



# Downeast Maine Directory of Producers

Local Food Producer List and Purchasing Guide  
for Schools in Hancock and Washington Counties

February 2010

Brought to you by

**Downeast Farm to School**

a joint project of

Healthy Acadia and Washington County: One Community



Additional program partners include: University of Maine Cooperative Extension, Great Schools Partnership, College of the Atlantic, Soil and Water Conservation Districts, Bucksport Bay Healthy Communities, Healthy Peninsula, St. Croix Healthy Communities, Union River Healthy Communities, and WHCA: Downeast Business Alliance

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for Schools in  
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2010

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# Introduction

The demand for local food among schools in Maine is rising. Schools in Maine spend over \$42 million on food; your work with local producers makes it possible for some of that money to stay in the state.

For the past five years, Healthy Acadia has been spearheading the farm to school effort. The Downeast Farm to School coordinators work with 1) school cooks to support local food purchasing, 2) educators who teach about food systems and nutrition, and 3) producers to sell to nearby institutions. This is meant to be a resource for school food service staff like you looking to buy from local producers. Inside this booklet you will find:

## 1. Things to Consider

recommendations for starting relationships with producers

## 2. List of Producers

local food producers listed by delivery area and product type followed by an alphabetical catalogue

## 3. Seasonal Availability of ME Fruits and Vegetables

find out what produce is in season with this monthly guide

The 2010 Downeast Maine Directory of Producers was created by Downeast Farm to School, an initiative of Healthy Acadia and Washington County: One Community. The Downeast Farm to School coordinators are ready to provide support to school cooks like you who want to establish mutually beneficial purchasing relationships with local food producers. Feel free to contact us for assistance!

Sincerely,

*Sue & Regina*



## Contact us!

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Hancock County F2S Coordinator  
Healthy Acadia  
288-5331  
[sue@healthyacadia.org](mailto:sue@healthyacadia.org)  
[www.healthyacadia.org](http://www.healthyacadia.org)

Regina Grabrovac  
Washington County F2S Coordinator  
263-4396  
[grabrovac@gmail.com](mailto:grabrovac@gmail.com)  
[www.washingtoncountymaine.com/wcoc/](http://www.washingtoncountymaine.com/wcoc/)

# Things to Consider

## when starting a farm to school relationship



**SIZE:** Successful sales relationships require farms and schools with complementary needs. Small schools and small farms should seek each other out; the same is true for larger schools.

**COMMUNICATION:** Be sure to find a way to stay in touch with the producer you work with; they can provide weekly e-mails, faxes or phone calls. Ask them to let you know what is in season, how the products look, and what's on sale this week.



**TIMING:** Let the producer know when you would like to place and receive food orders. Connecting ahead of time will help - you will have more time to plan your menu.

**DELIVERY:** Talk to the producer about when and how often he/she will make deliveries. Find out where they drop off the food products and ask for an invoice. There may be a minimum order for each delivery or a delivery fee.



**PRODUCT QUALITY:** Ask that the products are packaged appropriately and washed for kitchen use.

**PRODUCT DIVERSITY and USE:** Buying local foods gives you access to varieties of food that often cannot be purchased in stores. Try new products and ask your producer for recipes.

### Keep in mind:

1. Be straightforward about your minimum requirements and desired producer profile
2. Be ready to ask questions to understand their situation
3. Work with your producer to agree upon good communication methods right away

**PRICE:** Ask for a price list from the producer. Recognize that their products may be more expensive than food you can buy because there are no middle-men and most of the labor is done by hand. If you are unsure that produce is priced fairly, compare it to the price reports at [www.mofga.org](http://www.mofga.org)

**SEASONALITY:** The assumption is that produce is only available in summer months in Maine, and schools start after the height of summer bounty. Ask the producer if they use tools to extend seasons or if they store crops over the winter. Also, try to find local foods that are available year round such as milk, meat, and flour.

# Producers by Delivery Area: Hancock County

name (page number)

## Deer Isle/Stonington

Beal's Lobster Pier (7)  
Blue-Zee Farm (7)  
Carding Brook (8)  
Crown of Maine (9)  
Hackmatack (9)  
Hatch Knoll Farm (10)  
Horsepower (10)  
Maine Shellfish (11)  
Merrill Blueberry (11)  
Old Ackley Farm (11)  
Paul Trowbridge (12)  
Penobscot East (12)  
Peaked Mountain (12)  
Simons Hancock (13)  
Wind and Sun (14)  
Yellow Birch (14)

## Bucksport

Beal's Lobster Pier (7)  
Blue-Zee Farm (8)  
Crown of Maine (9)  
Fisher Farm (9)  
Hackmatack (9)  
Happy Town (10)  
HOME Inc. (10)  
King Hill Farm (10)  
Maine Shellfish (11)  
Merrill Blueberry (11)  
Old Ackley Farm (11)  
Olde Sow (11)  
Paul Trowbridge (12)  
Peaked Mountain (12)  
Penobscot East (12)  
Port Clyde Fresh (12)  
Roo Berry Farm (12)  
Simons Hancock (13)  
True Farms (13)

## Eastbrook/Ambherst

Beal's Lobster Pier (7)  
Crown of Maine (9)  
Maine Shellfish (11)  
Merrill Blueberry (11)  
Peaked Mountain (12)  
Roo Berry Farm (12)  
Simons Hancock (13)

