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| **Current Cover Crops Seed Costs of Various Species**  |
| **Species**  | **Variety**  | **Source**  | **Cost per** **Pound**  | **Pounds per** **Acre\***  | **Seed** **Cost per** **Acre\*\***  | **Benefits**  |
| Buckwheat  |   | Helena Chemical Company  | $0.68  | 60  | $40.80  | Weed suppression, quick soil cover, pollinator habitat  |
| Cereal Rye  | VNS  | Helena Chemical Company  | $0.31  | 120  | $37.20  | Scavenge nitrogen, prevent erosion, add organic matter, suppress weeds  |
| Cowpea  | Ironclay  | Helena Chemical Company  | $1.60  | 90  | $144.00  | Suppress weeds, fix nitrogen, prevent erosion, add organic matter  |
| Crimson Clover  | Dixie  | Helena Chemical Company  | $1.14  | 30  | $34.20  | Fix nitrogen, prevent erosion, add organic matter  |
| Annual Ryegrass  | Fria  | Helena Chemical Company  | $0.80  | 30  | $24.00  | Prevent erosion, add organic matter, improve soil structure and drainage, suppress weeds, scavenge nutrients  |
| Pearl Millet  | FSG 300  | Helena Chemical Company  | $1.50  | 40  | $60.00  | Suppress weeds, add organic matter  |
| Rapeseed  | Dwarf Essex  | Helena Chemical Company  | $1.50  | 14  | $21.00  | Scavenge nutrients, suppress weeds, reduce compaction  |
| Sorghumsudangrass  | Greengrazer  | Helena Chemical Company  | $0.50  | 50  | $25.00  | Add organic matter, suppress nematodes and weeds, aerate subsoil  |
| Sunn Hemp  |   | Hancock Farm and Seed Co., Inc.  | $1.50  | 50  | $75.00  | Add organic matter, nitrogen fixation, erosion control, weed suppression  |

\*Higher seeding rates for some species will be recommended based on this first year of experience

\*\*Cost of fertilizer, seed inoculant for legumes, and maintenance (i.e. mowing) not included