

Digging Deep on Growing Grains VABF 2022

Farmer William Hale Buyer Ian Gamble Speaker Heather Coiner



This material is based upon work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, under award number 2019-38640-29878 through the Southern Sustainable Agriculture Research and Education program under subaward number LS20-327. USDA is an equal opportunity employer and service provider.



A Modular Curriculum for Growing Food Grain for the Local Market

Thank you to our funders and supporters:

- Southern SARE (Grant #LS20-327)
- Virginia Tech and Virginia Cooperative Extension (Dr. Wade Thomason and Eric Bendfeldt)
- NRCS (Chris Lawrence)
- And Many Other Member and Partners!



Grain is a staple food of every culture, yet how many Americans know their grain farmer?





What are our objectives today?

- 1. Who is everybody?
- 2. What is the local grain economy & who are the buyers?
- 3. What things apply to all grain crops?
 - 10 min break around 3:30
- 4. What about some specific crops?
 - Corn, wheat, sorghum, oats



4 pm discussion

- Small Groups (30 min)
- 1. Which crop is a good choice for my farm plan or existing operation?
- 2. What is the appropriate scale for me?
- 3. How much is it going to cost?
- 4. Something else?



Full Group (20 min) & Evaluation

Who are we?





Who are you?



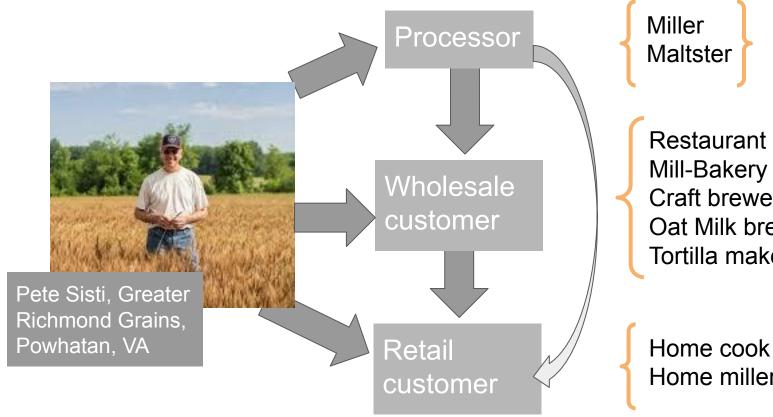






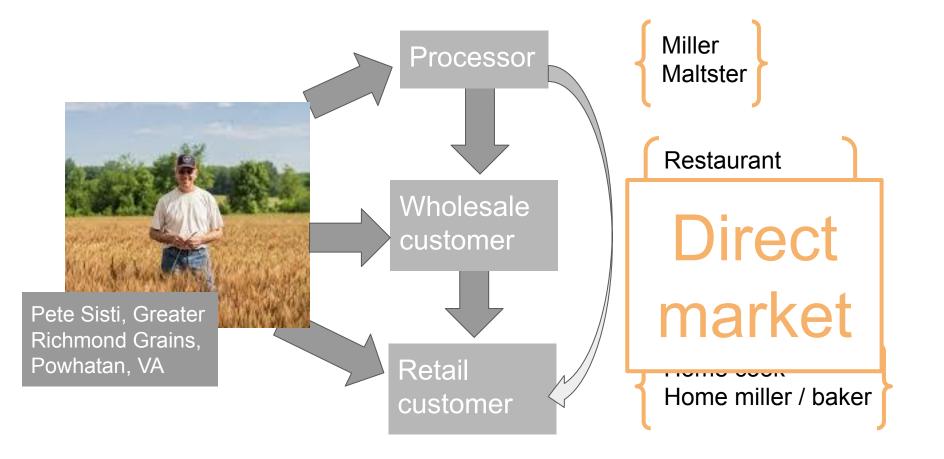






Mill-Bakery Craft brewery Oat Milk brewery Tortilla maker

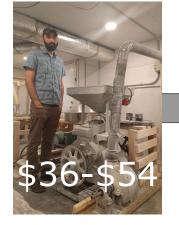
Home miller / baker













Crop (Ibs/Bu)	Commodity Price *USDA AMS for VA 1/11 **Bin-run	Organic Commodity Price *USDA AMS for USA 12/15 **Bin-run	CGA Processor VA Price *Organic and conventional **Cleaned	CGA Processor MD Price *Organic **Bin-run	Wholesale Price *DC Metro **Cleaned	Retail Price *DC Metro Direct **Cleaned
Wheat (60)	\$8.70	\$14.25	\$36-54 (\$60)	\$22.80	\$58.80-\$92.40	\$108-\$480
Corn (56)	\$6.51	\$9.75	\$28-\$84	\$32.50	\$84-\$100.80	\$100.80-\$280
Buckwheat (50)	n/a	n/a	\$26-\$34.40	\$26.00	\$110-\$180	\$200-\$350
Rye (56)	n/a	n/a	\$33.60-\$56	\$32.50	\$60.48-\$112	\$100.80-\$280

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Who are the CGA buyers?











WADE'S MILL

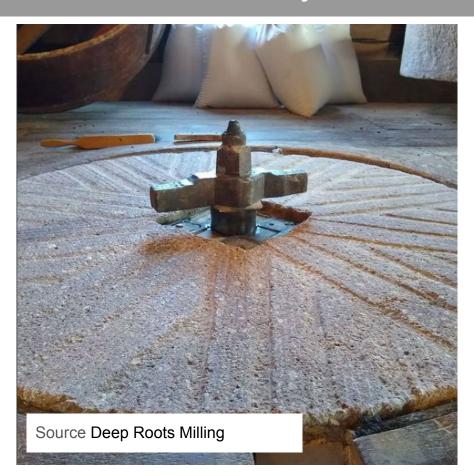
SEYLOU

BAKERY & MILL

Growing practices

- No glyphosate
- Minimize other sprays
- Minimize soluble Nitrogen
- Strong soil health practices









Cover crop



Cover crop



Minimize tillage

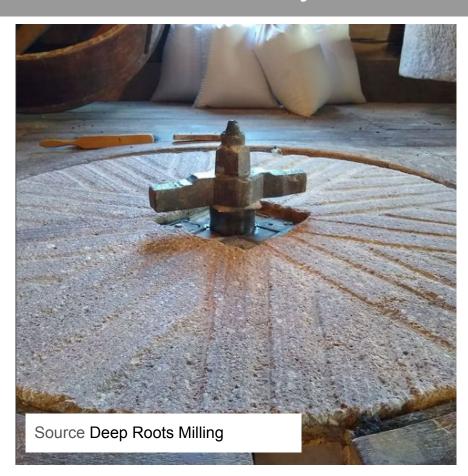


Vary crops & interseed

Growing practices

- No glyphosate
- Minimize other sprays
- Minimize soluble Nitrogen
- Strong soil health practices





