

***In Her Boots Workshop: Sustainable Agriculture For Women, By Women***  
**AGENDA**

**10:00 – 10:30:**

**Overview, announcements & introductions**

Opportunities for women in sustainable and organic agriculture today

Grants, resources and funding for women farmers

- Lisa Kivist, MOSES Rural Women's Project Coordinator

Organic certification resources

- Jennifer Nelson, MOSES Organic Specialist

**10:30 – 11:30**

**My Farm Story: Advice, Ideas, Tips & Resources to Share**

Farm start-up, financial management, how and when to scale up, staff recruitment and management, family integration and farming with young kids

- Peg Sheaffer & Jen Miller, co-owners of Sandhill Family Farms

**11:30 – 12:30:**

**Detailed Farm Tour Part 1: A View from Up High**

Overview of the whole operation from a top a nearby ridge to review the crop rotation and learn about the unique position of the farm within the Prairie Crossing conversation community. Walk through the farmstead to understand the Sandhill operation. From greenhouses, hoopouses and packing areas to the field, we'll discuss scale, operations, management and kick the tires on the tractors and implements used to grow for this 500 member CSA farm. Learn further about Sandhill and the Farm Business Development Center, and how the two interact and cooperate to successfully preserve the soils of this 100 acre farm.

**12:30 – 1:30 Networking lunch**

Enjoy a locally and organic source lunch featuring Sandhill Family Farms produce. Join a table-topic of interest.

**1:30 – 2:30**

**Detailed Farm Tour Part 2: Digging into the Cover Crops**

Visit the current cover crop being used in one of the farms most valuable yet challenging fields. Learn how and why the current cover crop mixture was selected, what each of the crops do to build the soils and allow for the growth top soil with high organic matter and balanced nutrient levels.

**2:30 – 3:00** Build-your-own Yogurt Parfait Bar & wrap-up Q&A

## **In Her Boots Workshop: Sustainable Agriculture For Women, By Women Clay Bottom Farm: August 17, 2016**

### **Agenda**

#### **11:00 – 12:00 (EST):**

##### **Overview, announcements & introductions**

- Lisa Kivirist, MOSES Rural Women's Project Coordinator;  
author of *Soil Sisters: A Toolkit for Women Farmers*  
Opportunities for women in sustainable and organic agriculture today  
Grants, resources and funding for women farmers  
Farm Safety for Children

##### **My Farm Story: Advice, Ideas, Tips & Resources to Share**

- Rachel Hershberger, Clay Bottom Farm  
Topics include running a family farm with young kids & creating a family-friendly enterprise, Lean Farm principles, creative land access for beginning farmers

#### **12:00 – 1:00:**

##### **Farm Tour Part 1: Seed to Table**

Tour will begin in the germination area of our seedling greenhouse. We will follow the seed through the stages of getting planted and transplanted into greenhouse or field. We'll walk through the farmstead to understand the Clay Bottom operation. From greenhouses, hoop houses and packing areas to the field, we'll discuss scale, operations, management and kick the tires on the tractors and implements used on the farm. We will end at the packing house and walk-in cooler area where crops are stored for CSA, farmers market and wholesale delivery.

#### **1:00 – 2:00: Networking lunch**

Join a table-topic of interest

#### **2:00 – 3:30:**

##### **Farm Tour Part 2: Digging into the Cover Crops**

We'll visit the current cover crop being used in one of the farms most valuable yet challenging fields. Learn how and why the current cover crop mixture was selected, what each of the crops do to build the soils and allow for the growth top soil with high organic matter and balanced nutrient levels.

#### **3:30 – 4:00:**

Dessert, wrap up Q&A, enter your survey for a prize draw!

**In Her Boots Workshop: Sustainable Agriculture For Women, By Women**  
**Simple Harvest Farm Organics: Aug. 23, 2016**

**Agenda**

**10:00 – 11:30**

**Overview, announcements & introductions**

Opportunities for women in sustainable and organic agriculture today

Grants, resources and funding for women farmers

- Lisa Kivistik, MOSES Rural Women's Project Coordinator

**Farm Safety for Children & National Children's Center for Rural and Agricultural Health and Safety Resources**

- Carly Stephenson, MOSES

- Kathrine Barnes

for Rural Agricultural Health and Safety (Foundation)

, National Farm  
Marshfield Clinic Research

**My Farm Story: Advice, Ideas, Tips & Resources to Share**

Running a solo operation as a female farmer, diversified livestock, cottage food law & food regs and your Q&A

- Kathy Zeman, Simple Harvest Farm Organics

**11:30 – 12:30:**

**Detailed Farm Tour Part 1: A View from Up High**

We'll start the farm tour with the livestock overview: pastured livestock fit to scale for a 20-acre highly erodible land, including dairy cows, goats, hair sheep, finishing hogs, rabbits, ducks, chickens & geese. Kathy will also take us through the homestead garden and talk about ways to save money in your farmstead business (i.e., raising your own food).

**12:30 – 1:30 Networking lunch**

Join a table-topic of interest

**1:30 – 2:30**

**Detailed Farm Tour Part 2: Digging into the Cover Crops**

On highly erodible land, cover crops have been an essential part of Kathy's land management plan. Hear her perspectives on growing soil fertility through cover crops.

**2:30 – 3:00** Wrap-up and Q&A