

6 Principles of Regenerative Agriculture

1. Understand your context
2. Minimize soil disturbance
3. Maximize diversity
4. Keep the soil covered
5. Maintain living roots
6. Integrate livestock

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Ecosystems are dynamic and stewardship decisions often have to be made despite variability and uncertainty in practice impact.

Pillars of Planning & Adaptive Management

- 1 Context** - understand history, ecosystem, goals, etc.
- 2 Observe** - inventory resource concerns, etc.
- 3 Act** - develop plans, apply principles, practices, tools; monitor
- 4 Adapt** - update plans and refine actions based on the outcome of previous actions

Adaptive management is one of the most effective ways to practice regenerative management in the face of ecological uncertainty.