# Harm to Cafeteria NETWORKING & PLANNING

WORKSHOP Wednesday, April 28, 2010 Ironwood Springs, 7291 County Rd 6 SW, Stewartville, MN 2:30-7:30 pm

**Come and join others like yourself**—farmers, food service directors, schools, institutions, distributors, parents, school board members, administrators, teachers, wellness committees, rural and economic development specialists, Extension educators, Statewide Health Improvement Program (SHIP) coordinators, non-governmental organizations, and other community experts

## Learn how to bring locally grown foods to the Cafeterias of our Schools, Universities, Hospitals & Nursing Homes This Networking & Planning Workshop

aims to inspire, inform, build support, & increase collaborative work for Farm to Cafeteria in our region. Please JOIN THE WORKSHOP AT ANYTIME.

### AFTERNOON SESSION 2:30-4:30 pm

**How do we get food from our local farms to the cafeterias of our region?** Farm to cafeteria is a growing trend in Minnesota and across the country. You may be wondering—What is Farm to Cafeteria? What are the benefits? Can food service directors buy food from local farmers? What food safety rules and regulations apply? Do farmers need additional licensing? Come and hear from individuals with hands-on experience selling locally grown food to institutions, as well as educators and inspectors involved in local foods. They will share their stories, provide suggestions and answer your questions. Each panelist will offer insight on how to get started and overcome barriers. The workshop will focus on answering the questions you have about Farm to Cafeteria and identify resources to help you get started.

### NETWORKING LOCAL DINNER 4:30-6:00 pm

Are you interested in making new connections to sell/buy local products? Come ready to exchange your business cards. This will be an opportunity for you to make new connections and build new relationships while enjoying a locally produced meal.

# Farm to Cafeteria NETWORKING & PLANNING WORKSHOP

## Interested in Taking the Next Step? Choose from Two Sessions in the Evening

#### FARMER TRACK ~ EVENING SESSION 6:00 pm- 7:30 pm

How do you develop a food safety plan for your farm to market to institutions? Fruit and vegetable growers—do you have a food safety plan for your farm? Do you need one? Some wholesalers and institutional buyers are asking farmers for their food safety plan—so having one could be a marketing advantage! Michele Schermann, University of Minnesota Agricultural Health and Safety Research Fellow, will give a brief overview of fresh produce microbial hazards, explain the GAP (Good Agricultural Practices) audit process, and walk you through the steps of putting together a food safety plan, and provide resources and templates to get you started.

#### SCHOOL TRACK ~ EVENING SESSION 6:00 pm-7:30 pm

How can we create a Farm to School (K-12) plan for the 2010-11 school year? Join SHIP coordinators, food service directors and other community experts for more indepth discussion, Q&A and strategies for menu planning, procurement, and working with schools. Participants will begin drafting a farm to school plan utilizing a planning guide and the Minnesota Farm to School Online Toolkit (www.mn-farmtoschool.umn.edu). This session is facilitated by Lynn Mader from the Institute for Agriculture and Trade Policy (IATP). IATP is providing technical assistance to the Minnesota Department of Health, SHIP grantees who choose to work on Farm to School.

#### CLOSING AND OPPORTUNITY FOR FURTHER NETWORKING 7:30 pm

After brief closing remarks, potential buyers/producers will have another opportunity to meet new people and exchange more business cards or brochures.

## SPACE IS LIMITED. PRE-REGISTRATION IS REQUIRED BY APRIL 23. Workshop Fee \$10.00 ~ To Register Online:

www.misa.umn.edu/SE\_Farm\_to\_Cafeteria.html

follow the link to Farm to Cafeteria

or contact Stephanie Heim at heim0106@umn.edu: 507-319-0263

This workshop is a collaborative effort among the University of Minnesota Regional Sustainable Development Partnerships, Sustainable Farming Association of Minnesota, Minnesota Institute for Sustainable Agriculture, Institute for Agriculture and Trade Policy, Statewide Health Improvement Program, Land Stewardship Project, Renewing the Countryside, Minnesota Grown, Minnesota Project, and University of Minnesota Extension.