

# Grow Guide



## Lenape Blue Corn

**Maturity:** 85-90 day

**Growth Habit:** 5-6 feet tall

**Uses:** Harvest during the milky stage for sweet corn or let corn dry and use for corn flour/meal

This corn grows great in our region. Plant in mid to late May, 1 inch deep, every 6-10 inches, in rows 2-3 feet apart. This corn typically has narrow cobs and medium kernels.



## Stockbridge Beans

**Maturity:** Green, July/August

Dry, September/October

**Growth Habit:** Bush Type

**Uses:** Can be eaten as fresh green beans or dry beans are great in soups

This is a easy bean to grow and doesn't require much maintenance throughout the summer. Plant beans 1 inch deep, 6 inches apart in rows 2 feet apart after last frost.



## Seed Saving Tips

### Corn

Corn should be planted at least 1/2 mile from other corn varieties to reduce chances of cross pollination. If this is not possible where you are, spread out planting dates or use tassel bags to reduce cross pollination.

### Beans

Beans are self-pollinators and should be planted at least 25 feet away from other beans to reduce cross pollination.