

## Welcome to Composting,

Here is the tentative schedule for the 2021 workshops (always on the 3<sup>rd</sup> Saturday of the month):

**June 19**- 9am to 10am: Introduction to the equipment, discussion of the project, pre-testing (grant requirement), handouts and pail distribution.

**July 17**- 9am to 11am: Food waste from community, demo of the tumbler system, handouts and questions.

August 21- 9am to 11am: Food waste from community, demo tumbler, handouts and questions.

**September 18**- 9am to 11am: completed compost soil distribution, demonstrate clean up and winterize of composting equipment and post-testing (grant required).

- Each participant will be given 1 food grade 5 gallon bucket with lid for food waste.
- > Only participants of the workshop will be allowed to drop off food waste.
- Please be sure you stay within the guidelines of what is allowable to compost.
- > Once you have your pails you can drop off your food waste on the Saturday morning of the workshop from 9am to 11am. Please do not drop off any food waste outside of those times.
- ➤ If your pail is full, you can contact Bill to arrange to drop off your food waste. He can be reached at Wvervoor@oneidanation.org or cell/text 920-819-1933.

## **Benefits of Composting**

- Enriches soil, helping retain moisture and suppress plant diseases and pests.
- Reduces the need for chemical fertilizers.
- Encourages the production of beneficial bacteria and fungi that break down organic matter to create humus, a rich nutrient-filled material.
- Reduces methane emissions from landfills and lowers your carbon footprint.

## MATERIALS FOR COMPOSTING

NITROGEN (Green)

uncooked vegetables & peelings

fruit & fruit peelings

egg shells (rinsed & crushed)

coffee grounds

tea leaves

algae

farm manure

hair trimmings

fresh grass clippings

feathers

flowers

weeds

CARBON RICH (Brown)

straw or hay

tea bags

wood ash

sawdust & wood shavings

wood chips

dead garden waste

dead leaves

coffee filters

peat moss

leaves (dried)

black & white newsprint (shredded &

and soaked in water)

## **MATERIALS TO AVOID**

- Pet wastes can contain extremely harmful bacteria and untreated human waste
- Meat, fish, fats and dairy are likely to smell as they rot and draw varmints
- Any cooked foods or bones
- Insect-infested or diseased plants may persist in the compost
- Materials contaminated by synthetic chemicals, herbicides or insecticides
- Weeds with mature seeds or a persistent root system (crabgrass, daylilies, ivy)
- Leaves of rhubarb and walnut contain toxins to insects and other plants
- Branches, twigs, pine needles, redwood, cedar or treated wood

The ratio of Nitrogen (green) to Carbon (brown) should be **4 to 1** (if you are composting with only vegetation). Example: If you add 4 pounds of green then add 1 pound of brown. For best results chop or shred greens and browns before adding.

If you are composting more than just vegetation this ratio might be more like **3 parts green to 1 part brown.** 

You Tube composting links

Joe from Grow it Build it

https://www.youtube.com/watch?v=nxTzuasQLFo

Kevin from Epic Gardening https://www.youtube.com/watch?v=eO4HdrIXnVU