

To My Sweetie Potato



Firm sweet potatoes with some sprouts are still safe to eat; just cut off the sprouts!



Sweet potatoes should be stored in cool dark areas.



Scrub the skin of sweet potatoes thoroughly to remove all the dirt.

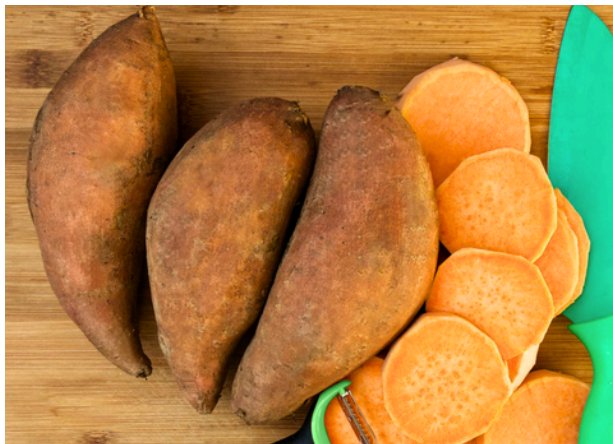


Sweet Potatoes can be enjoyed in many ways: baked whole, fried, or mashed



Check out more Recipes Here or concrete-jungle.org/recipes/

CONCRETE JUNGLE



Facts & Benefits

Did You Know...

The property in sweet potatoes that give them their signature yellow or orange color also have disease fighting properties in the body.

They come in a variety of colors such as orange, white, purple, and yellow.

Sweet potatoes are high in fiber which helps with digestion

Sweet potatoes can cause a spike in blood sugar, so be careful if you're sensitive to sugars

Template Usage:

Document Instructions

- Change Border color to correspond with the produce
 - EX) Tomatoes - Red, Corn - Yellow, Service Berries - Purple

PAGE 1:

- Instructions on how to tell ripeness, store, prepare, and cook the produce.
- ALWAYS include the QR code and test it before printing
- ALWAYS include CJ logo Wordmarked at the bottom

PAGE 2

- Replace Image to corresponding produce, keep the image size (3.2 x 2.5)
- Replace Text to corresponding produce, Left aligned
- OPTIONAL: Use the circle in the corner as a fact bubble (center aligned) or delete it for space purposes

Delete the Last Page (this one) and you're good to print!