## Blue Hill Peninsula

Bagaduce Farm (7)  
Bartlett Field Farm (7)  
Beal's Lobster Pier (7)  
Blue Sky Farm (8)  
Blue-Zee Farm (8)  
Burke Hill Farm (8)  
Carding Brook (8)  
Clayfield Farm (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Five Star Nursery (9)  
Hackmatack (9)  
Harborview (10)  
Hatch Knoll Farm (10)  
Horsepower (10)  
King Hill Farm (10)  
Lazy C Farm (11)  
Maine Shellfish (11)  
Merrill Blueberry (11)  
Morgan Bay Farm (11)  
Moon Hill Farm (11)  
Old Ackley Farm (11)  
Roo Berry Farm (12)  
Painted Pepper (12)  
Paul Trowbridge (12)  
Peaked Mountain (12)  
Penobscot East (12)  
Port Clyde Fresh (12)  
Simons Hancock (13)  
Smith Family (13)  
True Farms (13)  
Wind and Sun (14)

## Ellsworth

Brown Family (8)  
Burke Hill Farm (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Done Roving (9)  
Hackmatack (9)  
Happy Town (10)  
Hatch Knoll Farm (10)  
Maine Shellfish (11)  
Mandala Farm (11)  
Merrill Blueberry (11)  
Moon Hill Farm (11)  
New Moorings (11)  
Old Ackley Farm (11)  
Olde Sow (11)  
Painted Pepper (12)  
Peaked Mountain (12)  
Penobscot East (12)  
Port Clyde Fresh (12)  
Roo Berry Farm (12)  
Shalom Orchard (13)  
Simons Hancock (13)  
Smith Family (13)  
Tide Mill Farm (13)  
True Farms (13)  
Weber Farm (14)

## Franklin/Sullivan

Ambersbest (7)  
Beal's Lobster Pier (7)  
Crown of Maine (9)  
Maine Shellfish (11)  
Mandala Farm (11)  
Merrill Blueberry (11)  
Peaked Mountain (12)  
Penobscot East (12)  
Roo Berry Farm (12)  
Simons Hancock (13)  
Weber Farm (14)

## Mount Desert Island

Ambersbest (7)  
Beal's Lobster Pier (7)  
Beech Hill Farm (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Done Roving (9)  
Garden Side (9)  
Hackmatack (9)  
Happy Town (10)  
Hatch Knoll (10)  
Maine Shellfish (11)  
Mandala Farm (11)  
Merrill Blueberry (11)  
New Moorings (11)  
Old Ackley Farm (11)  
Painted Pepper (12)  
Papa Grew It (12)  
Peaked Mountain (12)  
Penobscot East (12)  
Port Clyde Fresh (12)  
Roo Berry Farm (12)  
Shalom Orchard (13)  
Simons Hancock (13)  
Smith Family (13)  
Sweet Pea's Farm (13)

## Schoodic Peninsula

Beal's Lobster Pier (7)  
Beddington Ridge (7)  
Blue Barrens (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Darthia Farm (9)  
Hatch Knoll (10)  
Maine Shellfish (11)  
Mandala Farm (11)  
Merrill Blueberry (11)  
Olde Sow (11)  
Painted Pepper (12)  
Penobscot East (12)  
Peaked Mountain (12)  
Roo Berry Farm (12)  
Simons Hancock (13)  
Tide Mill Farm (13)

# Producers by Delivery Area: Washington County

name (page number)

## Calais

After the Rain Farm (7)  
Beauty of the Earth (7)  
Bedlam Farm (7)  
Burke Hill Farm (8)  
Brown Family Farm (8)  
Cranberry Dream (8)  
Cranberry Lane (8)  
Crown of Maine (9)  
Done Roving Farm (9)  
Garden Side Dairy (9)  
Growing Concern Farm (9)  
Kilby Ridge Farm (10)  
Lamb Cove Farm (10)  
Moon Hill Farm (11)  
Robb Hill Farm (12)  
Roo Berry Farm (12)  
Seasons Eatings (13)  
Shore Road Farm (13)  
The Andrews' Place (13)  
Tide Mill Farm (13)

## Milbridge

Burke Hill Farm (8)  
Brown Family Farm (8)  
Crown of Maine (9)  
Done Roving Farm (9)  
Garden Side Dairy (9)  
Hatch Knoll Farm (10)  
Intervale Farm (10)  
Mandala Farm (11)  
Moon Hill Farm (11)  
Olde Sow Farm (11)  
Penobscot East (12)  
Roo Berry Farm (12)

## Eastport

Beauty of the Earth (7)  
Burke Hill Farm (8)  
Brown Family Farm (8)  
Cranberry Lane (8)  
Crown of Maine (9)  
Done Roving Farm (9)  
Garden Side Dairy (9)  
Growing Concern Farm (9)  
Hatch Knoll Farm (10)  
Lamb Cove Farm (10)  
Moon Hill Farm (11)  
Olde Sow Farm (11)  
Robb Hill Farm (12)  
Roo Berry Farm (12)  
Shore Road Farm (13)  
The Andrews' Place (13)  
Tide Mill Farm (13)

## Jonesport

Burke Hill Farm (8)  
Brown Family Farm (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Done Roving Farm (9)  
Garden Side Dairy (9)  
Hatch Knoll Farm (10)  
Intervale Farm (10)  
Moon Hill Farm (11)  
Penobscot East (12)  
Roo Berry Farm (12)

## Lubec

Burke Hill Farm (8)  
Brown Family Farm (8)  
Crown of Maine (9)  
Done Roving Farm (9)  
Growing Concern Farm (9)  
Hatch Knoll Farm (10)  
Lamb Cove Farm (10)  
Moon Hill Farm (11)  
Olde Sow Farm (11)  
Roo Berry Farm (12)  
Thyme's Up (13)  
Tide Mill Farm (13)

## Machias

Beauty of the Earth (7)  
Burke Hill Farm (8)  
Brown Family Farm (8)  
Burke Hill Farm (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Done Roving Farm (9)  
Garden Side Dairy (9)  
Growing Concern Farm (9)  
Hatch Knoll Farm (10)  
Intervale Farm (10)  
Kilby Ridge Farm (10)  
Lamb Cove Farm (10)  
Moon Hill Farm (11)  
Olde Sow Farm (11)  
Penobscot East (12)  
Roo Berry Farm (12)  
Tide Mill Farm (13)

