

Sam Corcoran NOFA Annual Summer Conference August 11, 2018





OUTLINE

- Traditional cover cropping versus dual-purpose cover crops
- Where and when to integrate
- Crops and forage quality
- Management and yield
- Resources

LEARNING OUTCOMES

- Gain understanding about on-farm nutrient cycling and nutrient balance.
- 2. Be prepared to plant and harvest or graze cover crops as a source of forage.
- 3. Develop your own ideas and know the key factors to consider to make dual-purpose cover crops work on your farm, homestead, or backyard garden.

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TRADITIONAL COVER CROPS

- + Prevent soil erosion
- + Weed suppression
- + Capture & recycle nutrients
- + Alleviate soil compaction
- + Build soil organic matter & sequester carbon
- + Food for microbes
- Expensive
- Not harvested/not prioritized S. G. Corcoran. UMass Amherst. Stockbridge School of Agriculture. NOFA 2018

DUAL-PURPOSE COVER CROPS

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SOIL: ORGANIC MATTER, CARBON, & MICROBES

Concern: "I don't want to harvest my cover crop because I won't build as much soil organic matter."

<u>Soil organic matter (SOM)</u>: Living microbes and once living things in various stages of decomposition; carbon based. Ex: plant tissue, manure, microbe secretions, microbes themselves (dead or alive).

<u>Soil microbes</u>: bacteria and fungi in the soil; necessary for decomposition and nutrient release from SOM. SOM is food for microbes. Most C from SOM ends back up in atmosphere due do microbial respiration.

Microbes are the processing center for soil building and deep storage of carbon.



Figure adapted from: https://www.nature.com/scitable/knowledge/library/soil-carbon-storage-84223790

BUILDING SOIL-C & SOM WITH MICROBES

Concern: "I don't want to harvest my cover crop because I won't build as much soil organic matter."

Considerations:

I. There is still lots of biomass is below ground.

Up to 35% of a plant's total dry matter is below ground as roots

2. Grazing/harvesting leads to some root death followed by new root growth.

Makes more food, and sustained food.

3. Plants "leak" up to 30% of photosynthesis products (i.e. carbon-containing) into the soil.

This is more food and storage potential!

SOIL: ORGANIC MATTER, CARBON, & MICROBES

Concern: "I don't want to harvest my cover crop because then I won't build soil organic matter."

Considerations:

4. You are not removing all above ground biomass.

Grazing leaves 3-4" stubble plus trample residue

5. Mechanical harvest leaves stubble & you control how much

Dual purpose rye, wheat & triticale leaves around 900 lbs/A dry matter; most CC produce at least 2000

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BE A SOIL SHEPHERD: DUAL PURPOSE COVER CROPS ARE FEED FOR THE ANIMAL HERD **ABOVE GROUND & THE MICROBE HERD BELOW** GROUND

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Whole Farm Nutrient Mass Balance



NUTRIENT CYCLE WITH TRADITIONAL COVER CROPS IN VEGETABLE PRODUCTION





Nutrient Input (Fertilizer or Manure)

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Synchrony (nitrogen) between cover crop nutrient release and cash crop uptake?

Little control over where nutrients "go"

NUTRIENT CYCLE WITH DUAL PURPOSE COVER CROPS IN INTEGRATED LIVESTOCK PRODUCTION



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- Any time and place that you would cover crop.
 - If grazing, what is the plan for fencing?
 - Moveable fencing
 - If mechanical harvest, can bring feed to the animals.
 - Just need to know when is the "right time" to harvest or graze
 - Lowest stakes/worst case scenario: you cover crop something you would have anyways and don't end up feeding it.

• It happens! Keep it cheap the first time. Just do what you would s.g. cdo anyways and try out the feeding part as an added bonus.

- Compensate for summer slump
 - Pastures with cool season grasses(like KBG, orchard grass, fescue) significantly drop in production in the summer
 - Dual-purpose cover crops in other fields compensate for that drop
 - Cover crops versus "summer annuals"



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- Spring/summer to prepare a field before (re)seeding pasture in the fall
 - Weed suppression
 - Erosion control
 - Seedbed prep/compaction alleviation
 - Add fertility and kickstart microbial activity

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- Stored feed without committing to hayfields
 - Rye, wheat, triticale can be made into hayledge or baledge
 - Benefits of hay without the commitment to a hayfield

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 Works great under a tarp with tires



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- Fallow/resting field, disease or insect pressure, got to it too late
 - Provides all the cover crop benefits
 - Allows for a break is disease and pest cycles
 - Keeps resting land in production
 - Keeps land you got to "too late" in production



Grazing season extension

- Planted after summer harvest allows for mid to late fall grazing
- Overwintering crops (rye, wheat, triticale) create forage early in the spring
 - You might even get **two** harvests out of them (fall & spring)



- Conversion of a field to organic
 - Depends on if you have certified organic animals
 - Could make arrangements with a neighbor
 - To graze or harvest
 - Harvest and sell/trade
 - The neighborhood farmers are watching true story!
 - Marketing? Ex: Kashi "certified transitional organic program"
 - Keeps the field in production

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- Pop up where it's torn up.
 - Areas near barns or pens that have become too muddy
 - Very fast forage production, repair/minimize the damage
 - Can plant harder to establish perennials when the time is right
 - Or, if it gets torn up again there's no love lost



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- Kill your overwintering cover crop
 - Graze the hell out of it.



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- Thinking smaller?
 - Any part of the garden or raised bed
 - Cut and feed as needed
 - Chickens
 - Rabbits
 - Fenced in garden with a small winter grain
 - Goats and sheep can mow down in the spring
 - Chickens will beat it s. G. Carcoran. UMass Amherst. Stockbridge School of Agriculture. NOFA 2018 up, too!



