

Match the terms to the definition:

1 Percolation

2 Maceration

3 Extraction

4 Allopathic

5 Alkaloids

6 Menstruum

7 Infusion

8 Tonic

9 Decoction

10 Marc

_____ Soaking a properly ground or chopped herb in menstruum until it is wetted through and the soluble components are softened and dissolved. (Green) Softening or breaking into pieces using a liquid. Raw, dried or preserved fruit or vegetables are soaked in a liquid to soften the food and/or absorb the flavor of the liquid into the food. (Wikipedia)

_____ From Green's book... - "Purpose is to draw out an herb's unique...soluble components....(and energetic components)...and put them into a form that is more easily absorbable, maybe more concentrated, more palatable, and more convenient to administer

_____ The liquid which dissolves and holds the components from the plant. It is an old fashioned word for solvent + extracted material. The extract containing the desired components can be combined with honeys, syrups, waxes and foods.

_____ The act or process of boiling a plant, usually in water, so as to extract the flavor or active principle.

_____ is when the plant material is packed in a column or tube and the solvent drips through it, just like coffee.

_____ Organic molecules, all of which contain some nitrogen. Many of them are actually poisonous; they have strong effects on body and mind. If you doubt that plants and herbs can really be medicines or have an important effect on us just think about the following alkaloids. Their names end in – *ine*. For example; *caffeine, nicotine, morphine, cocaine and quinine*.

_____ A type of medicine, it is an expression commonly used by homeopaths and proponents of other forms of alternative medicine to refer to mainstream medical use of pharmacologically active agents or physical interventions to treat or suppress symptoms or pathophysiologic processes of diseases or conditions

_____ an insoluble residue remaining after extraction of a plant with a solvent. The word is from the French, word 'marchier' - to trample, march.

_____ A liquid preparation made by treating fresh or dried vegetable substances with either hot or cold water to extract the medicinal and nutritional principles.

_____ A preparation that is made from gentler plants, slow-acting, and not dose-dependent.



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