Reading the Wood: A Selection of Photos That Document Our Progress



Future Generations University

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Interpretative sign at Laurel Fork Sap Suckers



Intercropping A Sugarbush with Non-timber Forest Products (NTFPs)



A erican ginseng Panax quinquefolis



may have berries amongst your Sugar Maples. Picking berries in an important recre-

Non-timber forest products or NTFPs include several plants and products that are naturally found in this region of the Appalachian Forest. Ever since this area was settled, these products and services have played an important role for those living here - providing nutritional benefits, shelter, fibers, and ways to add income for the settlers here. NTFPs include edible plants, medicinal products, herbal or dietary supplements, fiber and decorative products, and specialty wood products. In addition to maple syrup, NTFPs include mushrooms, roots, nuts, berries, bark, wood for carving & turning, fibers, and foliage. Here we are planting medicinal and dietary supplements such as Ginseng, Goldenseal, and Black Cohosh. These are NTFPs a landowner can plant amongst the maple trees and serve as good examples for the region.

Intercropping a sugarbush with NTFP plantings will:

- Provide cover for NTFP plantings protecting them from wind and extensive sunlight
- Offer high-value (herbal/healing) products that complement maple syrup
- include a variety of options moving away from focus strictly on
- Add seasonal income sources when maple syrup is not produced Produce products and services that supplement current farm pro
- duction and income
- Mimic the natural forests in this region Strengthen management, planning and development of wood-
- Add to long heritage of regional forests providing NTFPs



Morels Morchella angusticeps & Ramps Allium tricoccum







Inter-planting NTFPs in the sugarbush at Laurel Fork Sapsuckers, featuring members of the **Allegheny Mountain** Institute (Dec. 2021)

Project P.I. Tom Hammett pointing out the location of the NTFP plantings at Laurel **Fork Sapsuckers** (March 2022)



Missy Moyers-Jarrell tending her mushrooms she cultivates under the sugarbush at Laurel Fork **Sapsuckers**



In-person training at Laurel Fork Sap Suckers

- Missy Moyers-Jarrells speaking, in the brown vest.
- With her is her father, Ronnie Moyers describing their incorporation of NTFPS in their sugarbush
- This training was held on April 22, 2022



In-person training at Laurel Fork Sap Suckers



Missy Moyers-Jarrells and Tom Hammett flanking the interpretative sign. Flags marking the **NTFP** plantings and blue sap lines are visible in the background

