# Breeding for Nutritional Enhancement in Potato: Exploring Vitamin B9 diversity in Wild and Cultivated Potatoes.

Bruce Reid Robinson II Department of Crop and Soil Sciences Hermiston Agricultural Research and Extension Center Oregon State University



I. Background/JustificationII. ObjectivesIII. Conclusions and PerspectivesIV. Acknowledgements





I. Background/Justification -Micronutrient Malnutrition

-Folate

-Sources and Deficiency -Biofortification

-Potatoes

II. ObjectivesIII. Conclusions and PerspectivesIV. Acknowledgements





#### **Micronutrient Malnutrition**

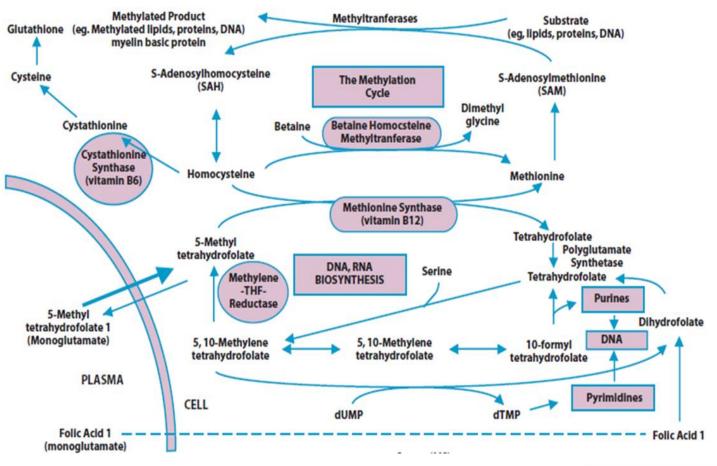
- Most commonly a deficiency in dietary intake of:
- Minerals: Ca, I, Fe, P, K, Na, Zn
- Vitamins: B1, B2, B3, B5, B6, B9, B12, C, D, E, K
- Phytochemicals: Carotenoids, Flavonoids...
- Main sources in human diets are plants
- Has numerous negative effects on human health

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Global Issue

#### **Folate - Water Soluble Vitamin B9**

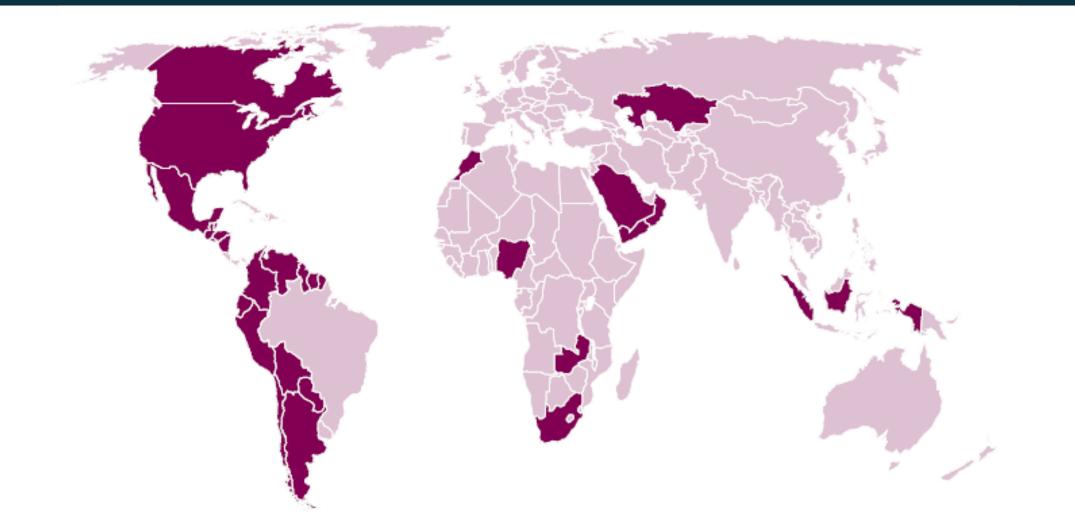
- Essential Cofactor
- Without adequate folate levels, cells are not able to biosynthesize nucleotides, metabolize amino acids, or utilize the methylation cycle properly



## **Folate Sources and Deficiency**

- Plants are the major source of dietary folate : leafy green vegetables, beans, some fruits, tubers
- Folate deficiency has been linked to:
- a. Neural Tube Defects (NTDs) such as spina bifida and anencephaly
- b. Cardiovascular diseases
- c. Stroke
- d. Anemia
- e. Development of certain types of cancers
- f. Impaired cognitive performance





 42 countries have mandatory folic acid fortification programs, yet folate intake is still sub-optimal (plum coloring indicates Folic Acid fortification has been implemented)