# Producers by Product Type

name (page number)

## **Seafood Sources:**

Ames Family Farm and Fisheries (7)  
Beal's Lobster Pier (7)  
Crown of Maine (9)  
Maine Coast Sea Vegetables, Inc. (11)  
Maine Shellfish Company (11)  
Penobscot East Resource Center (12)  
Port Clyde Fresh Catch (12)

## **Meat, Dairy & Egg Producers:**

### **Hancock County**

Bagaduce Farm (7)  
Bartlett Field Farm (7)  
Crown of Maine (9)  
Harborview Farm (10)  
King Hill Farm (10)  
Old Ackley Farm (11)  
Smith Family Farm (13)

### **Washington County**

Bedlam Farm (7)  
Brown Family Farm (8)  
Crown of Maine (9)  
Done Roving Farm (9)  
Garden Side Dairy (9)  
Olde Sow Farm (11)  
Painted Pepper Farm (12)  
The Andrews' Place (13)  
Tide Mill Farm (13)

**Other local foods to keep in mind:  
honey, herbs, grain, nuts, maple syrup, and flour**



## **Vegetable Producers:**

### **Hancock County**

Ambersbest (7)  
Bartlett Field Farm (7)  
Blue-Zee Farm (8)  
Carding Brook Farm (8)  
Clayfield Farm (8)  
Crown of Maine (9)  
Darthia Farm (9)  
Fisher Farm (9)  
Hackmatack Farm/ Blue Hill Berry Co. (9)  
Happy Town Farm (10)  
HOME Inc. (10)  
Horsepower Farm (10)  
King Hill Farm (10)  
Lazy C Farm (11)  
Mandala Farm (11)  
Morgan Bay Farm (11)  
New Moorings Farm (11)  
Papa Grew It at Deer Meadow (12)  
Shalom Orchard (12)  
Simons Hancock Farm (13)  
Sweet Pea's Farm Store (13)  
True Farms (13)  
Weber Farm (14)  
Wind and Sun Farm (14)  
Yellow Birch Farm (14)

### **Washington County**

After the Rain Farm (7)  
Cranberry Lane Farm (8)  
Crossroad Farm (9)  
Crown of Maine (9)  
Growing Concern Farm & Nursery (9)  
Kendall Farm Cottages (10)  
Kilby Ridge Farm (10)  
Red Bird Farm (12)  
Robb Hill Farm (12)  
Seasons Eatings Farm (13)  
Shore Road Farm (13)  
The Andrew's Place (13)  
Thyme's Up (13)  
Tide Mill Farm (13)

## **Berry and Fruit Producers:**

### **Hancock County**

Ambersbest (7)  
Blue Sky Farm (8)  
Blue-Zee Farm (8)  
Clayfield Farm (8)  
Crown of Maine (9)  
Five Star Nursery (9)  
Gramp's Farm (9)  
Hackmatack Farm/ Blue Hill Berry Co. (9)  
Harborview Farm (10)  
Paul Trowbridge (12)  
Peaked Mountain Farm (12)  
Shalom Orchard (12)  
Simons Hancock Farm (13)  
Stoneset Farm (13)

### **Washington County**

Beddington Ridge Farm (7)  
Blue Barrens Farm (8)  
Bradshaw's Cranberry Farm (8)  
Burke Hill Farm (8)  
Cranberry Dream (8)  
Crown of Maine (9)  
Growing Concern Farm (9)  
Hatch Knoll farm (10)  
Intervale Farm (10)  
Kendall Farm Cottages (10)  
Lamb Cove Farm (10)  
Moon Hill Farm (11)  
Roo Berry Farm (12)

# Alphabetical List of Producers

This includes producers who responded with enthusiasm when asked if they would like to sell food to schools. The information was collected by the farm to school coordinators with a questionnaire in January 2010. The list is not comprehensive; if you have additions please contact Sue DeBlieck.

## **After the Rain Farm**

Ted & Liz Carter  
454-3896; [carterain@ainop.com](mailto:carterain@ainop.com)  
1586 Airline Road, ALEXANDER

### **Vegetables**

Delivers to: *Calais bi-monthly*  
Note: Field trips are available

## **Ambersbest**

Richard Merrill  
217-0395  
Box 48 Brewster Street, BANGOR

### **Vegetables**

Delivers to: *Mount Desert Island & Hancock*  
Deliveries are made bi-monthly

## **Ames Family Farm and Fisheries**

Tracy & Jeremy Ames  
375-9090; [tames9@roadrunner.com](mailto:tames9@roadrunner.com)  
558 Sutherland Pond Road, SABATTUS

### **Seafood (scallops, lobster)**

Delivers: UPS or Fed Ex

## **Bagaduce Farm**

Deborah Evans  
326-8624; [bagaducefarm@gmail.com](mailto:bagaducefarm@gmail.com)  
160 Henry Point Road, BROOKSVILLE

### **Pork & lamb**

Delivers to: *Blue Hill Peninsula upon request*  
Note: Certified Organic

## **Bartlett Field Farm**

Joyce Barr  
359-2319; [portwatson@myfairpoint.net](mailto:portwatson@myfairpoint.net)  
Old County Road, BROOKLIN  
**Vegetables, Eggs & Beef** (*pre-order meat*)  
Delivers to: *Sedgwick, Brooklin, & Blue Hill Peninsula upon request*

## **Beal's Lobster Pier**

Sam Beal  
244-3202; [beals@acadia.net](mailto:beals@acadia.net)  
PO Box 225, SOUTHWEST HARBOR

### **Seafood (lobster, scallops, & crab)**

Delivers to: *Mount Desert Island, Gouldsboro, Deer Isle/Stonington, Franklin, Ellsworth, & Blue Hill Peninsula*  
Note: We purchase seafood from individual fishermen

## **Beauty of the Earth**

Jane Eaton  
454-2812; [jane@beautyoftheearth.com](mailto:jane@beautyoftheearth.com)  
100 Ridge Road, ROBBINSTON

### **Flowers**

Delivers to: *Calais, Eastport, & Machias weekly*  
Note: Field trips are available

## **Beddington Ridge Farm**

Ron & Carol Varin  
638 2664; [brfarm@rivah.net](mailto:brfarm@rivah.net)  
1951 State Hwy 193, BEDDINGTON

### **Blueberries & jam**

Delivers to: *Western Washington County*  
Note: Perennial herbs & flowers also grown; Field trips are available.