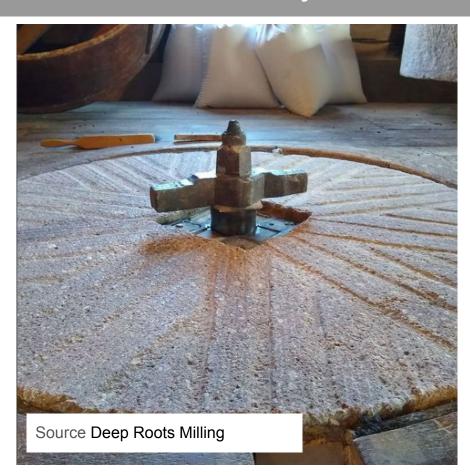
Grain quality

- No stones, dirt, weed seed
- Good test weight
- No insects
- No off odors
- DON < 1 ppm
- Adequate protein
- Adequate falling number
- Varieties with good flavor, milling qualities

Growing practices

- No glyphosate
- Minimize other sprays
- Minimize soluble Nitrogen
- Strong soil health practices





Grain quality

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Fusarium Head Blight



- Caused by wet weather when flowering (lasts 7-10 d)
- Leads to DON >1 ppm (vomotoxin)
- Don't plant following corn or other grain
- Some varieties have resistance
- Can be cleaned out but lowers yield

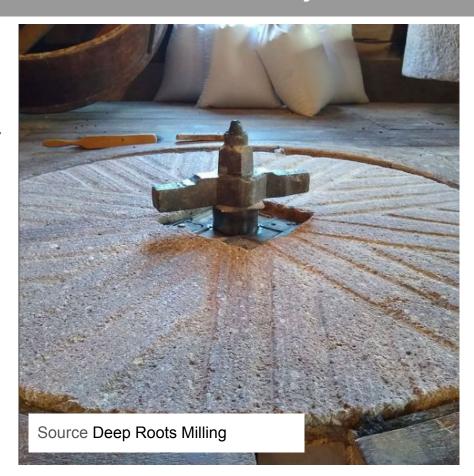
Look for prematurely bleached heads

Sources agcrops.osu.edu, A. Cooper, Keller (2011)

Growing practices

- No glyphosate
- Minimize other sprays
- Minimize soluble Nitrogen
- Strong soil health practices



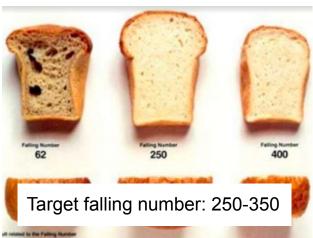


Grain quality

- No stones, dirt, weed seed
- Good test weight
- No insects
- No off odors
- DON < 1 ppm
- Adequate protein
- Adequate falling number
- Varieties with good flavor, milling qualities



Wheat harvest timing: sprouting





- Wet conditions lead to sprouting
- Leads to low falling number
- Grow resistant varieties
- Can be cleaned out?
- Sprouted grain can be used as feed
- Watch the weather

Even if you don't see this, your grain may have sprouted



Barley

Falling number > 300

Brewers: Needs to sprout properly during malting



Wheatland Spring Brewery

Rye

Falling number 100 - 250?

Conventional bakers: lower Artisanal bakers: higher

Distillers: ??



Motzi Bread Benne Rye Loaf

What if my grain doesn't meet the grade?

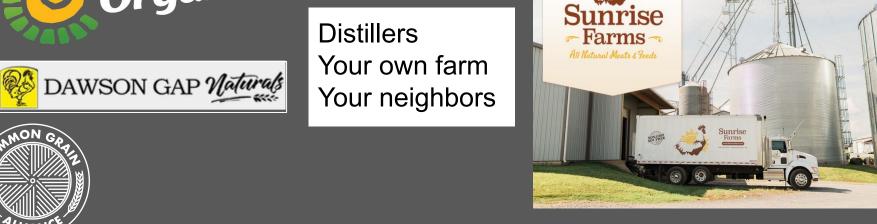
Sprouted

DON too high

Protein / test weight too low

New Country Organics





How do I find CGA buyers?

Email: onawa@commongrainalliance.org



ONAWA DUFRESNE-

BARGER

JILLIAN O'DONOHOE



LIBBY LYON



BENJAMIN SHOROFSKY



commongrainalliance.org



Questions?



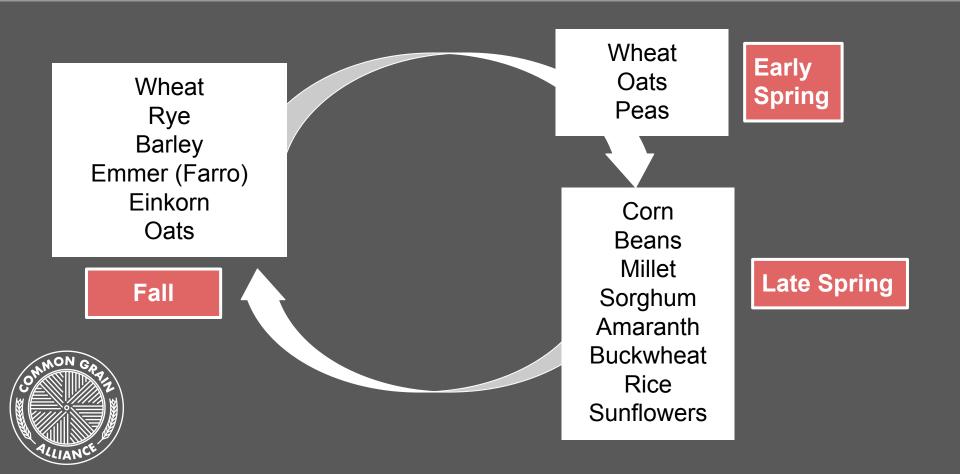


General Principles

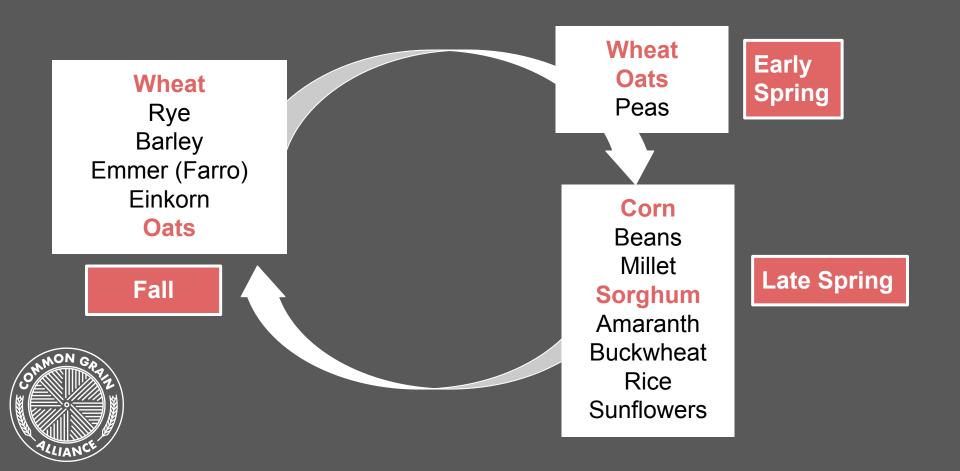




What crops are we talking about?



