



A Red Circle Food Fellowship Curriculum Guide

Part I: Business & Entrepreneurship

September- November 2025

Required Materials:

- Networking- It's Your Superpower by Kesha Kent

September: Garden Work Cont. & Networking Opportunities

Continue to work at the community garden

Work at the North County Agricultural Education Center

Visit a Farmer's Market

October: Final Harvests & Networking Cont.

Final days outside to harvest Visit Drake's Place in Ferguson

Guest Speaker

Part II: Policy and Advocacy

January- April 2026

Required Materials:

- Political Determinants of Health "Daniel E. Dawes
- High school JR and Sr. Innovative High school
- Counselors/ Volunteers

March: Agriculture and STEM

March 10- Orientation Begins

You will participate in advocacy opportunities Listen to hearing from Jefferson City More opportunities to come

April: Advocacy Cont. & Intro to Agriculture

April 10- Workday at North County Agricultural Education Center

You will listen to a St. Louis County Council Meeting
Guest Speakers coming to Garden-
Gary Johnson, Councilman for the City of Jennings Kevin Windham, D-85 (Pine Lawn)
Gabrielle Cole of Fit & Food Connection

April: Agriculture Cont.

The St. Louis Food Policy Coalition's second meeting for this year is May 25th at 6 p.m.
Work at Healthy Flavor Community Garden Listen to a planning and zoning meeting
Professor Gordon will come to speak with the fellows

Part III: Agricultural & STEM

April - May 2026

Required Materials:

- *Farming While Black* by Leah Penniman

April: Garden Work

Harvest overwintering crops
Pass out food at Healthy Community Market Transplant seedlings

April: Garden Work Cont.

Continue working at the garden
Work at the North County Agricultural Education Center Visit Janett's bees
Guest Speaker: Janett Lewis of Jenett's Bees

April: Garden Work Cont.

Continue working at the garden Work at NCAEC ,
Learn about vermicomposting
Guest Speaker- Nikolas Speed of Vermicomposting

May: Fellowship Conclusions

Final session, evaluation, and plan for the future



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