

## **Lesson 1: Welcome to the Forest!**

### **Materials List**

- |   |  |
|---|--|
| <input type="checkbox"/> Check In Table               | <input type="checkbox"/> Printed materials                   |
| <input type="checkbox"/> sign in/attendance sheet     | <input type="checkbox"/> Student Field Journal               |
| <input type="checkbox"/> Backpacks, Clipboards        | <input type="checkbox"/> Parent View schedule                |
| <input type="checkbox"/> Check-in Table               | <input type="checkbox"/> Craft Kit                           |
| <input type="checkbox"/> Sunscreen                    | <input type="checkbox"/> stir sticks                         |
| <input type="checkbox"/> Bug Spray                    | <input type="checkbox"/> Glue sticks                         |
| <input type="checkbox"/> Thermometer                  | <input checked="" type="checkbox"/> <del>scotch tape</del>   |
| <input type="checkbox"/> First Aid Kit/Emergency card | <input type="checkbox"/> Crayons                             |
| <input type="checkbox"/> Snack                        | <input type="checkbox"/> colored pencils)                    |
| <input type="checkbox"/> Water                        | <input type="checkbox"/> Circle Time                         |
| <input type="checkbox"/> Compostable cups             | <input type="checkbox"/> Guitar                              |
| <input type="checkbox"/> Snacks                       | <input type="checkbox"/> Quilt                               |
| <input type="checkbox"/> Hand sanitizer               | <input checked="" type="checkbox"/> <del>Library Books</del> |

1. EXPLORE (10:00-10:15 AM, 15 min)
  - a. Free nature exploration, watering, sowing seeds, worm bin exploration
2. SING (10:15-10:25 AM, 10 min)
  - a. Nature Names
  - b. Song Circle
3. ASK (10:25-10:30 PM, 5 min)
  - a. Essential Questions
    - i. How am I going to challenge myself to have fun, be safe, and be kind to the forest while exploring this summer?
    - ii. What are the observations I can make with all of my senses, sight, touch, smell, sound, and taste?
    - iii. Can I make a new friend today and learn something new from them?
  - b. Brainstorm, turn and talk
4. STATIONS (10:30-11:30, 1 hour)
  - a. INVESTIGATE (20 min)
    - i. Student Field Journal [\[link\]](#)
    - ii. Bug Hunt Hike
    - iii. Foraging Hike (wild berries, mint sun tea, violets, wild onions)
  - b. CREATE (11:05-11:20 AM, 15 min)
    - i. Leaf Craft
    - ii. Coloring Pages
  - c. READ
    - i. Self paced reading time, listening
5. BREAK (11:00)
  - a. Remind students to take a break if they need it. Potty, snack, water, sunscreen, bug spray
6. SERVE (11:30-11:45 PM, 15 min)
  - a. Weed the garden
7. SING (11:45 AM-12:00 PM, 15 min)
  - a. Thank you for the Land

## **Lesson 2: Berry Bonanza**

### Lesson Specific Materials:

- ☐ Pavers
- ☐ Chalk
- ☐ Musical Instruments (containers, clothespins, rice, tape)
- ☐ Berry scarves
- ☐ Vanilla wafers
- ☐ Berries
- ☐ Corn starch
- ☐ Rice

1. EXPLORE (10:00-10:15 AM, 15 min)
  - a. Free nature exploration, watering, sowing seeds, worm bin exploration
2. SING (10:15-10:25 AM, 10 min)
  - a. Nature Names/Hickory-Tickory/Bumblebee Song
  - b. Berry Berry Bonanza Song
  - c. Donkeys Eat Berries
3. ASK (10:25-10:30 PM, 5 min)
  - a. Essential Questions
    - i. How do we remember which plants and berries are safe to eat and which ones are not?
4. STATIONS (10:30-11:10 AM)
  - a. INVESTIGATE (10:30-10:50 AM)
    - i. Berry Foraging Hike
  - b. COOK (10:50-11:10 AM)
    - i. Backcountry Blueberry Pie - Suzanne
  - c. CREATE
    - i. Air Dry Clay - Teresa
    - ii. Life Stages of a Berry Cut and Paste Activity
  - d. READ
    - i. Self paced reading time, listening
5. BREAK (10:50 AM)
  - a. Remind students to take a break if they need it. Potty, snack, water, sunscreen, bug spray
6. PLAY (11:10-11:30 AM)
  - a. Berry-plowie - Maya
7. SERVE (11:30-11:45 AM, 15 min)
  - a. Refer to chore chart
8. SING (11:45 AM-12:00 PM, 15 min)
  - a. Debrief
  - b. Thank you for the Land