What crops are we talking about?



Ga	ard	len

Small

Mid

Large

Plot size	< 1 acre	1-10 acres	11-100 acres	> 100 acres
Planting & Cultivating	Hand tools	Small tractor	Bigger tractor	Huge tractor
Harvesting	Hand tools, household supplies	Pull-behind implements or custom	Pull-behind or small combine or custom	Combine
Drying & Storage	Household supplies, grain bags	DIY dryers, grain bags	Batch dryer, bins, augers, grain bags	Same
Cleaning	Buckets, a fan, & a tarp	Custom or antique / small tools	On-farm or custom	Same
Marketing	Home use	Retail	Direct market & Processors	Processors

	Garden	Small	Mid	Large
Plot size	< 1 acre	1-10 acres	11-100 acres	> 100 acres
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Marketing	Home use	Retail	Direct market & Processors	Processors

(Sar	de	r
1	acre		

Hand tools, household

supplies

bags

& a tarp

Home use

Household

Buckets, a fan,

nall

Mid

Large

Garden	Sn

11-100 acres

Pull-behind or

small combine

On-farm or

Processors

Direct market &

custom

> 100 acres

Plot size < Hand tools Planting &

1-10 acres Small tractor

Pull-behind

small tools

Retail

implements or

Custom or antique /

Bigger tractor

Huge tractor

Harvesting

custom supplies, grain bags

DIY dryers, grain

or custom Batch dryer, bins, augers, grain bags

Combine

Drying & Storage

Cultivating

Same

Cleaning

Marketing

Same

Processors

Preparing the soil for planting



Sources Lazor (2013), Garden Gate Magazine, Earthway, Johnny's, Farmer's Friend, Tractor shed, Land Pride, Northstar, Machinio, Auction resource

Preparing the soil for planting



Sources Lazor (2013), Garden Gate Magazine, Earthway, Johnny's, Farmer's Friend, Tractor shed, Land Pride, Northstar, Machinio, Auction resource

Seeding your crop

Garden



Everyone else







Sources Lazor (2013), Garden Gate Magazine, Earthway, Johnny's, Farmer's Friend, Tractor shed, Land Pride, Northstar, Machinio, Auction resource

Seeding your crop

Garden



Match your planting gear to your cultivation gear

se



Sources Lazor (2013), Garden Gate Magazine, Earthway, Johnny's, Farmer's Friend, Tractor shed, Land Pride, Northstar, Machinio, Auction resource

Drying





Water content for safe storage



\$500-\$700



Grain	Recommended Moisture for Storage
Corn	13-15%
Soybeans	11-13%
Wheat	12.5-13.5%
Sorghum	11-12%
Oats	11-13%

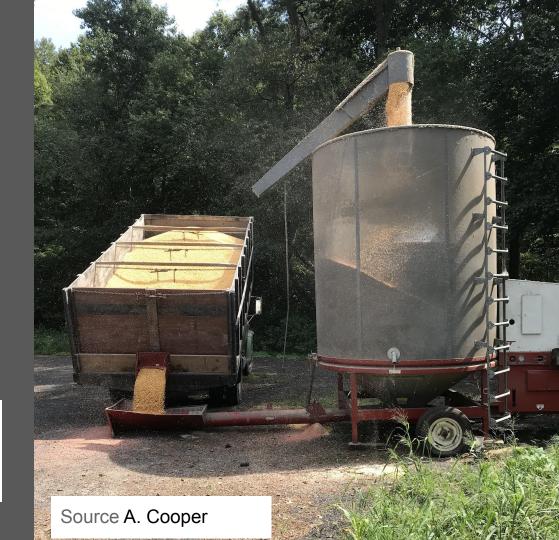
Tip: warm your grain before measuring

Batch dryer

Air dried grain is generally better quality, but batch (propane) drying makes sense in the face of factors like:

- wet weather
- lack of time

PERC Propane Drying Calculator: https://propane.com/propane-products/grain-dryers/



DIY Mini batch dryer

- Fan taken from a storage bin
- Connected to a perforated drainage pipe
- Run pipe through grain in a bag or bin to air dry
- Easy and cheap for small- and mid-scale





Agronomy

Planting

Cultivation

Harvest

Storage





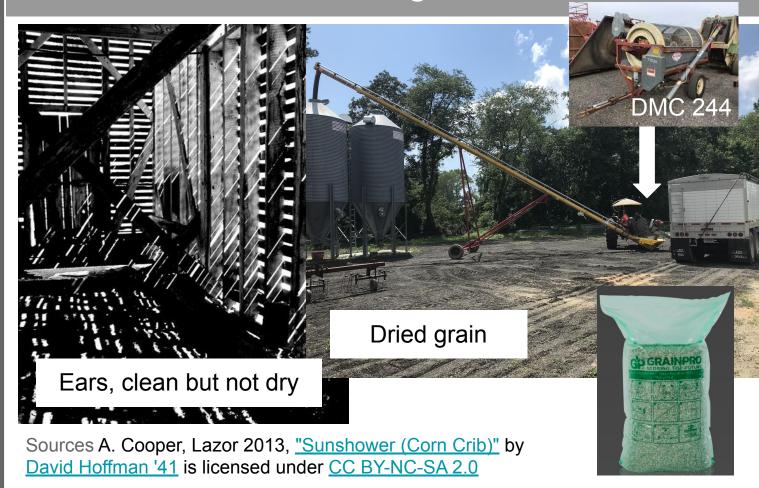
Agronomy

Planting

Cultivation

Harvest

Storage



Controlling pests using CO₂

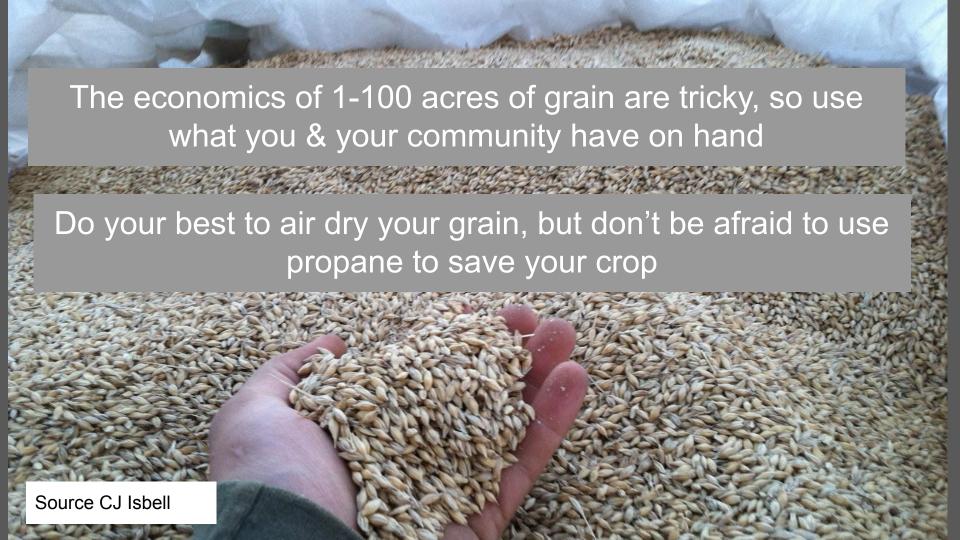




Organic post-harvest pest control No need for cold storage

Transporting finished grain







Breaktime!