## **Bedlam Farm**

Chris Guida  
726 4742; [cpguida@gmail.com](mailto:cpguida@gmail.com)  
311 South Edmunds Road, EDMUNDS

### **Lamb**

Delivers to: *Calais, Edmunds, & Machias monthly*  
Note: Field trips are available

### **Beech Hill Farm**

Alisha Strater  
244-5204; [beechhillfarm@coa.edu](mailto:beechhillfarm@coa.edu)  
Box 171 Beech Hill Road, MOUNT DESERT  
**Vegetables**

Delivers to: *Mount Desert Island weekly*  
Note: The farm is a project of the College of the Atlantic; Certified Organic; field trips are available

### **Blue Barrens Farm**

Mark & Lisa Jacoby  
483-4196; [bbfarm@me.com](mailto:bbfarm@me.com)  
88 Pea Ridge Road, COLUMBIA  
**Blueberries**

Delivers to: *Western Washington County*  
Note: Certified Organic; field trips are available

### **Blue Sky Farm**

Costas & Sally Christ  
326-9099; [costas@beyondgreentravel.com](mailto:costas@beyondgreentravel.com)  
PO Box 17, BROOKSVILLE  
**Blueberries**

Delivers to: *Blue Hill Peninsula weekly*  
Note: Certified Organic

### **Blue-Zee Farm**

Mark & Renata Scarano  
374-9976; [bluezeefarm@yahoo.com](mailto:bluezeefarm@yahoo.com)  
652 Front Ridge Road, PENOBSCOT  
**Vegetables & blueberries**  
Delivers to: *Blue Hill Peninsula, Ellsworth, Bucksport, & Deer Isle/Stonington*  
Deliveries are made upon request  
Note: Field trips are available; Certified Organic

### **Bradshaw's Cranberry Farm**

Nan Bradshaw  
726-5065; [www.cranberriesfresh.com](http://www.cranberriesfresh.com)  
Hinckley Point Road, DENNYVILLE  
**Cranberries**

### **Brown Family Farm**

Diane Brown  
952-0200; [tisawesomebar@aol.com](mailto:tisawesomebar@aol.com)  
331 Smith Ridge Road, CHARLOTTE  
**Beef**  
Delivers *throughout Downeast area quarterly*

### **Burke Hill Farm**

Ben Perrin  
460-6215; [burkehill@gwi.net](mailto:burkehill@gwi.net)  
520 Blackwoods Road, CHERRYFIELD  
**Blueberries**  
Delivers *throughout Downeast area monthly*  
Note: Certified Organic

### **Carding Brook Farm**

Jennifer Schroin & Jon Ellsworth  
359-2326  
4 Carlton Drive, BROOKLIN  
**Vegetables**  
Delivers to *Deer Isle & Blue Hill Peninsula weekly*  
Note: We are a small Certified Organic farm; we grow specialty salad greens; no big orders please.

### **Clayfield Farm**

Phil Norris  
374-2159; [phil@clayfieldfarm.net](mailto:phil@clayfieldfarm.net)  
PO Box 17, EAST BLUE HILL  
**Vegetables and apples**  
Delivers to: *Blue Hill Peninsula twice weekly*  
Note: Organically grown

### **Cranberry Dream**

Alden and Donna Mingo  
454-7411;  
405 Shattuck Road, CALAIS  
**Blueberries & cranberries**  
Delivers to: *Calais*  
Note: Field trips are available

### **Cranberry Lane**

Brian Cook  
733-7023; [cranberrylane@prexar.com](mailto:cranberrylane@prexar.com)  
39 Cranberry Lane, CALAIS  
**Vegetables**  
Delivers to: *Calais & Eastport weekly*

### **Crossroad Farm**

Arnold Pearlman  
497-2641

314 Cross Road, JONESPORT

#### **Vegetables, berries, & apples**

Delivers to: *Machias, Jonesport, Milbridge, Ellsworth, Mount Desert Island, Blue Hill Peninsula, & Franklin/Schoodic weekly*

Note: Certified Organic

### **Crown o' Maine Coop**

Marada Cook

877-7444; 207-316-5321

[marada@crownofmainecoop.com](mailto:marada@crownofmainecoop.com)

PO Box 4, VASSALBORO

#### **Vegetables, fruit, meat, dairy & grain**

Delivers *bi-monthly throughout the Downeast area*

Note: Company is a wholesaler of Maine products, mostly Certified Organic

### **Darthia Farm**

Lily Montgomery

963-2770; 963-7771; [darthia@gmail.com](mailto:darthia@gmail.com)

51 Darthia Farm Road, GOULDSBORO

#### **Vegetables**

Delivers to: *Schoodic Peninsula/Gouldsboro*

Note: Certified Organic; two acres of produce; field trips are available

### **Done Roving Farm**

Paula & Stephen Farrar

454-8148; [doneroving@pioneerwireless.net](mailto:doneroving@pioneerwireless.net)

