; how we think the grant fits into the overall effort.

**10:30am                      Teams: Who we are and what we're doing                      John O'Sullivan**  
This is a meet-and-greet with a focus on learning from each other and hearing team experiences so far.

**11:15am                      Project Design and Evaluation Process                      Tes Thraves**  
Layout of the overall project logic model, plus introduction of participatory evaluation and participating team evaluation processes.

**12:00pm**    *Learning Lunch*    *catered by Lip Service Catering*

**PART I:                      COLLABORATION AND COMMUNITY TEAM BUILDING**

**12:30-1:45pm                      Collaborative Teams                      Mary Lou Addor//Laurie Mettam**  
Building community teams with multiple stakeholder collaboration

**1:45-3:00pm                      Collaborative Meetings                      Warren Miller**  
Making the most of your community-based teams

**3:00pm-3:15pm**    *Break (snacks)*

**PART II:                      BUILDING LOCAL FOOD SYSTEMS**

**3:15-4:00pm                      Community Food Assessments                      Leslie Hossfeld**  
Identifying community needs and strategies through assessments

**4:00-5:15pm                      Farmer to Market: Market Alternatives and Expansion-  
An Institutional model-                      Freda Butner  
Creative farmers' market strategies and models                      Roxanne Leopper/Brooke Love**

**5:15-5:30pm**    *feedback from the day*

**6:00pm**    *Reception*    *18 Seaboard restaurant*

**7:00pm                      18 Seaboard Dinner Conversation with Jason Smith**  
A Dinner conversation with local chef and proprietor

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**DAY 2, FRIDAY, FEBRUARY 26**

**8:00am**

*Breakfast at Arboretum*

**Part II (conti): BUILDING COMPONENTS OF A FOOD SYSTEM**

**8:15-8:30am** *reflection*

**8:30-9:10am** **Community Gardens**

**Claire Herman**

Lessons learned and effective strategies for starting and sustaining community gardens

**9:10-9:50am** **Cooperatives & Retail Distribution**

**Sandi Kronick**

Market resources and development

**9:50-10:30am** **Cooperatives & Direct Sales**

**Christy Shi**

Creative consumer links through CSAs and Outreach

**10:30-11:10am** **Engaging Youth**

**Kavanah Ramsier/Santos Flores**

Creating opportunities and leadership with youth

*11:15-11:30am*

*Break*

**PART III: FOOD SYSTEM TOPICS**

**11:30am-12:30** **“What does Local actually mean?” a retailer’s perspective**

**Rudi Colloredo-Mansfeld**

**12:30pm**

*Learning Lunch*

*catered by Green Planet Catering*

**1:00-2:00pm** **Planning, Policy, and public officials**

**Debbie Bost**

*2:00pm – 2:15pm*

*Break*

**PART IV: KNOWLEDGE EXCHANGE AND PROJECT PLANNING**

**2:15-3:00pm** **Next Steps: Planning, Reporting, and Passing Forward** **Tes Thraves**

Details on moving forward in year-one: working with consultants, building a program that can be documented. Details on planning toward year two of this train-the-trainers project: Disseminating lessons learned across the region as well as building a network of trained community groups and tool-kit resources.

**3:00-5:00pm** **Team Food Projects**

**John O’Sullivan**

Moderated discussions with teams, then share back

**5:00-5:30pm** **Taking the Training back to the Teams**

Remaining questions on process and evaluation of the training workshop

**5:30pm**

**Close**