Corn





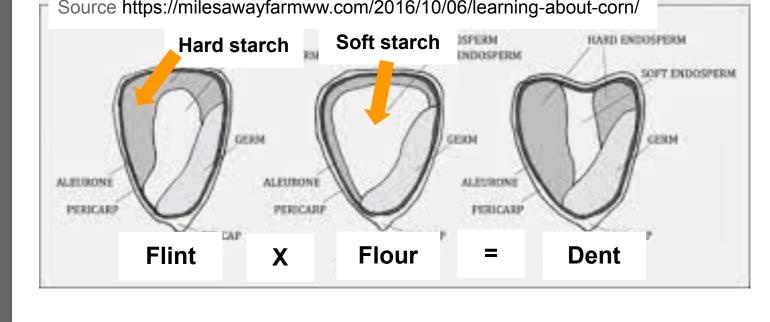


Agronomy

Planting

Cultivation

Harvest



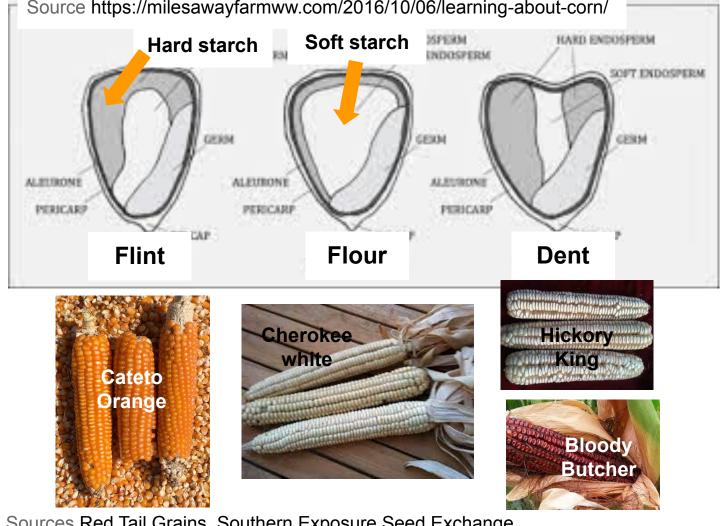
Source Lazor J (2013) The Organic Grain Grower. Chelsea Green Publishing, VT



Agronomy

Planting Cultivation

Harvest



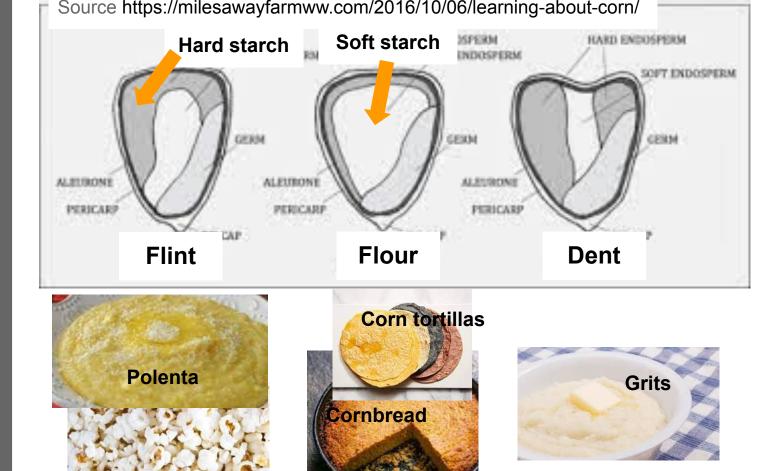
Sources Red Tail Grains, Southern Exposure Seed Exchange



Agronomy

Planting Cultivation

Harvest



Sources allrecipies.com, epicurious.com, simplyrecipes.com

Popcorn



Agronomy

Planting

Cultivation

Harvest





- Indigenous dent corns from Virginia and Appalachia
- Reported yields of 150 bushels / acre before WWII (compared to ~35 bu / ac)
- Superior flour & masa qualities
- BUT flat seeds don't work well with modern planters

Sources Southern Exposure Seed Exchange, Monticello, I. Herzmark



Agronomy

Planting
Cultivation
Harvest

- Corn is a heavy feeder
- Planting into a crimped rye-clover cover crop reduces N fertilizer inputs
- Has to compete with summer annuals...
- ...so needs prompt cultivation through 3-4 weeks post-emergence



Cover cropping for corn







Cover crop



Cover crop



Minimize tillage

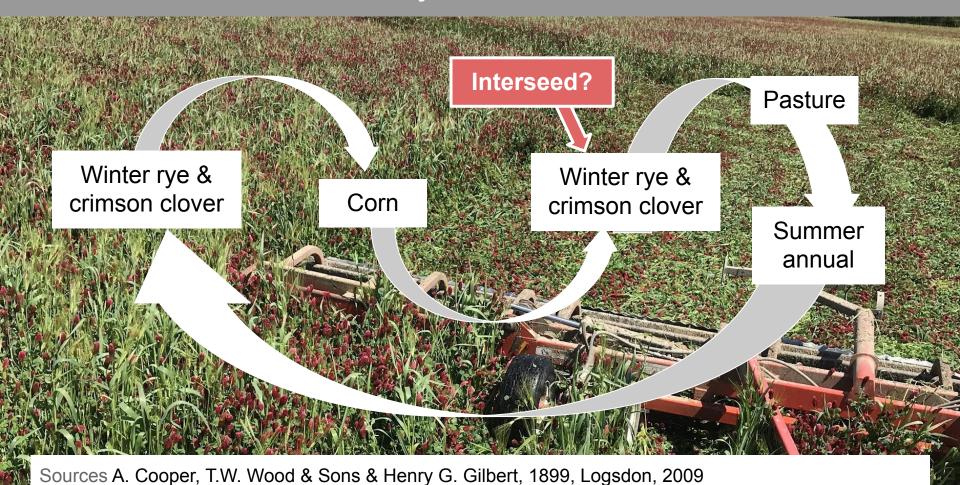


Vary crops & interseed

One-year rotation



Two-year rotation



Three-year rotation



Sources A. Cooper, T.W. Wood & Sons & Henry G. Gilbert, 1899, Logsdon, 2009

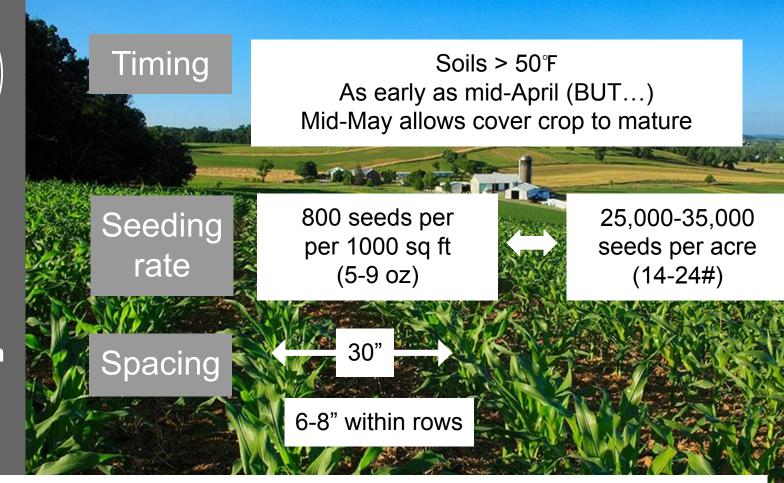


Agronomy

Planting

Cultivation

Harvest



Sources A. Cooper, Alley (2019), Valley Cons. Council, Lazor (2013), Licht (2021), Hancock Seed Co

