

Personnel:					
Project Leader / Major Participants				\$ -	
Program Director and Workshop Organizer	event coordination, planning meetings (70 hours x \$20/hour)	70	\$ 20.00	\$ 1,400.00	
				Labor / Salaries	\$1,400
Non-Personnel:					
Baking ingredients & food supplies for workshop	Estimated	1			\$200
				Materials and Supplies	\$200
Travel:					
Staff Travel, estimated, 100 miles		100	\$ 0.50	\$ 50.00	
Speaker Travel to workshop (100 miles estimated)		100	\$ 0.52	\$ 52.00	
				\$ -	
				Travel	\$102
Publications/Printing:					
				\$ -	
				Publications	\$0
Other Direct Costs					
Communications - mailings, postage, conference calls				\$ -	
Handouts and evaluation forms		1	\$ 41.94	\$ 41.94	
Color copies, Packet for workshop, Postcards		1	\$ 44.18	\$ 44.18	
Website & registration	(6 hours @ \$48/hour)	6	\$ 48.00	\$ 288.00	
Services: For non-contracted services rendered for the project. Provide details.				\$ -	
				\$ -	
Conferences / Meetings / Workshops: Costs for personnel to attend conferences should be included under Travel.				\$ -	
				\$ -	
Presenter honoraria		24	\$ 20.00	\$ 480.00	
				Other Direct Costs	\$854
				Total Non-Personnel Costs	\$1,156
				TOTAL ESTIMATED COSTS	\$2,010