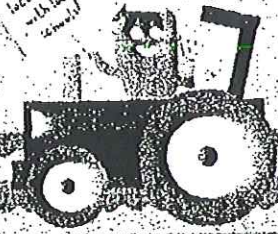


Committing local funds with local schools!



# farm 2 school

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## ACADÉMIE LAFAYETTE FARM 2 SCHOOL LUNCH MENU

<p>11-9</p> <p>Beef Spaghetti G WW Breadstick G Fresh Fruit A Fresh Veggie Skim Milk M</p>	<p>11-10</p> <p>Grilled Cheese G Yogurt Granola G Parfaits Fresh Fruit &amp; Veggie Skim Milk M</p>	<p>11-11</p> <p>Cheeseburger G Pumpkin Muffin E M Fresh Fruit Fresh Veggie Skim Milk M</p>	<p>11-12</p> <p>Cheese Pizza G Yogurt Tube Fresh Fruit Fresh Veggie CA Skim Milk M</p>	<p>11-13</p> <p>Baked Chicken Strips M G Harvest Soup CA WW Crackers G Fresh Fruit Skim Milk M</p>
<p>11-16</p> <p>Bison Chili WW Roll G Fresh Fruit Fresh Veggie Skim Milk M</p>	<p>11-17</p> <p>Good Food Fair Sack Lunch*</p>	<p>*Sunbutter &amp; Jelly Sandwich G, String Cheese, Crackers G, Fruit B, Water</p>		

Student Name \_\_\_\_\_

Teacher/Grade \_\_\_\_\_

Please circle lunch participation days (REMEMBER IT'S GRANT FUNDED AND FREE TO ALL STUDENTS!):

11/9     
  11/10     
  11/11     
  11/12     
  11/13  
 11/16     
  11/17

Parents please let us know when you can join us \_\_\_\_\_

Allergy Key: P=Pork PN=Peanut M=Milk SF=Seafood T=Treenut E=Eggs CI=Citrus PA=Pineapple A=Apple  
B=Banana P=Peaches S=Strawberries G=Grain CA=Carrot

~ Fresh Fruit & Fresh Veggies vary based on seasonality and local product availability ~

**Menu Highlights:**

Meat is grass fed, hormone free, and locally sourced ☺ Bread is whole wheat and locally sourced  
 Pasta and rice are 50% whole grain ☺ Seasonal produce is locally sourced  
 Wraps and tortillas are trans fat free and locally sourced ☺ Dairy products are hormone free and locally sourced  
 Muffins and quick breads are 50% whole wheat and homemade ☺ All food is made from scratch with the most nutrient rich ingredients available – our students are worth it!

*Bistro Kids Farm 2 School Lunch Program Mission:*

To provide hands on cooking classes, to instill nutrition education, and to create kid friendly meals that are healthy, seasonal, delicious, and whenever possible, locally grown.