Cultivating corn







Agronomy

Planting

Cultivation

Harvest

Cultivate early

Corn competes



Flame weed, tine weed, or rotary hoe in the first 10 days after emergence

Sources A. Cooper, Lazor 2013



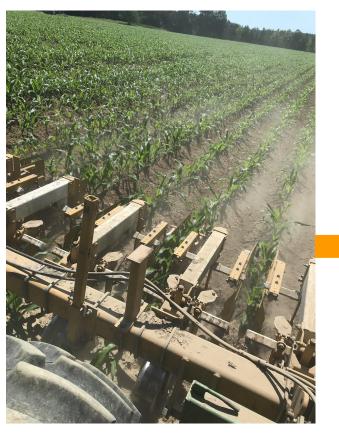
Agronomy

Planting

Cultivation

Harvest

Cultivate often in the first month



- Buffalo hi-residue cultivator
- Can be used in no-till systems



Sources A. Cooper

Harvest







Agronomy

Planting Cultivation

Harvest

Small scale

 Walk row and husk as you go, or cut while green and shock

 Dry ears in covered greenhouse or shed

 Store as ears or shelled (by hand)



Sources Southern Exposure Seed Exchange, 123rf.com, Logsdon 2009, Lazor 2013



Agronomy

Planting Cultivation

Harvest

Mid scale

- Harvest as ears (no drying costs!)
- Harvest shelled (good to have some way to dry)
- PTO-driven picker-sheller
- Antique equipment may be set up for 36-40" rows



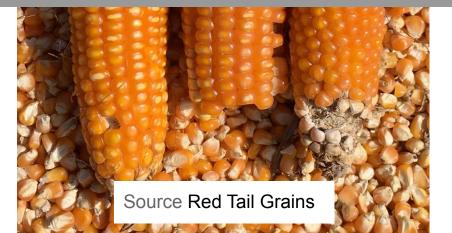


Sources Lazor 2013, spencer sales, tractor house, Lehman's

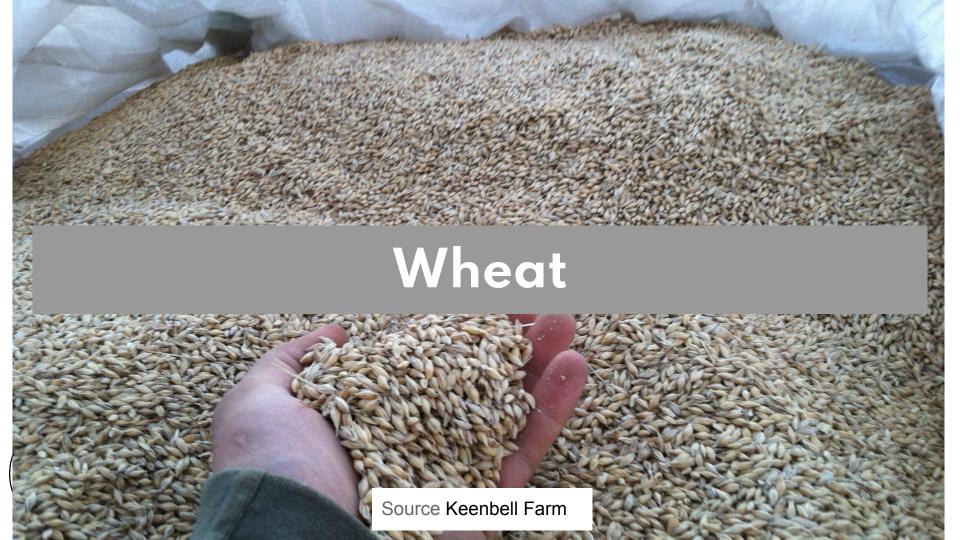




Corn Questions?