20 Charlotte Road, CHARLOTTE

#### **Meat & eggs**

Delivers to: *Machias, Calais, Lubec, Ellsworth, & Mount Desert Island*

Delivers monthly in summer (bi-monthly winter)

Note: Grass fed beef, lamb, & pork

### **Fisher Farm**

Beth Haines

478-4803; [beth@fisherfarmcsa.com](mailto:beth@fisherfarmcsa.com)

177 Coles Corner Road, WINTERPORT

#### **Vegetables**

Delivers to: *Winterport & Hamden*

Note: Field trips available; Certified Organic

### **Five Star Nursery**

Leslie Cummins

359-2282

853 Bay Road, N BROOKLIN

#### **Fruit & fruit trees**

Delivers to: *Brooklin*

### **Garden Side Dairy**

Kim & Don Roos

434-5089; [kimroos@tds.net](mailto:kimroos@tds.net)

13 Looks Point Road, JONESBORO

#### **Goat milk products**

Delivers to: *Machias, Milbridge, Jonesport, Calais, & Eastport Weekly*

### **Gramp's Farm**

Holly & Tom Taylor

469-3003; [grampsfarm@aol.com](mailto:grampsfarm@aol.com)

320 Front Ridge Road, ORLAND

#### **Blueberries & fruit leather**

Note: Certified Organic; family farm

### **Growing Concern Farm and Nursery**

Richard East

454-0183; [growingconcern@usatel.net](mailto:growingconcern@usatel.net)

35 Manning Street, CALAIS

#### **Vegetables, fruits, & eggs**

Delivers to: *Machias, Eastport, Lubec, & Calais*

Deliveries are made Weekly

Note: Field trips are available

### **Hackmatack Farm/ Blue Hill Berry Co.**

Nicolas Lindholm & Ruth Fiske

326-0751; [nolindholm@localnet.com](mailto:nolindholm@localnet.com)

95 Dunbar Road, PENOBSCOT

#### **Vegetables; berries; fruit**

Delivers to: *Ellsworth, Mount Desert Island, Bucksport, Deer Isle, & Blue Hill Peninsula*

Deliveries are made Weekly

Note: MOFGA Certified Organic farm since 1997; we grow a mix of vegetables and wild blueberries

### **Happy Town Farm**

Paul Volckhausen  
667-9212; [pkvolckhausen@escrap.com](mailto:pkvolckhausen@escrap.com)  
1138 Happy Town Road, ORLAND

#### **Vegetables**

Delivers to: *Bucksport, Ellsworth, & Mount Desert Island weekly*  
Note: Field trips available; Certified Organic

### **Harborview Farm**

Peter Vandereb  
326-8791; [pvandereb@hvfarm.com](mailto:pvandereb@hvfarm.com)  
913 Coastal Road, BROOKSVILLE

#### **Eggs**

Delivers to: *Blue Hill Peninsula weekly*

### **Hatch Knoll Farm**

Peter & Deborah Aldridge  
434-2674; [info@hatchfarm.com](mailto:info@hatchfarm.com)  
29 Hatch Knoll Road, JONESBORO

#### **Blueberries**

Delivers to: *Machias, Eastport, Lubec, Milbridge, Jonesport, Schoodic/Franklin, Mount Desert Island, Ellsworth, Blue Hill Peninsula, & Deer Isle*  
Note: Certified Organic

### **HOME Inc.**

Millie Grimes  
469-7961; [home@homecoop.net](mailto:home@homecoop.net)  
PO Box 10, ORLAND

#### **Vegetables**

Delivers to: *Bucksport & Orland upon request*  
Note: Organic growing practices; field trips available

### **Horsepower Farm**

Andy & Donna Birdsall  
374-5273; [horsepowerfarm@peoplepc.com](mailto:horsepowerfarm@peoplepc.com)  
56 Horsepower Farm Road, PENOBSCOT

#### **Vegetables**

Delivers to *Deer Isle & Blue Hill Peninsula weekly*  
Note: Certified Organic; field trips available

### **Intervale Farm**

Hugh Lassen  
546-2589; [intervale.lassen@gmail.com](mailto:intervale.lassen@gmail.com)  
199 North Main Street, CHERRYFIELD

#### **Blueberries**

Delivers to: *Machias, Jonesport, & Milbridge*  
Note: Certified Organic

### **Kendall Farm Cottages**

Georgie Kendall  
853-6685 [www.kendallfarmcottages.com](http://www.kendallfarmcottages.com)  
20 Kendall Lane, PERRY

#### **Vegetables & apples**

Delivers to: *Perry, Pleasant Point, & Robbinston*  
Deliveries are made weekly

### **Kilby Ridge Farm**

Mark & Violet Willis  
726-4765; [violetjwillis@yahoo.com](mailto:violetjwillis@yahoo.com)  
109 Main Street, DENNYVILLE

#### **Vegetables, meat, & eggs**

Delivers to: *Machias & Calais weekly*  
Note: Field trips available; we raise turkeys, chickens, and lamb.