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- Forage quality is primarily influenced by:
 - species (grasses vs legumes)
 - Growth stage of the plants
- Quality isn't just about protein:
 - Palatability
 - Texture, leafiness, flavor (brassicas)
 - Intake affected by palatability
 - Digestibility factor of age S. G. Corcoran. UMass Amherst. Stockbridge School of Agriculture. NOFA 2018
 - Nutrient content



Grasses

- Provide roughage
- High biomass yield
 - Rye, wheat, triticale (overwinter)
 - Oats
 - Millets (i.e. pearl or fox-tail)
 - Sorghum-sudangrass
 - Italian ryegrass

- Balance legumes and non-legumes
 - Legumes have twice as much protein as grasses
 - Excess legumes can cause bloat
 - Improve palatability and digestibility
 - Fix atmospheric N
 - 30-40% in the mix helps with weight gain and milk production
 - Field peas
 - Cow peas
 - Sunn hemp
 - S. Crovers Amherst. Stockbridge School of Agriculture. NOFA 2018

- Brassicas
 - Fast growing
 - Usually high in protein
 - Capture nutrients
 - Tillage/forage radish is ideal
 - Radishes are prone to overwinter/hard to kill
 - Mustards are too high in glucosinolates/ITCs
 - Break-up the pest cycle
 - Excess can cause decreased palatability or illness; avoid using with pregnant animals S. G. Corcoran. UMass Amherst. Stockbridge School of Agriculture. NOFA 2018



- Other broadleaf crops
 - Buckwheat don't let it go to seed!
 - Sunflowers

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MANAGEMENT AND YIELD - PLANTING

- Plant the same way as you always plant your cover crops
 - Drill
 - Brillion
 - Fertilizer spreader
 - All about seed to soil contact
- Seeding ratios don't behave the way you think they will





MANAGEMENT AND YIELD -PLANTING

- Final crop composition (by dry weight)
- 100% FR rate = 8 lbs/A
- 100% oat rate = 110 lbs/A
- For use as a cover crop and forage
 - Seed 100 lbs. oat/A and 1-1.5 lbs. FR/A
 - Yields I.4 tons DM/A
 - Final crop that is 35% FR and 65% oat by dry weight
 - Contains 17% crude protein
 - Captures 92 lbs. N/A at 20 lbs. P/A
- Mild in palatability

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- For fall annuals the winterkill
 - Plant in the first week of September to graze in mid-late October
 - Graze or harvest to leave 3-4" stubble to protect the soil
 - FR and oat will tolerate a few mild frosts
 - Have a plan ready
 - No spring clean up

- For fall annuals that overwinter
 - Rye, wheat, and triticale should be planted 9/1 to graze in fall
 - Planting by 9/15 might allow for fall grazing (late October/early November), still good for spring
 - Plant <u>NO LATER</u> than 9/30 to graze in spring
 - Do not graze lower than 5" (for winter survival and spring regrowth)
 - Will need a termination plan in spring



	Fall 2014: Feed Quality					
	Planting					
	Date	ADF	NDF	DDM	DMI	RFV
	1-Sep	18	40	75	3	178
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	30-Sep	19	41	74	3	171

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Crop	Spring RFV 2015	Spring RFV 2016
Rye	91	124
Triticale	101	129
Wheat	110	137

- Estimated value: \$230-350/acre
- Critical to harvest on time in the spring
- Rye matures fast, wheat is much slower and forgiving, although it yields less
- Removes 50-100 lbs. N, 10-30 lbs. P

• Decomp of these crops is slow in the field. Better to feed and then apply as manure to speed up availability.

- Sunn hemp
 - Best results when planted in the second week of July
 - Take first cutting/first grazing when plants are 30-40 days old
 - $\frac{3}{4}$ ton DM/A @ 30 days + $\frac{3}{4}$ ton regrowth
 - 2 tons DM/A @ 40 days + ½ ton regrowth
 - Legume! Can use to supplement/boost the protein of feed.
 - Requires inoculation
 - Leave 6-10" for regrowth
 - Regrowth can be used for a source of N fertilizer S. G. Corcoran. UMass Amherst. Stockbridge School of Agriculture. NOFA 2018



- Regrowth can be used for a source of N fertilizer
 - Ex: garlic
 - 20-50 lbs. N in regrowth depending on when it was first harvested and weather





Summer annuals

- Require warm soil, plant in last week of may/first week of June
- Our summer mix: buckwheat, foxtail millet, mammoth red clover, Italian rye grass, sunflower
 - Being studied as a corn silage alternative
- Harvest for stored feed twice or graze twice – once in mid/late July and again in early September
- Play with your seeding rates!
 - You can take dry matter of each species from subsections to determined the composition Agriculture. NOFA 2018



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RESOURCES

- SARE! Google the name of any cover crop and then "SARE"
 - Example: rye sare
- The Art and Science of Grazing by Sarah Flack
- UMass fact sheets
 - Google "umass CDLE fact sheets"
- To estimate yield in your fields:
 - "Determining dry matter with a microwave oven" • resource from Dairy One
- For forage sampling
 - Dairy One ٠
 - Cumberland Valley Analytical Service
- For seed
 - Johnny's
 - Albert Lea •
 - Forage varieties of winter grain cover crops, organic
 - Integrity Seed Co S. G. Corcoran. UMass Amherst. Stockbridge School of Agriculture. NOFA 2018 Sunn Hemp, not certified organic ٠