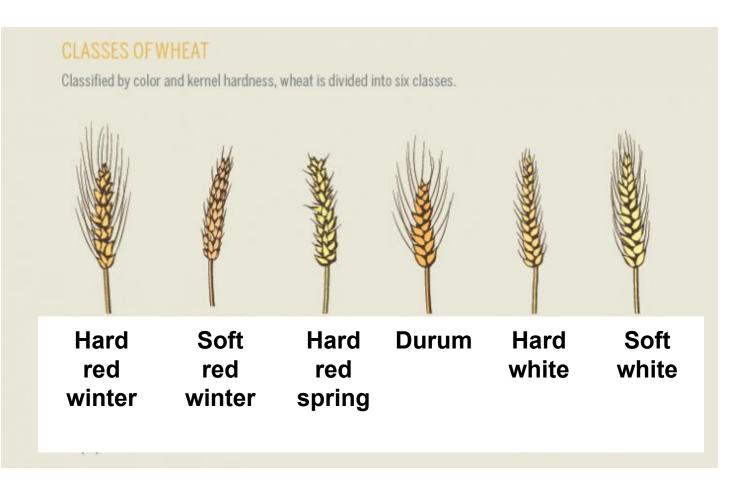


Agronomy

Planting

Cultivation

Harvest



Source Louisiana Ag

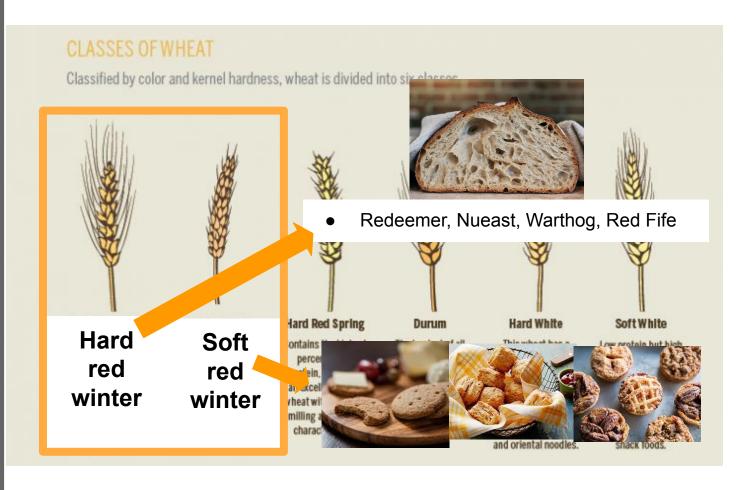


Agronomy

Planting

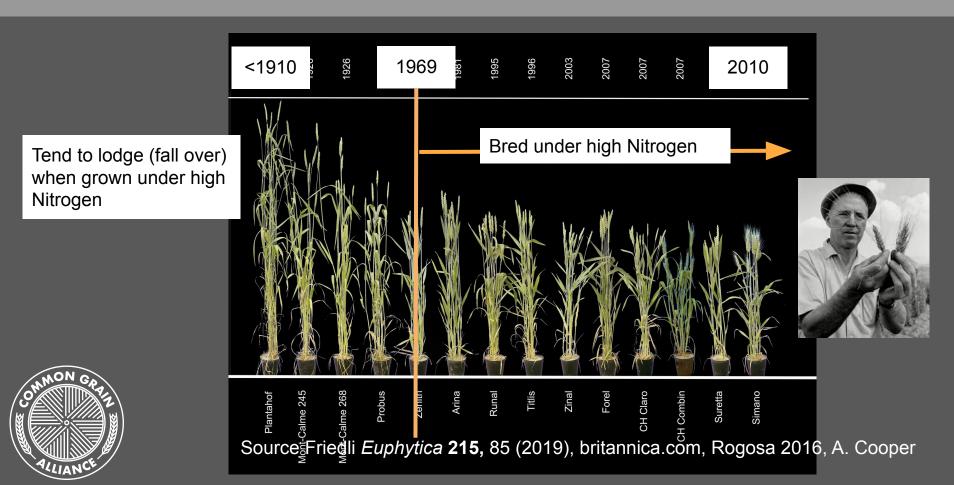
Cultivation

Harvest



Source Louisiana Ag, seriouseats.com, foodnetwork.com

"Modern wheat" = bred since 1968

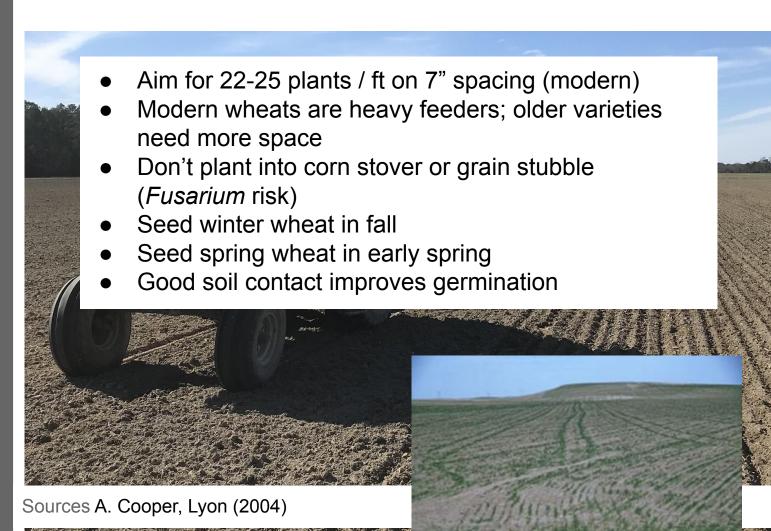




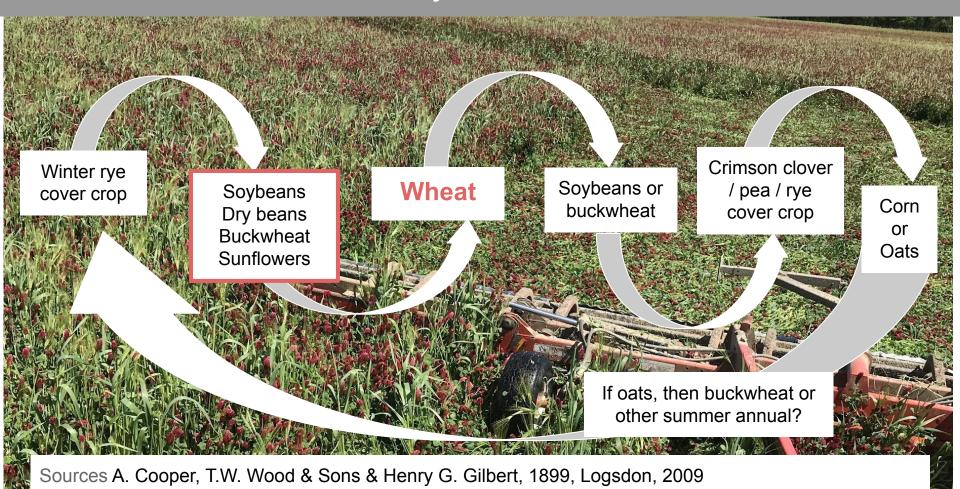
Agronomy

Planting Cultivation

Harvest



Three-year rotation



Three-year rotation

Winte cover

Small grains enhance the whole-farm picture by

- Lengthening rotations
- Reducing compaction
- Improving nutrient cycling

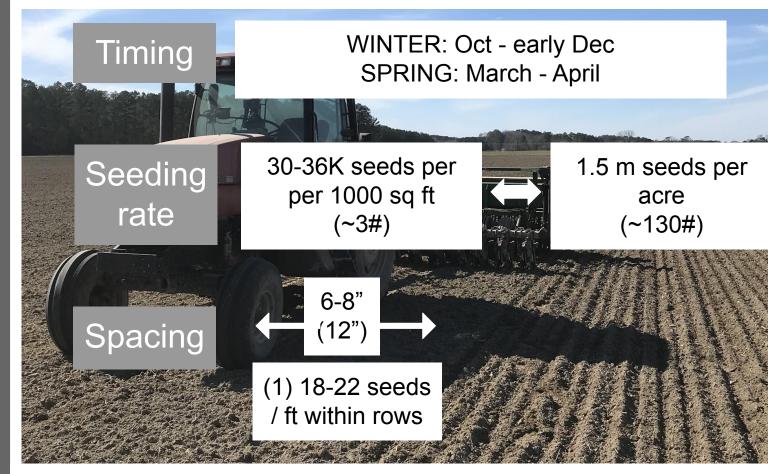


Agronomy

Planting

Cultivation

Harvest



Sources A. Cooper, Thomason (2014), Lyon (2007)

Cultivating wheat





Source V Hanacek



Agronomy

Planting

Cultivation

Harvest





- Cultivation is not strictly necessary
- Winter wheat is already green in the spring
- Spring wheat also gets a head start