### **King Hill Farm**

Jo Barrett & Dennis King  
326-9701; [kinghillfarm@gwi.net](mailto:kinghillfarm@gwi.net)  
29 Faerie Kingdom Road, PENOBSCOT

#### **Vegetables & meat (beef & lamb)**

Delivers to: *Penobscot, Blue Hill Peninsula, & Bucksport bi-weekly*  
Note: Certified Organic vegetables; grass-fed naturally-raised meat; field trips available

### **Lamb Cove Farm**

Ellen Johnson  
454-3364; [lambcovefarm@yahoo.com](mailto:lambcovefarm@yahoo.com)  
187 US Route 1, ROBBINSTON

#### **Blueberries**

Delivers to: *Machias, Calais, Eastport, & Lubec*  
Deliveries are made weekly  
Note: Certified Organic & wild blueberries

### **Lazy C Farm**

Nancy Veilleux  
359-2152; [lazycfarm@myfairpoint.net](mailto:lazycfarm@myfairpoint.net)  
Rte. 175 Box 484, BROOKLIN

#### **Vegetables**

Delivers to: *Blue Hill Peninsula upon request*  
Note: Organic practices

### **Maine Coast Sea Vegetables**

Ellen Andrews  
565-2907 ext. 303; [ellen@seaveg.com](mailto:ellen@seaveg.com)  
3 George's Point Road, FRANKLIN

#### **Sea chips, kelp crunch, dried seaweed, & seasonings**

Deliveries are made upon request  
Note: Free samples for schools; most products are Certified Organic; recipes available

### **Maine Shellfish Company**

Reginald Young  
667-5336; [ryoung@meshellfish.com](mailto:ryoung@meshellfish.com)  
PO Box 397, ELLSWORTH

#### **Seafood**

Delivers to: *Gouldsboro, Deer Isle, Franklin, Ellsworth, Blue Hill Peninsula, Bucksport, Mount Desert Island, Eastbrook/Ambherst/Aurora*

Deliveries are made weekly  
Note: We purchase from small clam diggers, fishermen, and processors

### **Mandala Farm**

Sara Faull & Eugenio Bertin  
963-2984; [info@mandalafarm.com](mailto:info@mandalafarm.com)  
46 Youngs Farm Road, GOULDSBORO

#### **Vegetables**

Delivers to: *Milbridge, Gouldsboro, Franklin, Ellsworth & Mount Desert Island*  
Deliveries are made weekly  
Note: Certified Organic; mixed vegetables available in growing season and some roots available in winter

### **Moon Hill Farm**

Tim & Lydia Beal  
263-7551; [moonhillfarm@yahoo.com](mailto:moonhillfarm@yahoo.com)  
HC 74 Box 72Z, WHITING

#### **Blueberries**

Delivers *throughout Downeast area monthly*  
Note: Certified Organic

### **Morgan Bay Farm**

Susan Straubing  
667-1841; 701-8696; [sstraubing@gmail.com](mailto:sstraubing@gmail.com)  
668 Morgan Bay Road, SURRY

#### **Vegetables**

Delivers to: *Surry upon request*  
Note: Our vegetables are grown organically; soon to be MOFGA certified.

### **New Moorings Farm**

Doug Wollmar  
667-8815; [newmooringsfarm@gmail.com](mailto:newmooringsfarm@gmail.com)  
16 Bramble Lane, TRENTON

#### **Vegetables**

Delivers to: *Mount Desert Island & Ellsworth*

### **Old Ackley Farm**

Bob Sullivan  
374-5919; [bobsullivan@downeast.net](mailto:bobsullivan@downeast.net)  
42 Ackley Farm Road, BLUE HILL

#### **Meat (poultry, beef, pork)**

Delivers to: *Bucksport, Deer Isle/Stonington, Ellsworth, Blue Hill Peninsula, & Mount Desert Isl*

Deliveries are made weekly  
Note: Organically raised on pasture

### **Olde Sow Farm**

Jessika Zandoni  
733-2569; 263-4997 (c); [zanoni@dishmail.net](mailto:zanoni@dishmail.net)  
1050 County Road, LUBEC

#### **Meat & eggs**

Delivers to: *Machias, Eastport, Milbridge, Lubec, Ellsworth, Schoodic, & Bucksport*  
Deliveries are made weekly  
Note: Minimum order \$100; Certified Organic

### **Painted Pepper Farm**

Lisa Reilich & Jordan Godino  
546-9777 [paintedpepperfarm@hughes.net](mailto:paintedpepperfarm@hughes.net)  
55 Goods Pt Road, STEUBEN

#### **Goat milk products**

Delivers *throughout Downeast area*  
Deliveries are made every 3 weeks  
Note: Certified Organic

### **Papa Grew It at Deer Meadow**

Peter Dolliver  
244-7214; [deermeadow@myfairpoint.net](mailto:deermeadow@myfairpoint.net)  
286 Seawall Road, SOUTHWEST HARBOR

#### **Vegetables**

Delivers to: *Mount Desert Island upon request*  
Note: Always clean & kitchen ready

### **Paul Trowbridge**

Paul Trowbridge  
359-8369; [trowbridge.paul@gmail.com](mailto:trowbridge.paul@gmail.com)  
214 Christy Hill Road, SEDGWICK

#### **Berries & fruit**

Delivers to: *Blue Hill Peninsula, Deer Isle, & Bucksport upon request*

### **Peaked Mountain Farm**

Daniel & Gail VanWart  
843-6484; [peakedmtfarm@aol.com](mailto:peakedmtfarm@aol.com)  
16 Ellerys Lane, DEDHAM

#### **Berries/Fruit**

Delivers to: *Gouldsboro, Deer Isle, Franklin, Ellsworth, Blue Hill Peninsula, Bucksport, Eastbrook/Ambherst, & Mount Desert Island*  
Deliveries are made upon request  
Note: MOFGA Certified Organic ; fresh or frozen

### **Penobscot East Resource Center**

Aaron Dority  
367-2708; [aaron@penobscoteast.org](mailto:aaron@penobscoteast.org)  
PO Box 27, STONINGTON

#### **Seafood**

Delivers to: *Machias, Milbridge, Jonesport, Schoodic Peninsula, Deer Isle, Franklin/ Sullivan, Ellsworth, Blue Hill Peninsula, Bucksport, & Mount Desert Island weekly*  
Note: We work with local fishermen; shrimp January to March; ground fish summer

### **Port Clyde Fresh Catch**

Jessica Libby  
975-2191; [jessica@midcoastfishermen.org](mailto:jessica@midcoastfishermen.org)  
PO Box 223, PORT CLYDE

