



Pastured Poultry 4-H Workshop

September 9, 2023

What is Pastured Poultry?

A sustainable agriculture technique of raising poultry directly on a pasture rather than in indoor confinement. It means that we are raising our chickens on our pasture - letting them forage for bugs and dig in the dirt, letting them eat grass, and moving them to a fresh spot each day.





Benefits of Pastured Poultry:

01.

Improves the soil

02.

More nutritious meat

03.

Happier, healthier chickens

04.

Better for the environment

Soil Health

- Eating crickets, grasshoppers, ticks, flies, and larvae
- Daily foraging in our pastures and fertilizing sections for healthier plants
- Help to reduce some of the weeds we find in the pasture





Nutritious Meat

- Higher in omega-3's,
- Higher in vitamins such as A, D, and E
- Higher in amino acids, like glutathione a strong antioxidant
- Lower in saturated fats
- No drugs, antibiotics, hormones

Happier Chickens

- Outside, in the sun
- Foraging for bugs, grass, seeds
- Space to spread out and live naturally
- Access to natural vitamins, minerals, and proteins
- More nutritious chicken, and one that is less stressed

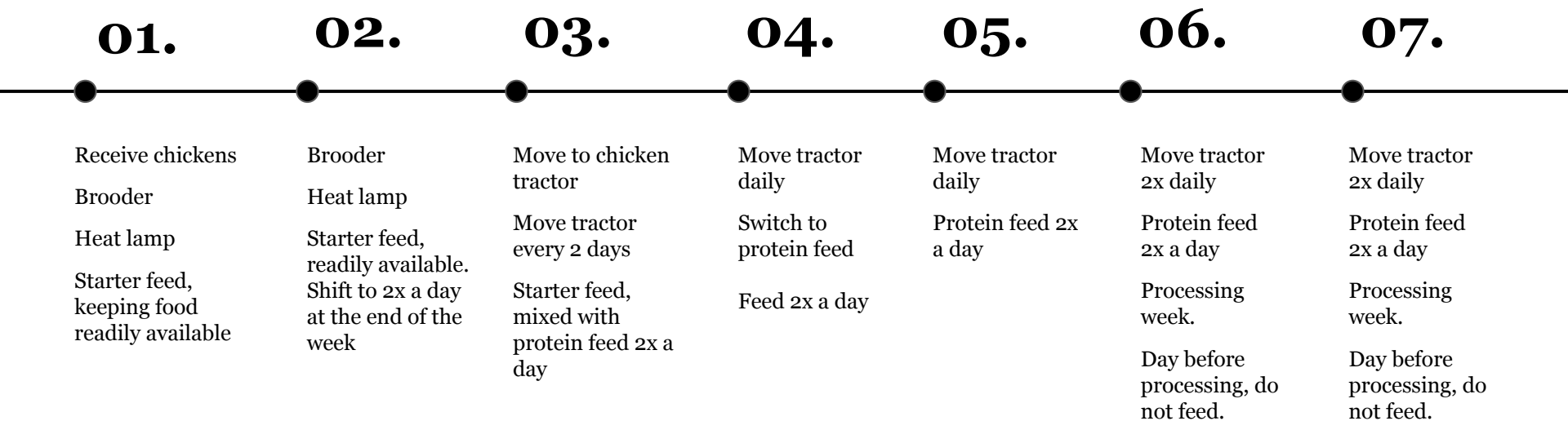
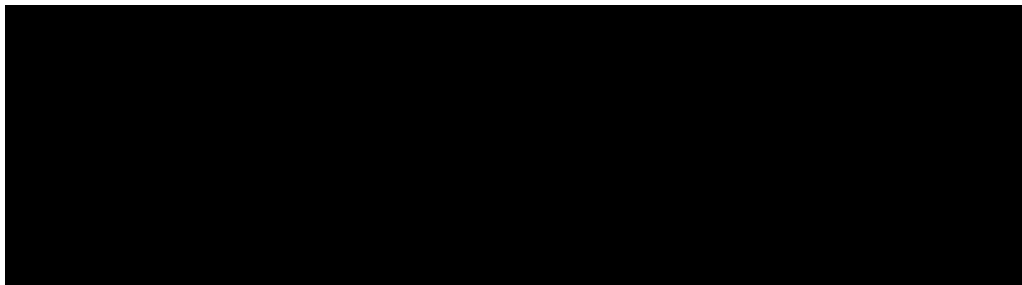




Better Long-Term


- Takes longer, but benefits the environment and health of the chicken and the person eating it
- Responsible regenerative practices give back to our farm and make it even better, rather than depleting it
- Symbiotic relationships between animals offers natural solutions

Timeline





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