

Pocahontas Local Foods

Marketing and Distribution

Seasonal Availability

An estimate of produce availability for the 2012 Growing Season

<u>Produce</u>	MAY	JUN	JUL	AUG	SEP	OCT	NOV
Apples			❖	❖	❖	❖	❖
Asparagus	❖						
Beans (Green)		❖	❖	❖	❖	❖	
Beets	❖	❖	❖	❖	❖	❖	
Blackberries			❖	❖	❖		
Broccoli		❖	❖	❖	❖	❖	
Cabbage			❖	❖	❖		
Cantaloupes				❖			
Corn				❖	❖	❖	
Cucumbers		❖	❖	❖			
Eggplant				❖	❖		
Garlic				❖	❖		
Green Beans		❖	❖	❖	❖		
Green Onions	❖	❖	❖	❖	❖	❖	❖
Greens- Spinach	❖	❖			❖	❖	❖
Greens - Kale	❖	❖	❖	❖	❖	❖	❖
Greens - Chard	❖	❖			❖	❖	❖
Herbs - Basil				❖	❖		
Herbs - Cilantro		❖	❖	❖	❖	❖	
Herbs - Mint	❖			❖	❖	❖	
Nectarines			❖				
Okra				❖	❖	❖	
Onions		❖	❖	❖	❖	❖	❖
Peas	❖	❖	❖		❖	❖	
Peaches			❖	❖			
Peppers			❖	❖	❖		
Potatoes			❖	❖	❖	❖	❖
Pumpkins					❖	❖	❖
Raspberries		❖					
Rhubarb	❖						
Salad Greens	❖	❖	❖	❖	❖	❖	❖
Strawberries	❖	❖		❖	❖	❖	❖
Squash-Summer		❖	❖	❖			
Squash-Winter					❖	❖	❖
Sweet Potatoes				❖	❖	❖	
Tomatoes			❖	❖	❖	❖	
Turnips	❖	❖	❖	❖	❖	❖	
Watermelons				❖			