

Join the 2011 NEIGHBORHOOD MARKET

on Elliot Street and at Westgate!

TIME & PLACE:

- Every **Tuesday, 4-6 PM**
 - **June 21st- September 27th**
 - Lawn of the **Samuel Elliot Apartments**, next to fire station.
 - **Westgate Community Housing.**
- Please contact us for more details.

4 LOCAL FARMS:

Delicious veggies come from:
The Community Farm at SIT,
Amazing Planet Farm, Wild Carrot
Farm, and New Leaf CSA.

HOW THIS WORKS:

- 1) Agree to participate every week and receive the best prices on local produce.
- 2) Choose the option that is right for you.
- 3) Call or email to receive a contract. Complete the contract. Return the signed contract with a down payment. If paying with EBT, pay at the first market on June 21st.

MANY BENEFITS:

Select your own veggies! Join the fun with taste tests, music, kid's activities, and more! Enjoy cooking and eating delicious local food! Improve your health while supporting local farmers!

**For more information,
please contact:**

Katherine Gillespie
*Market Coordinator &
Farm to School Coordinator*
katherine_gillespie@wsesu.org
802-348-9818



The Neighborhood Market is a project of

Join the 2011 NEIGHBORHOOD MARKET

on Elliot Street and at Westgate!

TIME & PLACE:

- Every **Tuesday, 4-6 PM**
 - **June 21st- September 27th**
 - Lawn of the **Samuel Elliot Apartments**, next to fire station.
 - **Westgate Community Housing.**
- Please contact us for more details.

4 LOCAL FARMS:

Delicious veggies come from:
The Community Farm at SIT,
Amazing Planet Farm, Wild Carrot
Farm, and New Leaf CSA.

HOW THIS WORKS:

- 1) Agree to participate every week and receive the best prices on local produce.
- 2) Choose the option that is right for you.
- 3) Call or email to receive a contract. Complete the contract. Return the signed contract with a down payment. If paying with EBT, pay at the first market on June 21st.

MANY BENEFITS:

Select your own veggies! Join the fun with taste tests, music, kid's activities, and more! Enjoy cooking and eating delicious local food! Improve your health while supporting local farmers!

**For more information,
please contact:**

Katherine Gillespie
*Market Coordinator &
Farm to School Coordinator*
katherine_gillespie@wsesu.org
802-348-9818



The Neighborhood Market is a project of



Photo: Example of a 9 veggie basket in August 2010

AFFORDABLE LOCAL VEGGIES!

We accept cash, checks, debit, EBT, Farm to Family Coupons!

PRICING for the NEIGHBORHOOD MARKET:

3 Options if you qualify for 3Squares VT food stamps, but you don't have to receive them. Prices comparable to Price Chopper conventional produce. We ask for at least a 2-week down payment upon signing up.

- 9 Veggie Basket for \$20.00/Week*
- 5 Veggie Basket for \$11.00/Week*
- 3 Veggie Basket for \$7.00/Week*

Example: 1 Veggie= 1 Bunch of Carrots. You choose your veggies.

3 Options if you do not qualify for food stamps, but want to join this market. We ask that, if possible, you pay for the whole season upfront.

- 9 Veggie Basket for \$375/Season*
- 5 Veggie Basket for \$210/Season*
- 3 Veggie Basket for \$125/Season*

If neither of these options work for you, let us know what you are looking for and we can help you find another option.

SIGN UP NOW & TELL YOUR FRIENDS!

Call 802-348-9818
 Visit: www.postoilsolutions.org or find us on Facebook!
 Email: katherine_gillespie@wsesu.org



Photo: Example of a 9 veggie basket in August 2010

AFFORDABLE LOCAL VEGGIES!

We accept cash, checks, debit, EBT, Farm to Family Coupons!

PRICING for the NEIGHBORHOOD MARKET:

3 Options if you qualify for 3Squares VT food stamps, but you don't have to receive them. Prices comparable to Price Chopper conventional produce. We ask for at least a 2-week down payment upon signing up.

- 9 Veggie Basket for \$20.00/Week*
- 5 Veggie Basket for \$11.00/Week*
- 3 Veggie Basket for \$7.00/Week*

Example: 1 Veggie= 1 Bunch of Carrots. You choose your veggies.

3 Options if you do not qualify for food stamps, but want to join this market. We ask that, if possible, you pay for the whole season upfront.

- 9 Veggie Basket for \$375/Season*
- 5 Veggie Basket for \$210/Season*
- 3 Veggie Basket for \$125/Season*

If neither of these options work for you, let us know what you are looking for and we can help you find another option.

SIGN UP NOW & TELL YOUR FRIENDS!

Call 802-348-9818
 Visit: www.postoilsolutions.org or find us on Facebook!
 Email: katherine_gillespie@wsesu.org