

Table 3. Relative Forage Quality (RFQ) and the suggested forage allocation by cattle group based on the nutritional needs of the group.^a

Relative Forage Quality	Cattle group
140-160	Dairy, 1st trimester Dairy calf
125-150	Dairy, last 200 days Heifer, 12-18 months Stocker cattle
115-130	Heifer, 12-18 mo Beef cow and calf
100-120	Heifer, 18-24 months Dry cow

^a Adapted from Undersander (2003).