

## Sweet Potatoes in Kentucky

| Age   | Servings of Sweet Potatoes Last 6 Months |       |       |       |       |      |       |     |
|-------|--|-------|-------|-------|-------|------|-------|-----|
|       | 0  | 1     | 2     | 3     | 4     | 5    | 6+    | N   |
| <30   | 26.4%                                    | 18.1% | 16.7% | 12.5% | 5.6%  | 4.2% | 16.7% | 72  |
| 30-49 | 28.0%                                    | 16.9% | 11.6% | 14.8% | 10.1% | 6.3% | 12.2% | 189 |
| 50+   | 13.8%                                    | 8.9%  | 12.8% | 10.8% | 10.8% | 6.4% | 36.5% | 203 |





| The main ways I buy | Type of Package or Source |        |         |        |       |  |  |
|---------------------|---------------------------|--------|---------|--------|-------|--|--|
| sweet potatoes      |                           |        | Farmers |        |       |  |  |
| are                 | Fresh                     | Canned | Frozen  | Market | Bags  |  |  |
| Rarely (<1/yr)      | 14.1%                     | 47.6%  | 94.1%   | 67.9%  | 92.4% |  |  |
| 1-2 times per yr    | 21.7%                     | 26.2%  | 1.1%    | 15.2%  | 3.9%  |  |  |
| 2-3 times per yr    | 11.5%                     | 14.4%  | 2.3%    | 7.6%   | 0.8%  |  |  |
| Frequently (3+/yr)  | 52.7%                     | 11.8%  | 2.5%    | 9.3%   | 2.8%  |  |  |

| The ways I prefer to   | Type of Preparation |            |           |             |        |  |  |  |
|------------------------|---------------------|------------|-----------|-------------|--------|--|--|--|
| eat sweet potatoes are | Baked               | Microwaved | Casserole | Fries/Chips | Glazed |  |  |  |
| Rarely (<1/yr)         | 20.0%               | 62.3%      | 29.6%     | 71.8%       | 56.6%  |  |  |  |
| 1-2 times per yr       | 20.6%               | 12.1%      | 37.5%     | 10.7%       | 22.8%  |  |  |  |
| 2-3 times per yr       | 11.5%               | 5.9%       | 16.6%     | 8.2%        | 6.5%   |  |  |  |
| Frequently (3+/yr)     | 47.9%               | 19.7%      | 16.3%     | 9.3%        | 14.1%  |  |  |  |





|                                      | Sweet Potato Products    |                        |                       |                          |                          |                            |  |  |
|--------------------------------------|--------------------------|------------------------|-----------------------|--------------------------|--------------------------|----------------------------|--|--|
| Rate your interest in these products | White<br>Sweet<br>Potato | Purple Sweet<br>Potato | Sweet Potato<br>Fries | Sweet<br>Potato<br>Flour | Dried<br>Sweet<br>Potato | Organic<br>Sweet<br>Potato |  |  |
| None                                 | 26.6%                    | 33.1%                  | 13.0%                 | 34.2%                    | 39.0%                    | 20.9%                      |  |  |
| Mighttry                             | 39.3%                    | 40.4%                  | 30.5%                 | 39.0%                    | 37.0%                    | 34.2%                      |  |  |
| Interested                           | 22.6%                    | 17.8%                  | 33.6%                 | 19.2%                    | 15.3%                    | 26.8%                      |  |  |
| Very Interested                      | 11.6%                    | 8.8%                   | 22.9%                 | 7.6%                     | 8.8%                     | 18.1%                      |  |  |

This data was provided by the Kentucky Food Consumers Panel, a series of online surveys conducted among hundreds of households in Kentucky to collect information about food purchasing and consumption.