

November 1st, 2010

Fall Greetings Food Service Providers!

We have enclosed a **brief survey** to capture the great work you do to feed children well and support local farms when possible. Please take a few moments to fill out this important survey!

We hope that you are having a wonderful fall, taking advantage of the great weather and enjoying some harvest abundance from local or other Maine farms in your school's kitchen. The harvest lunch season is over and for some of you, deliveries of weekly produce through our School Supported Agriculture program, are completed.

Washington County Update: It has been a busy two months in Washington County getting the SSA program off the ground, organizing 14 school harvest lunches, and initiating the Apple Project in seven schools. Farm to school efforts are truly taking hold in our region with an increased number of schools, teachers and parents requesting information about school gardens, greenhouses, apple cider pressings and harvest meals.

Hancock County Update: Katie Freedman - our new Hancock County Farm to School Coordinator - is settling into her new position. She has been employed by Healthy Acadia since 2006 working in different capacities and is now looking forward to learning about your efforts in Hancock County serving local foods, getting kids excited about healthy eating, and learning how to best support you in those efforts.

Stay Tuned: We have several events coming up over the next four months including School Garden workshops and Taste Testing Seminars and other events that may be of interest to school staff and parents. Fliers will be coming out soon.

This survey will take 10 minutes and is invaluable in assisting us in meeting your needs and in determining program direction and goals over the long term. ***Please complete the included survey and return in the stamped envelope by the deadline of November 15th.***

Katie and I look forward to touching base with many of you this winter.

Warm regards,

Katie Freedman
Hancock County Farm to School
Healthy Acadia
katie@healthyacadia.org 288-5331

Regina Grabrovac
Washington County Farm to School
Healthy Acadia & Washington County: One Community
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Downeast Farm to School Kitchen Spending on Local Food 2010

Sponsored by Healthy Acadia
in partnership with Washington County: One Community

School Name: _____
Name: _____ Phone: _____

Maine Harvest Lunch (MHL) 2010

1. Did you participate in the Maine Harvest Lunch (Sept. 2010)? Yes No
2. If yes, for the Maine Harvest Lunch 2010, how much did you spend on:
Donated foods (value of donation) \$ _____
Local produce \$ _____
Local protein (meat, fish, eggs, etc...) \$ _____
Other local food \$ _____
TOTAL \$ _____
3. What support do you need for the MHL event next year?
 Recipe ideas Connections to farmers
 Promotional materials (poster) Other: _____

Maine-grown/Local Foods

4. How much did you spend on local food in 2010?
(spring and fall 2010 including MHL) \$ _____
5. Did you participate in a School-Supported Agriculture (SSA) agreement (buying weekly from a farmer)? Yes No
6. Would you do another agreement next year? Yes No
7. What farms & distributors do you purchase from? _____
8. How interested are you in serving locally-grown foods in your cafeteria?
(not interested) 1 2 3 4 5 (very interested)
9. Which local foods are you interested in purchasing?
 Produce (fruits and vegetables) Protein (meat, fish, eggs...)
 Groceries (flour, grain, snack foods...) I do not purchase local foods

Fresh Fruit and Vegetable Program is a national program through the US Dept. of Agriculture that provides funding for fruits and vegetables for school snacks.

10. If you have a FFVP grant, how much did you spend on local fruits and vegetables in 2010? \$ _____ (dollars spent in Spring '10)

Please use the back for additional thoughts and/or comments.

Thank you!

Please return by **November 15th** to: *Katie Freedman, Farm to School Coordinator
PO Box 962, Bar Harbor, ME 04609*