

November 2, 2012

Company: Sare
Item: Safflower Oil
Pack: 35 lbs

NUTRITION COMPOSITION

Serving Size: 1 tbsp (14 g)

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin E - IU (IU)	6.910	50.809
Calories (kcal)	120.224	884.000	Vitamin E - mg (mg)	4.638	34.100
Calories from Fat (kcal)	120.224	884.000	Folate (mcg)	0	0
Protein (g)	0	0	Vitamin K (mcg)	0.966	7.100
Carbohydrates (g)	0	0	Pantothenic Acid (mg)	0	0
Dietary Fiber (g)	0	0	Minerals		
Total Sugars (g)	0	0	Calcium (mg)	0	0
Fat (g)	13.600	100.000	Copper (mg)	0	0
Saturated Fat (g)	0.816	6.000	Iron (mg)	0	0
Mono Fat (g)	11.560	85.000	Magnesium (mg)	0	0
Poly Fat (g)	1.224	9.000	Manganese (mg)	0	0
Trans Fatty Acid (g)	0.012	0.090	Phosphorus (mg)	0	0
Cholesterol (mg)	0	0	Potassium (mg)	0	0
Water (g)	0	0	Selenium (mcg)	0	0
Gram Weight (g)	13.600	100.000	Sodium (mg)	0	0
Ash (g)	0	0	Zinc (mg)	0	0
Vitamins			Mono Fats		
Vitamin A - IU (IU)	0	0	24:1 - Nervonic (g)	0.037	0.270
Vitamin B1 (mg)	0	0	18:1 - Oleic (g)	11.424	84.000
Vitamin B2 (mg)	0	0	Poly Fats		
Vitamin B3 (mg)	0	0	Omega 3 Fatty Acid (g)	0.053	0.390
Vitamin B6 (mg)	0	0	Omega 6 Fatty Acid (g)	1.170	8.600
Vitamin B12 (mcg)	0	0	18:2 - Linoleic (g)	1.170	8.600
Vitamin C (mg)	0	0	18:3 - Linolenic (g)	0	0
Vitamin D - IU (IU)	0	0			

Nutritional values shown represent the composition of this product based on data submitted by the manufacturer and their suppliers. Nutritional values are based on the product formulation and is comprised of data compiled from the United States Department of Agriculture and suppliers. NutriData guarantees the accuracy of the analysis based on the information supplied by the manufacturer(s). As a mutual protection to clients, the public and ourselves, all reports are submitted as the confidential property of the client.

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Nutrition Facts	
Serving Size 1 tbsp (14g)	
Servings Per Container 1168	
Amount Per Serving	
Calories 120	Calories from Fat 120
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 1g	5%
Polyunsaturated Fat 1g	
Monounsaturated Fat 12g	
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	
Not a significant source of trans fat, cholesterol, dietary fiber, sugars, vitamin A, vitamin C, calcium and iron.	
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS: SAFFLOWER OIL.