#### **Seafood (ground fish, shellfish, & shrimp)**

Delivers to: *Mount Desert Island, Blue Hill Peninsula, Bucksport, & Ellsworth*  
Deliveries are made upon request  
Note: Fishermen's co-op for sustainable fisheries

### **Red Bird Farm**

Sheila Chretien  
615-3181; [redbirdfarm84@yahoo.com](mailto:redbirdfarm84@yahoo.com)  
PO Box 84, HARRINGTON

#### **Vegetables**

Note: Certified Organic; herbs

### **Robb Hill Farm**

Karen Herrick  
454-3130; [leafandtendril@gmail.com](mailto:leafandtendril@gmail.com)  
176 Robb Hill Road, ALEXANDER

#### **Vegetables**

Delivers to: *Calais, Eastport, Alexander, & Robbinston*  
Deliveries are made weekly  
Note: Organic practices

### **Roo Berry Farm**

Toby Lamb  
497-5599; 271-1211 (c) [tobylamb@aol.com](mailto:tobylamb@aol.com)  
13 Great Bar Road, JONESPORT

#### **Fruit & blueberries**

Delivers *throughout Washington County*  
Note: No delivery charge

### **Shalom Orchard**

Charlotte Young  
565-2312; [charlotte@shalomorchard.com](mailto:charlotte@shalomorchard.com)  
PO Box 4, FRANKLIN

#### **Vegetables & fruits**

Delivers to: *Ellsworth & Mount Desert Island*  
Deliveries are made daily  
Note: Certified Organic; field trips available

### **Seasons Eatings Farm**

Robin & Steve Follett  
796-5693; [follette@ccpwireless.com](mailto:follette@ccpwireless.com)  
165 Talmadge Road, TALMADGE

#### **Vegetables**

Delivers to *Calais*

Note: offers season extended produce

### **Simons Hancock Farm**

Ron Simons  
667-1359  
Farmer Ron Road Box 252, SULLIVAN

#### **Vegetables & berries/fruit**

Delivers to: *Schoodic Peninsula, Deer Isle, Franklin/Sullivan, Ellsworth, Blue Hill Peninsula, Bucksport, & Eastbrook/Ambherst*  
Deliveries are made weekly

### **Shore Road Farm**

Carol Bryan  
853-4750;  
496 Shore Road, PERRY

#### **Vegetables**

Delivers to: *Eastport & Calais weekly*  
Note: Certified Organic; minimum order \$25

### **Smith Family Farm**

Maggie Smith  
288-4848; [maggie@smithfarmmdi.com](mailto:maggie@smithfarmmdi.com)  
317 Crooked Road, BAR HARBOR

#### **Meat & dairy**

Delivers to: *Ellsworth, Blue Hill Peninsula, & Mount Desert Island*  
Deliveries are made weekly  
Note: Dairy and beef are MOFGA Certified Organic; dairy products (milk, yogurt, cheese) are raw/unpasteurized

### **Stoneset Farm**

Clara & Nathan Rutenbeck  
359-5513  
261 River Road, BROOKLIN

#### **Blueberries**

Note: Certified Organic; products can be delivered through Crown of Maine Organic

### **Sweet Pea's Farm Store**

Matt Gerald  
266-3907; [farmernorth@hughes.net](mailto:farmernorth@hughes.net)  
854 State Hwy. 3, BAR HARBOR

#### **Vegetables**

Delivers to: *Mount Desert Island*

### **The Andrews' Place**

Stan Andrews  
454-0529; [sbaint@rsonline.net](mailto:sbaint@rsonline.net)  
380 Charlotte Road, CHARLOTTE

#### **Vegetables**

Delivers to: *Eastport, Calais, & Charlotte weekly*

### **Thyme's Up**

Lynn Bradbury  
733 2396  
21 Crow's Neck Road, LUBEC

#### **Vegetables & herbs**

Delivers to: *Lubec monthly*

### **Tide Mill Farm**

Carly DelSignore  
733-2551  
[eatlocal@tidemillorganicfarm.com](mailto:eatlocal@tidemillorganicfarm.com)  
91 Tide Mill Road, EDMUNDS

#### **Vegetables & meat**

Delivers to: *Lubec, Machias, Calais, & Eastport*

Deliveries are made weekly

Note: Certified Organic; meat is available outside Washington County

### **True Farms**

Jason & Gordon True  
285-3604  
[truefarming@myfairpoint.net](mailto:truefarming@myfairpoint.net)  
305 Ridge Road, CHARLESTON

#### **Vegetables & dried beans**

Delivers to: *Ellsworth, Blue Hill Peninsula, & Bucksport*

Deliveries are made weekly

Note: 65 acres of produce; can help schools set up spring plant sales for fundraisers



**Weber Farm**

Chuck Weber

667-7081

955 Douglas Hwy, LAMOINE

**Vegetables**

Delivers to: *Hancock, Lamoine, & Ellsworth*

Deliveries are made weekly

Note: Certified Organic; season extension

**Yellow Birch Farm**

Missy Greene & Eric Ziner

348-2601; [greenziner@localnet.com](mailto:greenziner@localnet.com)

73 Reach Road, DEER ISLE

**Vegetables**

Delivers to: *Deer Isle/Stonington upon request*

Note: Organic practices; field trips available  
(pottery studio & blacksmith shop)

**Wind and Sun Farm**

Dan Huisjen

326-0576; 610-2872; [huisjen@midmaine.com](mailto:huisjen@midmaine.com)

304 Varnumville Road, BROOKSVILLE

**Vegetables**

Delivers to: *Deer Isle & Blue Hill Peninsula*

*weekly*

NOTES

## NOTES

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[www.healthyacadia.org](http://www.healthyacadia.org)

Healthy Acadia is a Healthy Maine Partnership. It is a comprehensive community coalition with a track record of mobilizing partnerships that improve local food systems, and advancing public health in Maine. Formed in 2001, and incorporated as an independent non-profit organization in 2009, Healthy Acadia has extensive experience engaging local communities in food system improvement. Healthy Acadia's mission is to empower people and organizations to build healthy communities across the greater Mount Desert Island region. Its Downeast Farm to School program, begun in 2005, ensures availability of healthy local food for children and access to markets for farms.



