## Māmaki Forum

Saturday, June 26, 2021

10 am to 12 pm
Pana'ewa Farmers' Market Site
363 Railroad Ave. Hilo, HI 96720
(Across Railroad Ave. from Hilo Home Depot)

# SPACE AND MATERIALS ARE LIMITED. REGISTRATION IS REQUIRED.

# TO REGISTER OR FOR MORE INFORMATION CONTACT:

Kiersten Akahoshi

kiersten@hawaii.edu (808) 969-8229

#### **COVID-19 Safe Event:**

- Hand sanitizers will be available
- Seating arranged for social distancing
- Face coverings are REQUIRED

### Curious about māmaki?

People worldwide know of māmaki as a tea, but what do you know about māmaki as a plant? Māmaki is endemic to Hawai'i and has a lot of history and cultural ties and can also be a great way to help bridge the awareness gap that currently exists between the food we consume and the land that produces it.

Interested in learning more about this member of the nettle family? Come to this forum and learn about this versatile plant.

### AT THIS WORKSHOP

Talk story with community members familiar with growing māmaki and learn how this plant can be the perfect addition to your agricultural cultivation, however you choose to grow, be it home gardening, agroforestry, farming, etc.

Talk story and learn about māmaki with:

- Mosese Eiko Ohia (Shaka Tea)
- Dr. Koh Ming Wei (Māmaki Ola)
- Aileen Yeh (grower)

As supplies allow, participants in the Māmaki Forum will receive māmaki starters so they can grow māmaki at home!



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To request an auxiliary aid or service (ex. sign language interpreter, designated parking, or materials in an alternative format), please contact Kiersten Akahoshi (kiersten@hawaii.edu or (808) 896-8338) at least seven (7) days before the event.

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