



# On a limited budget but trying to eat well?

Hancock Health and Hoosier Harvest Market have teamed up to bring you **Winter Harvest** to provide fresh, local produce at a reasonable price through the winter.

**Winter Harvest** is an affordable way for you to feed you and your family fresh produce and nutritious meals. All you need is a voucher from your care provider and \$1 to get a Winter Harvest Bag! The produce amount in each bag is based on UDSA guidelines to feed a family of four.

**Simply ask your care provider for a voucher and you're set!**

Bags may contain a variety of the following items:

- Fresh lettuce
- Red potatoes/beets
- Apples
- Leafy greens
- Frozen corn
- Farm fresh eggs



hoosierharvestmarket.com



behealthy365.org



hancockregional.org