Agronomy

Planting

Cultivation

Harvest



Harvesting wheat





Source F Sachs



Agronomy

Planting

Cultivation

Harvest

Large scale





Sources A Cooper, CJ Isbell



Agronomy

Planting

Cultivation

Harvest

Large scale





Sources A Cooper, CJ Isbell, Ferrari



Agronomy

Planting

Cultivation

Harvest

Garden scale





Sources fromscratchhub, groworganic, dreamstime, ecosnippets



Agronomy

Planting

Cultivation

Harvest

Small- mid-scale equipment





Sources Adaptive Ag, Agriexpo.online, alibaba









Sorghum







Agronomy

Planting

Cultivation

Harvest

Source Aces.edu, sorghumcheckoff.com, science direct







Agronomy

Planting

Cultivation

Harvest









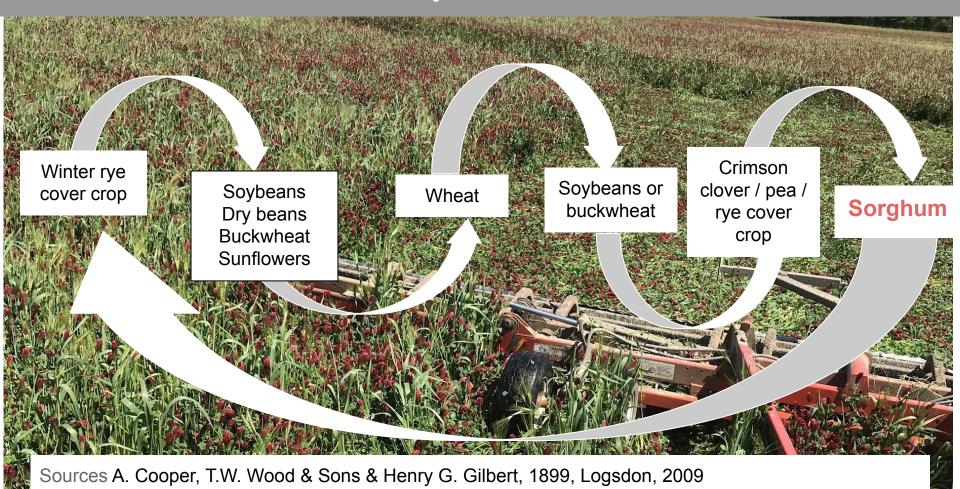
- Fertilize like corn
- Drought tolerant
- Can follow wheat, barley, potatoes
- Avoid following corn
- 90-120 days to maturity
- Feed, food (GF!), biofuel

