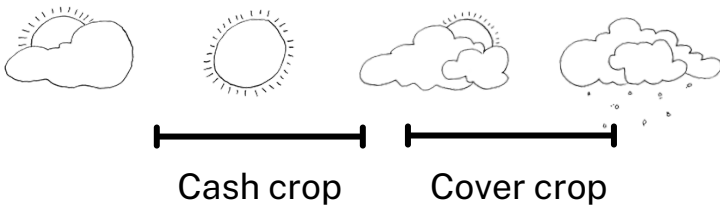


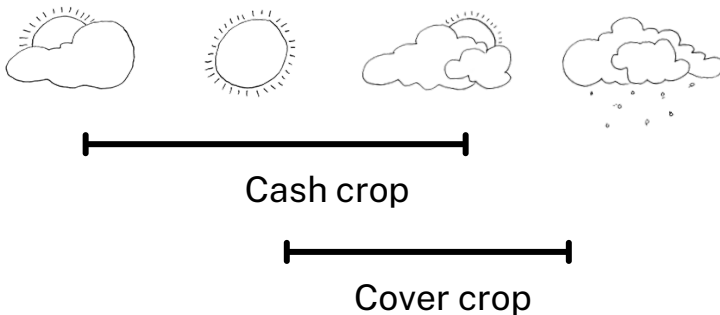


Growing Cover Crops on Small Plots

Planning | Planting | Termination



Block planting.
Cover crop rows are out of production.



Inter-seeding.
Cover crop is between and around established cash crop .

Resources



Cover crop seed | Albert Lea Seed, Iowa Cover Crop, Green Cover Seed, Johnnys.

Broadcast seeder | Earthway, Johnny's Selected Seeds.

Cover Crop Plan

Examples

Early-Spring

cash crop

April



Plant lettuce.

May



Harvest lettuce.

Plant buckwheat cover crop.

June



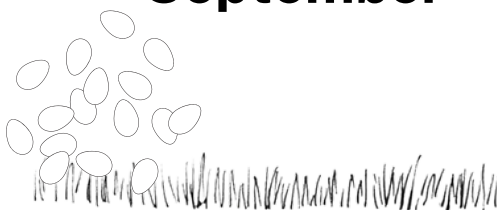
Mow buckwheat and work into the soil.

Transplant winter squash.

Mid-Spring

cash crop

September



Plant oats and peas as cover crop.



Oats and peas winter kill.

March



Work oats and peas into the soil.

April

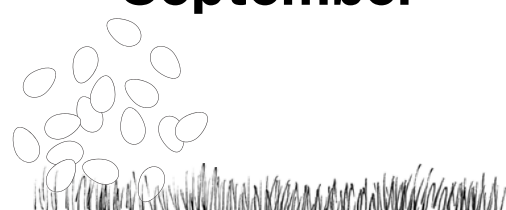


Transplant cabbage.

Late-Spring

cash crop

September



Plant rye and vetch as cover crop.



Vetch may winter kill.

April



Mow rye and use it as mulched pathways.

May-June



Transplant eggplants and peppers in between pathways.