

Recommended Lettuce Varieties

with Seeding Density & Harvest Timing (Greenhouse)

Butterhead / Bibb Types

- Green Butterhead (Adaptive Seeds)

Type: Butterhead (head lettuce)

Seeding density:

Heads: 8–10" spacing (\approx 1 plant per sq ft)

Harvest timing:

45–55 days from transplant

Notes: Excellent winter greenhouse performance; consistent head formation in cool temps

- Marvel of Four Seasons (Botanical Interests)

Type: Butterhead

Seeding density:

Heads: 8–10" spacing

Harvest timing:

50–60 days

Notes: Cold-tolerant, good shoulder-season variety with strong visual appeal

Romaine / Cos Types

- Freckles Lettuce (High Mowing)

Type: Romaine

Seeding density:

Heads: 10–12" spacing

Baby leaf: broadcast or 4–6 seeds/sq in

Harvest timing:

Baby leaf: 25–30 days

Full heads: 50–60 days

Notes: Heat-tolerant, slow bolting, good summer greenhouse option

Leaf Lettuce & Loose-Leaf Blends

- Mesclun Mix (High Mowing)

Type: Loose-leaf mix

Seeding density:

Baby leaf: 8–12 seeds/sq in (broadcast)

Harvest timing:

First cut: 21–30 days

Regrowth: every 10–14 days

Notes: Ideal for cut-and-come-again systems

- Salad Bowl Blend (Botanical Interests)

Type: Loose-leaf

Seeding density:

Baby leaf: 6–10 seeds/sq in

Full plants: 6–8" spacing

Harvest timing:

Baby leaf: 25–30 days

Full size: 40–50 days

Notes: Mild flavor, fast regrowth

- Red Plant Blend (High Mowing)

Type: Red leaf blend

Seeding density:

Baby leaf: 8–10 seeds/sq in

Harvest timing:

25–35 days

Notes: Excellent summer performance, low bolting; poor cold germination

- Black-Seeded Simpson (High Mowing)

Type: Leaf / Open head

Seeding density:

Heads: 8–10" spacing

Baby leaf: 6–10 seeds/sq in

Harvest timing:

Baby leaf: 25–30 days

Full head: 45–55 days

Notes: Strong market lettuce; reliable and forgiving

Specialty & Seasonal Strength Varieties

- Yankee Hardy Blend (High Mowing)

Type: Cold-hardy blend

Seeding density:

Baby leaf: 8–12 seeds/sq in

Harvest timing:

Winter baby leaf: 30–40 days

Spring/Summer: 25–30 days

Notes: Best performer in both winter and summer trials; highly recommended

- Morgana (Adaptive Seeds)

Type: Red leaf

Seeding density:

Baby leaf: 6–10 seeds/sq in

Full plants: 8" spacing

Harvest timing:

Baby leaf: 25–30 days

Full size: 45–55 days

Notes: Does well in winter and cooler summers; resists tip burn

- Escarole (Dark Green, Curly) (Adaptive Seeds)

Type: Escarole / Bitter green

Seeding density:

Heads: 10–12” spacing

Harvest timing:

55–65 days

Notes: Cold hardy, slower growing, good for winter production

- Kaleidoscope Mix (High Mowing)

Type: Winter-friendly mix

Seeding density:

Baby leaf: 8–12 seeds/sq in

Harvest timing:

Winter: 30–40 days

Spring: 25–30 days

Notes: Colorful mix; strong winter greenhouse option

Seasonal Performance Matrix for Lettuce Varieties (Qualitative)