# **Biofortification Through Breeding**

- Has additional advantages compared to industrial fortification alone:
  - Cost-effective
  - Sustainable
  - Can impact areas that lack the political will, infrastructure, and money to utilize current fortification practices
- Requires that the target of the biofortification is a staple crop
- Requires that this crop demonstrates natural variation, stability, and heritability for the trait you are breeding for

#### **Potatoes are Important**

- Solanum tuberosum L. is the world's third most important food crop behind rice and wheat.
- Studies from the Netherlands, Norway, Finland, and Spain all report potatoes to be a significant source of folate in their diets, respectively
- A Greek study showed that consumption of potatoes is associated with decreased risk of low serum folate levels





# **Additional Potato Information**

- Currently a 148g serving of potato (a medium sized potato) only provides about 6% of the 400µg RDA of folate
- Folate retention is high in potato tubers even after storage, processing, and cooking
- There are approximately 200 tuber bearing *Solanum* species representing enormous genetic diversity
- Exploiting this variation between species is the paradigm for modern crop improvement, yet potatoes have not been a major focus of biofortification studies until now



# I. Background/Justification

## II. Objectives

-Germplasm Diversity with respect to folate levels

### -RNA-Seq

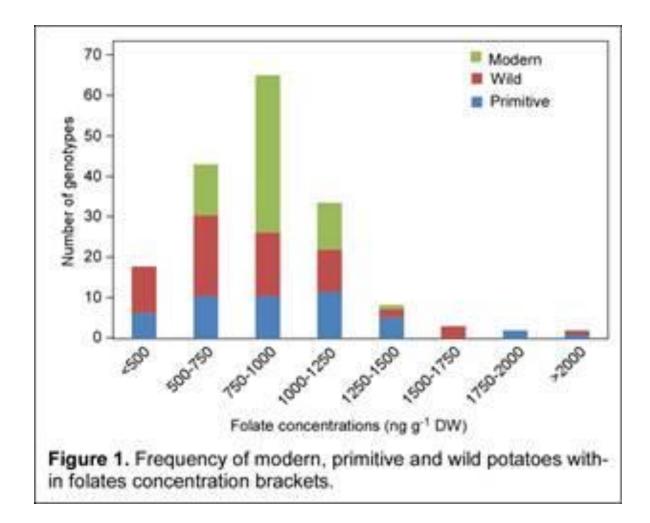
-Regulation of folate related genesIII. Conclusions and PerspectivesIV. Acknowledgements





## **Folate Content Variability in Potatoes**

- Figure one shows genotypes vs. folate concentrations based on dry weight
- Wild type and primitive cultivated species show the greatest range of folate content with some demonstrating significantly higher levels of folate content over modern cultivars
- My focus is on further evaluating this wild and primitive germplasm to identify new sources of high folate germplasm



#### **Previously Evaluated Materials**

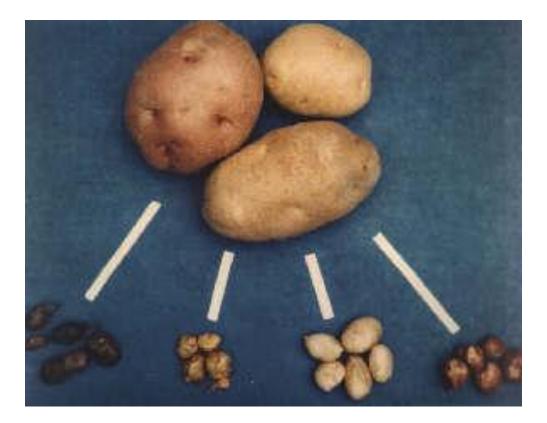
- **Primitive cultivated** *tuberosum* Group *phureja* (phu): 100 populations, 1,500 genotypes were preselected for folate screening ("RN" series)
- $RN_{phu}$  18.03 = 225710<sub>phu</sub> ~ 2000 ng/g DW = 40 µg/100g FW = 16% RDA<sub>USA</sub>
- Wild species (minicore collection): 75 populations made up of 3 populations each of 25 species were screened
- *Solanum boliviense* (blv) PI 597736 was identified as having the highest mean folate content
- Fol 1-6 =  $597736_{blv} \approx 3100 \text{ ng/g}$  DW = 60 µg/100g FW = 25% RDA<sub>USA</sub>





# **Objectives**

- Quantify folate content via tri-enzyme extraction and L. Rhamnosus microbiological assay
- Identify wild and primitive cultivated potato accessions that have relatively high folate content for introgression with "bridge" species USW4<sub>self</sub>#3
  - USW4self#3 x fol1.06
  - USW4self#3 x Phu 18.03
- Use populations from a cross of high folate content with low folate content to characterize folate level segregation.
  - fol1.06 x fol1.07
- If there is adequate segregation in these populations they could be used for eventual identification of QTLs associated with high folate concentration



