Sheep Artificial Insemination Fact Sheet 5:  
How to Induce a Ewe into Heat

Step 1: Plan Ahead:  
Inducing a ewe into heat takes several weeks, be sure to take this into account when planning your insemination date.

Step 2: Insert CIDR’s gently! Be clean.  
- A CIDR is a “T-shaped nylon insert molded with a silicone rubber skin containing progesterone that’s released at a controlled rate into the bloodstream after insertion; sheep CIDRs contain 0.3g progesterone per insert”(Premier Supplies)  
- Wear gloves to avoid absorbing hormones through skin contact! May cause harmful side effects.  
- The CIDR is left in for 14 days.

Step 3: Remove CIDR’s  
- Gently remove CIDR from vagina

Step 3: Injection of PG600  
- Give injection of 3 cc PG600 directly after you remove the CIDR from the ewe (5.0-2.5cc will work)  
- Ewe will enter standing heat 54-56 hours after injection of PG600

Step 4: Insemination  
- Inseminate sheep 54-56 hours after PG600 injection

Tip: be sure to take time of day into account. If you remove the CIDR at 3:00PM you will have to inseminate at 9:00pm two days later so choose a time earlier in the morning to remove the CIDR and inject with PG600.