### **Lesson 3: Black Cherry Bliss**

#### Lesson Specific Materials:

- ☐ Visual Schedule Poster
- ☐ Pavers
- ☐ Chalk
- ☐ Musical Instruments (containers, clothespins, rice, tape)
- ☐ Rice

1. EXPLORE (10:00-10:15 AM, 15 min)
  - a. Free nature exploration, watering, sowing seeds, worm bin exploration
2. SING (10:15-10:25 AM, 10 min)
  - a. Nature Names/Hickory-Tickory/Bumblebee Song
  - b. Do Donkeys Eat Berries?
3. ASK (10:25-10:30 PM, 5 min)
  - a. Essential Questions
    - i. What is a tree characteristic that is unique to the black cherry tree?
4. STATIONS (10:30-11:10 AM)
  - a. INVESTIGATE (10:30-10:50 AM)
    - i. Cherry Tree Hunt
  - b. CREATE
    - i. Communal tree painting
  - c. READ  
Self paced reading time, listening
5. BREAK (10:50 AM)
  - a. Remind students to take a break if they need it. Potty, snack, water, sunscreen, bug spray
6. SERVE (11:30-11:45 AM, 15 min)
  - a. Chore Chart
7. SING (11:45 AM-12:00 PM, 15 min)
  - a. Debrief
  - b. Thank you for the Land

## **Lesson 4: Fun with Fungi**

### Lesson Specific Materials:

1. EXPLORE (10:00-10:15 AM, 15 min)
  - a. Free nature exploration, watering, sowing seeds, worm bin exploration
2. SING (10:15-10:25 AM, 10 min)
  - a. Nature Names/Hickory-Tickory/Bumblebee Song
  - b. Do Donkeys Eat Berries?
3. ASK (10:25-10:30 PM, 5 min)
  - a. Essential Questions: Can you touch, smell, and explore different types of mushrooms.
  - b. Seafood mushrooms, lion's mane mushroom, shiitake mushrooms
4. STATIONS (10:30-11:10 AM)
  - a. INVESTIGATE (10:30-10:50 AM)
    - i. Wine Cap Mushroom Inoculation Site
    - ii. Mushroom Hunt
  - b. COOK (10:50-11:10 AM)
    - i. Mushroom Mixer
  - c. CREATE
    - i. Make your own mushroom: painting cupcake liner and cup
  - d. READ
    - i. Self paced reading time, listening
5. BREAK (10:50 AM)
  - a. Remind students to take a break if they need it. Potty, snack, water, sunscreen, bug spray
6. SERVE (11:30-11:45 AM, 15 min)
  - a. Chore Chart
7. SING (11:45 AM-12:00 PM, 15 min)
  - a. Debrief
  - b. Thank you for the Land

## **Lesson 5: Nuts for Black Walnuts/Forest Feast**

### Lesson Specific Materials:

1. EXPLORE (10:00-10:15 AM, 15 min)
  - a. Free nature exploration, watering, sowing seeds, worm bin exploration
2. SING (10:15-10:25 AM, 10 min)
  - a. Nature Names/Hickory-Tickory/Bumblebee Song
  - b. Hey Mr. Walnut
3. ASK (10:25-10:30 PM, 5 min)
  - a. Essential Questions: What is a tree characteristic that is unique to the black walnut tree?
4. STATIONS (10:30-11:10 AM)
  - a. INVESTIGATE (10:30-10:50 AM)
    - i. Walnut Tree Hunt
  - b. COOK (10:50-11:10 AM)
    - i. Black Walnut Purslane Garden Salad w/ Pawpaw Dressing
  - c. CREATE
    - i. Paint a black walnut!
  - d. READ
    - i. Self paced reading time, listening
5. BREAK (10:50 AM)
  - a. Remind students to take a break if they need it. Potty, snack, water, sunscreen, bug spray
6. SERVE (11:30-11:45 AM, 15 min)
  - a. Chore Chart
7. SING (11:45 AM-12:00 PM, 15 min)
  - a. Debrief
  - b. Thank you for the Land