### **Materials for Further Evaluation**

- A. Pre-breeding materials: USW4self#3 x fol1.06 and USW4self#3 x Phu 18.03 F1 populations
- B. Segregating populations from high/low folate content crosses: Fol1.06 x Fol1.07
- C. Wild Species Material



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#### **Tri-Enzyme Extraction Method**

- General Principle: Folate species must be released from food matrices and processed without degrading the sample so determination by *L. rhamnosus* can be performed
- HEPES/CHES buffer, protease, αamylase, and conjugase allow for this with reasonable throughput

Food Sample Homogenize in HEPES/CHES Buffer Heat (10min at 100C) Ice Bath Incubate with Protease (2hrs at 37C) Heat (5 min at 100C) Ice Bath Incubate with  $\alpha$ -amylase and conjugase (2-3hrs at 37C) Heat (10min at 100C) Ice Bath Centrifuge Storage at -80C

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## **Objectives**

- Perform analysis on RNA-seq data • previously generated in order to document genes that are differentially expressed in these samples
- Compare gene expression between varieties that have low folate content vs. high folate content genotypes
- We don't know if transcriptional regulation is the key determining factor in whether or not a potato tuber has high or low folate content.



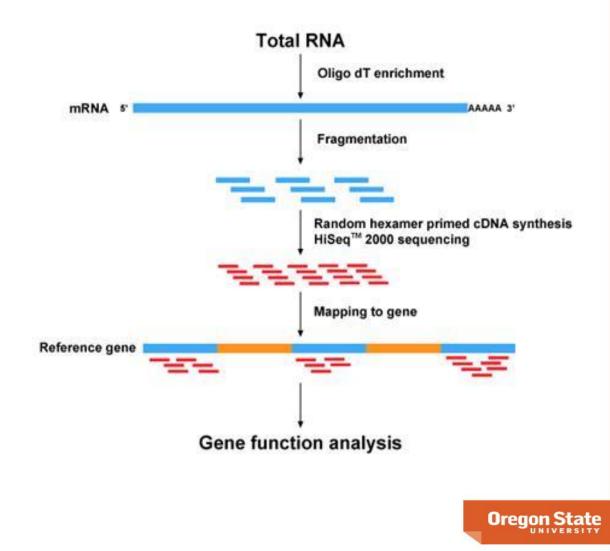
The quantity of individual reads are indicated at each genomic location (y-axis). Expressed exons are clearly seen as peaks, and are consistent with RefSeg annotation (bottom). Sample-specific expression is quantifiable by comparing results from different samples. The brain sample (top) exhibited 3,115 reads, whereas UHR sample (middle) exhibited 31,109 reads, indicating a ten-fold higher level of expression.

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#### TISSUE-SPECIFIC EXPRESSION DETECTED WITH RNA-SEQ

# **RNA Analysis**

- The hope is that this will lead to identification of markers associated with high folate levels
- Why do some accessions produce and retain more folate and what genetic elements are involved?



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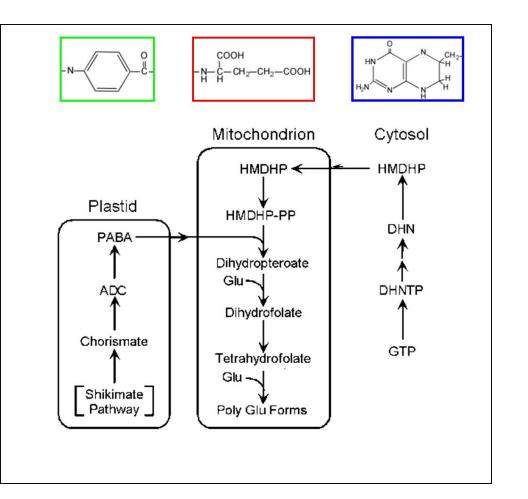
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#### **Regulation of Folate Related Genes**

- Current data suggests that certain folate pathway genes are developmentally regulated and others are subject to feedforward control by pathway intermediates
- Induction of the folate biosynthesis pathway appears to be relatively specific
- Promoter analysis can help to better understand this mechanism.
- Co-regulation of these processes is a possibility, meaning they may share conserved cisregulatory elements in their promoter sequences that can be identified



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#### Conclusions

- Continue identification/characterization of potato accessions for introduction to breeding program.
- Evaluate folate levels in segregating populations from crosses in the breeding program
- Perform analysis on RNA-Seq data to determine if transcriptional regulation is responsible for folate levels found in tubers and if so, by which specific genes
- (Exploratory) examine promoter regions of folate biosynthesis genes for conserved cisregulatory elements



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