# Seasonal Availability of Maine Fruits & Vegetables

A publication of the Maine Department of Agriculture, Food and Rural Resources, Division of Market and Production Development, 28 State House Station, Augusta, ME 04333-0028, 207-287-3491, getrealmaine@maine.gov and www.getrealmaine.com.

## FRUIT

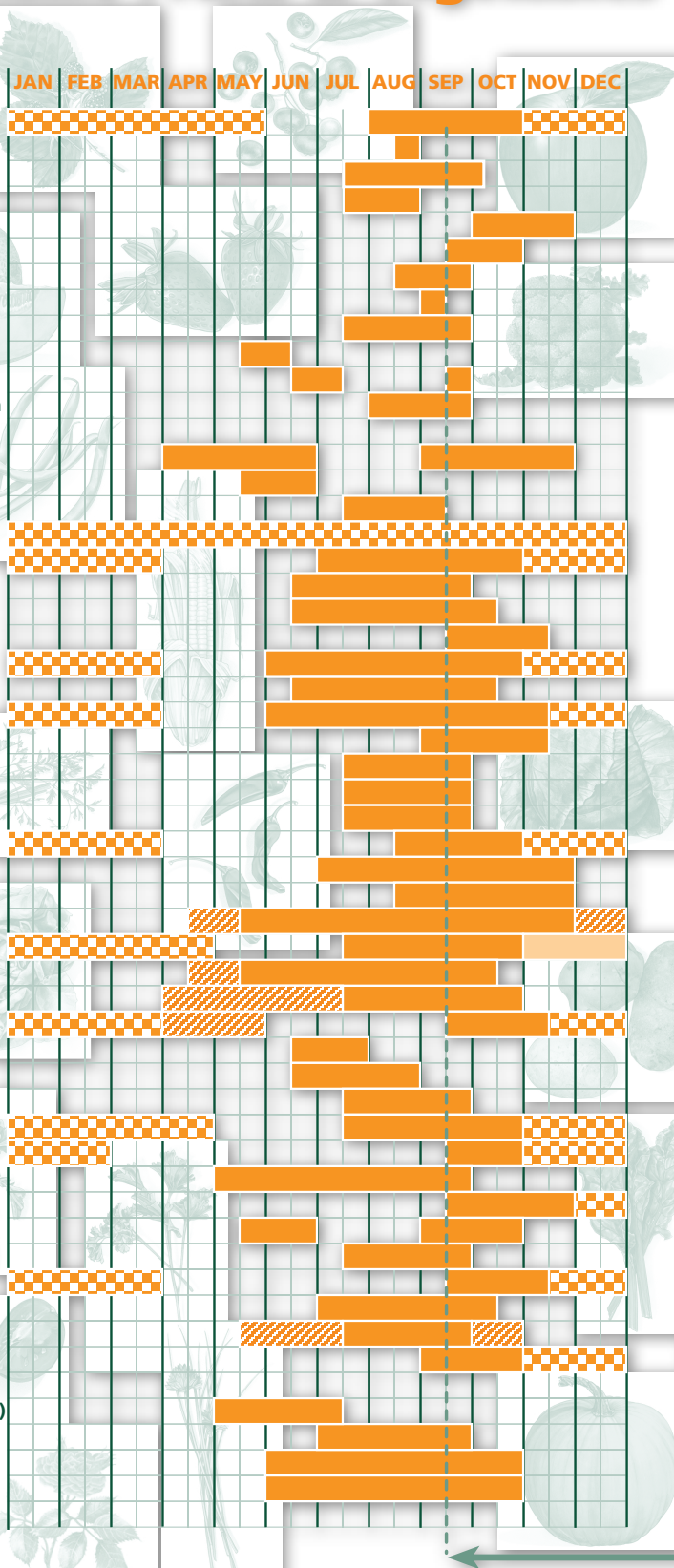
- Apples
- Blackberries
- Blueberries, Highbush
- Blueberries, Wild
- Cranberries
- Grapes
- Pears
- Plums
- Raspberries
- Rhubarb
- Strawberries
- Cantelope/Watermelon

## VEGETABLES

- Arugula
- Asparagus
- Beans (snap, wax)
- Dry beans
- Beets
- Beet Greens
- Broccoli
- Brussel Sprouts
- Cabbage
- Chinese Cabbage
- Carrots
- Cauliflower
- Sweet Corn
- Cucumbers
- Eggplant
- Garlic
- Kale/Collards
- Leeks
- Lettuce/Mixed Greens
- Onions, bulb
- Onions, scallions
- Parsley
- Parsnip
- Peas (shell)
- Peas (edible pod)
- Peppers
- Potatoes
- Pumpkins
- Radishes
- Rutabaga
- Spinach
- Summer Squash
- Winter Squash
- Swiss Chard
- Tomatoes
- Turnips

## OTHER

- Plants (annual bedding)
- Cut flowers
- Herbs
- Herb plants



 extended season, overwintered or from greenhouse  
 available from storage  
 harvest season

approximate frost date for most of the state of Maine

**PLEASE NOTE:** These bars represent average dates based on the beginning and middle of the months. Availability can vary widely from one end of the state to the other with such factors as locality, weather and variety grown. This chart is meant to serve as a guide for shopping for *real fresh* produce so you will know when to expect *getrealmaine* on your grocer's shelves, direct from a farm stand or at a farmers' market.