Source Aces.edu, Farm Progress, sorghumcheckoff.com, science direct





Three-year rotation



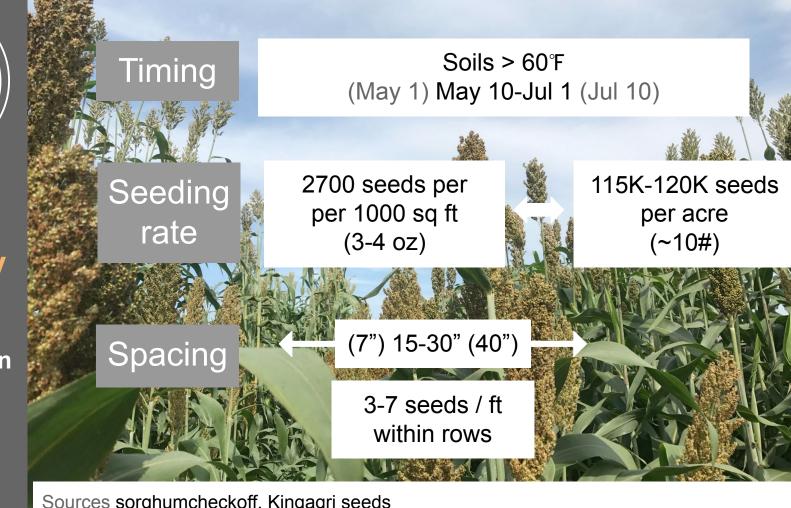


Agronomy

Planting

Cultivation

Harvest



Sources sorghumcheckoff, Kingagri seeds



Agronomy

Planting

Cultivation

Harvest

Like corn, cultivate often in the first month



Sources MS crop situation



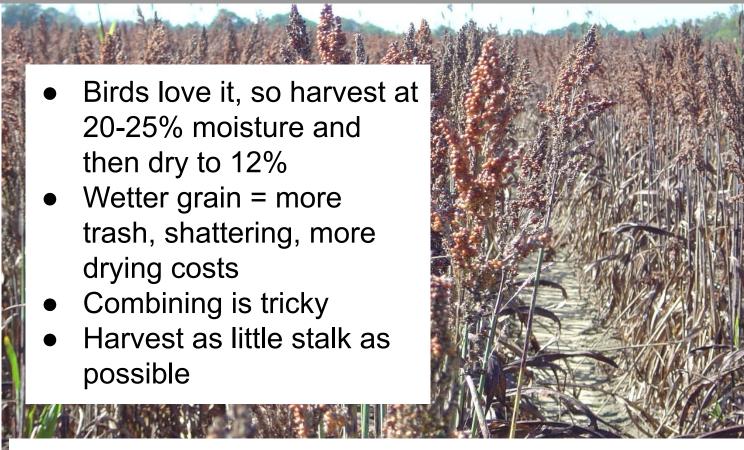
Agronomy

Planting

Cultivation

Harvest

Some harvest tips



Sources UGA Circular 1017, sorghumcheckoff



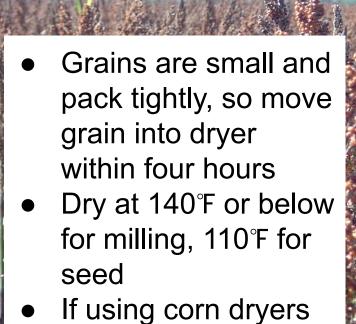
Agronomy

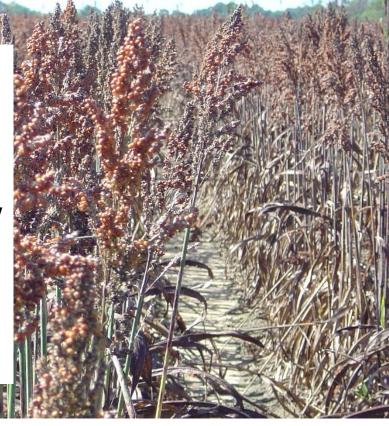
Planting

Cultivation

Harvest

Some drying tips





fill to 3/3 capacity



Oats

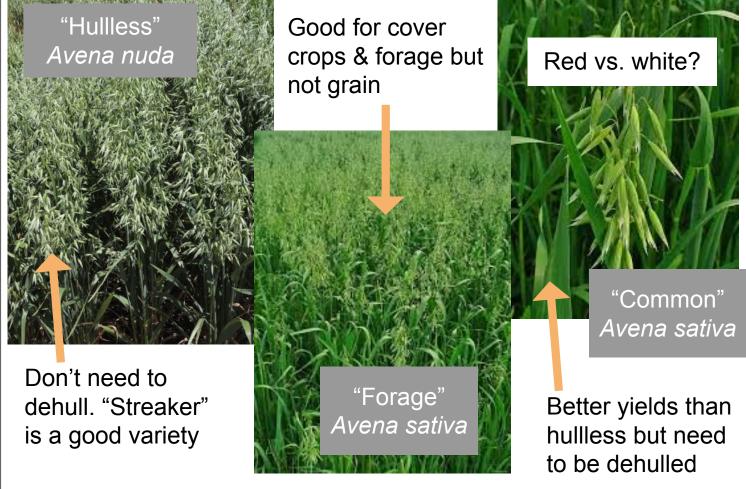






Agronomy

Planting
Cultivation
Harvest



Source feedipedia, wikipedia commons, science direct



Agronomy

Planting

Cultivation

Harvest

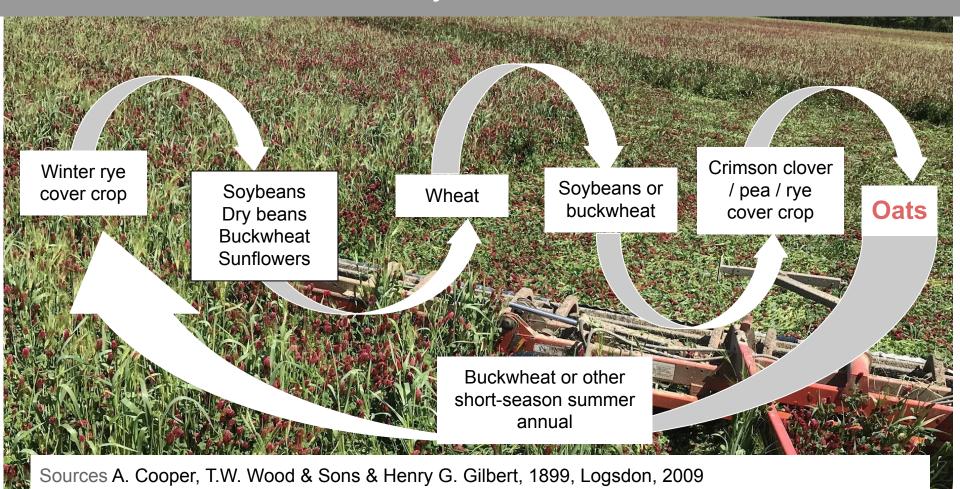




Source science direct, amkhaseed

- Grow like wheat
- Cultivate like wheat
- BUT not as heavy a feeder: too much N will cause lodging
- Avoid following grasses like corn or wheat
- 100-120 days to maturity
- If spring planted, prep ground in the fall

Three-year rotation



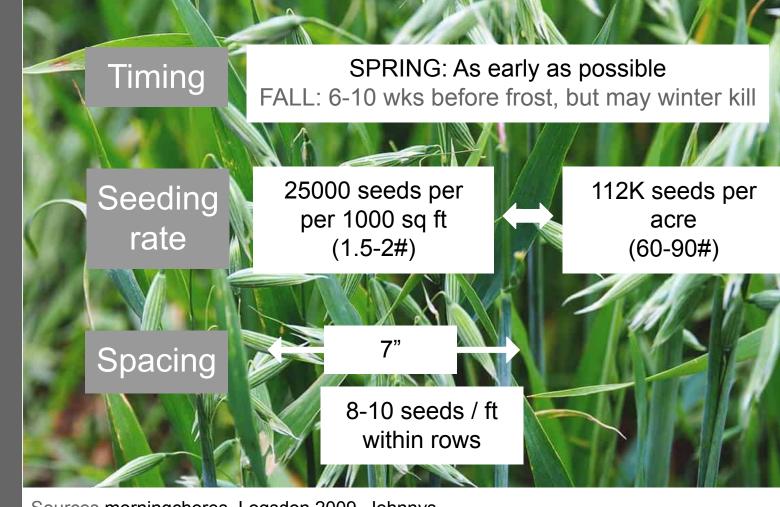


Agronomy

Planting

Cultivation

Harvest



Sources morningchores, Logsdon 2009, Johnnys



Agronomy

Planting

Cultivation

Harvest

Some harvest tips

- Harvest and thresh like wheat
- Can winnow hullless oats in water and let air dry
- Can feed unthreshed to livestock





Sources Johnny's

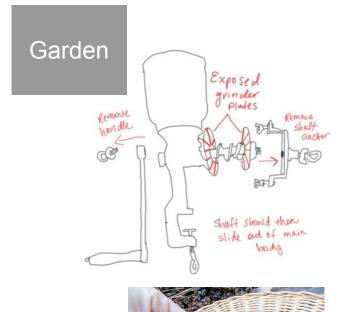
Dehulling

Applies to most oats, barley, buckwheat, rice, emmer, spelt, einkorn





Dehulling





Small-Mid



Build your own, or buy a farmer-built "Trumpet". See final report for SARE grant LNE17-357

Large





Sorghum is like corn, but harder to dry



Oats are like wheat, but fill the spring niche



Figuring out dehulling opens up a lot of crops





Thank you!

This material is based upon work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, under award number 2019-38640-29878 through the Southern Sustainable Agriculture Research and Education program under subaward number LS20-327. USDA is an equal opportunity employer and service provider.

Any opinions, findings, conclusions, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the U.S. Department of Agriculture.



USDA National Institute of Food and Agriculture



U.S. DEPARTMENT OF AGRICULTURE

Discussion

- Small Groups (30 min)
- 1. Which crop is a good choice for my farm plan or existing operation?
- 2. What is the appropriate scale for me?
- 3. How much is it going to cost?
- 4. Something else?



Full Group (20 min)
&
Evaluation

Equipment & Supplies

Grain pro (DC) – storage bags, solar dryers (202) 921-6700 https://www.grainpro.com/en

Purple Tools (MD) – hand tools, small grain processing equipment (301) 891-2488 https://www.purpletools.net

Adaptive Ag (ME) – equipment for small- and mid-size plots (207) 214-0620 https://www.adaptive.ag/

Your neighbors, the local farm auction, extension office

Testing

The UVM Cereal Quality Testing Lab (VT) (802) 656-5392 www.uvm.edu/extension/nwcrops/cereal-grain-testing-lab

Hartwick College Center for Craft Food and Beverage (NY) (607) 431-4232

https://www.hartwick.edu/about-us/center-for-craft-food-and-beverage/ JLA Labs (for corn–GA) (229) 405-6744 https://www.jlaglobal.com/

Seed

Albert Lea Seed (MN) (800) 352-5247 https://alseed.com/

Lakeview Organic (NY) (315) 531-1038 https://lakevieworganicgrain.com/

Fedco (ME) (207) 426-9900 https://www.fedcoseeds.com

NC Foundation Seed Farm (919) 269-5592 http://www.ncfoundationseeds.org/



Keep learning

Follow our new "Growing Grain" blog at https://www.commongrainalliance.org/growing-grain

Maintain air flow during storage

Fan purpose	Airflow recommendations
Natural-air drying of grains and oilseeds	0.75 to 1.5 cfm/bu
Aeration of stored grains and oilseeds	0.05 to 0.5 cfm/bu

