

## **Final Report**

Sweet Hollow Farm, Victor, Idaho

10/11/2024

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### **Objective:**

Improving Soil Health: Soil samples will be collected at the beginning and end of the study period in the test and control produce beds. The soil samples will be analyzed for chemical, physical, and biological soil health indicators set out at the University of Wyoming. Comparing results will show if soil health is improving in the cardboard layering and deep compost system compared to our standard tilling practice. Soil health results from Sweet Hollow Farm will also be compared with soil samples from partnering farm, Foraging Farm, which has used the same CLDCM methods since it began five years ago.

### **Summary:**

As of 5/13/2022 all of the baseline testing has been conducted for the objective.

The Cardboard has been layered and the compost has been applied in alignment with the CLDCM method. The soil monitoring methods and comprehensive reports for the test and control plots can be found on the following pages.

The experiment continued until the follow up testing was conducted on 8/14/2024.

Below are the Baseline and Follow up Test Results.

The Final Page Lists Comparisons and Conclusions of the Results.

## **Soil monitoring research methods**

**Physical properties** to be analyzed on soil samples include soil texture, stable aggregate content, and in situ resistance to penetration. Soil texture will be measured using a sedimentation test to quantify sand, silt, and clay content. Soil texture interacts with many properties as well as with growth of crops and weeds. Stable aggregate content will be tested using a slake analysis. Stable aggregate content is a robust soil health indicator because water stable aggregates form with increasing soil organic matter content and decreasing tillage. They provide resistance to erosion and protect active organic matter fractions from rapid decomposition and loss. Resistance to penetration will be measured twice a season 24 hours after irrigation using a depth increment penetrometer pushed as deeply as possible into the soil. We expect to detect a dense tillage pan root restricting layer beneath tilled plots which will degenerate with time with no till treatments.

**Chemical properties** will be analyzed using a Mehlich-3 extraction method through Logan Labs. The Logan Labs complete soil test plus extra includes PH, organic matter, base saturation, total exchange capacity, Melich-3 extractable sulfur, phosphorus, calcium, magnesium, potassium, sodium, boron, iron, manganese, copper, zinc, aluminum, and estimated nitrogen release. Conversion to no till often temporarily constrains nutrient availability as recovery microbial communities aggressively immobilizes readily available nutrients. We expect that the decomposing high C:N cardboard layer might also drive some nutrient immobilization but that constrained availability should cease over time. These protocols will be used once a season through the extent of the project.

**Biological soil properties** will be measured using a microbial density and diversity analysis. Microscopy techniques and protocols set by Dr. Elaine Ingham will be utilized to determine estimations of bacterial biomass, fungal biomass, actinobacteria, protozoa, amoeba, nematode, and microarthropods. We will also perform in-situ counts of earthworms and other soil mesofauna. Frequent tillage, especially with incorporation with organic amendments and irrigation, drives rapid cycling and release of available nutrients in an environment that favors opportunistic organisms and high populations of bacteria relative to fungi. Reduced or no tillage tightens nutrient cycling and, along with reduced physical disruption favors growth of both saprophytic and mycorrhizal fungi populations, both very important for building soil aggregates, cycling organic materials, and increasing nutrient supply to plants. We expect that as biological soil communities fluctuate towards more fungal activity that we will also see the weeds growing in succession on the land change. These protocols will be used at the beginning and the end of each season through the extent of the project

## Baseline Comprehensive Soil Report

Earth Grower LLC (949) 302 8771

**Client:** Sweet Hollow Farm **Location:** Victor, Idaho **Sample Collected:** 5/13/2022 **Sample ID:** Control Block

### Biological Analysis:

**Fungi:** None

**Bacteria:** Low Diversity (Bacterial Dominated)

**Predators** None (poor nutrient cycling)

**Anaerobic Conditions?** Yes (ciliates present)

**Earthworms:** 4

### Microbial Recommendations Amount:

Good Quality Fungal Compost Aim for 2-4" over the entire Garden (4-10 yards) Fish Hydrolysate 1 ounce/gallon as needed as a Nitrogen Source and Fungal Food

### Chemical Analysis:

**pH:** Good Range

**Phosphorus:** Low/Moderate

**Sulfur:** Okay Range

**Calcium:** Slightly Low

**Potassium** Very High (**Locks Up Calcium**)

**Magnesium:** Good Range

**Sodium:** Good Range

**Boron:** Low

**Copper:** Low

**Manganese** High

**Iron:** Good Range

**Zinc:** Good Range

### Chemical Recommendations: Amount:

Gypsum (calcium and Sulfur) Mix with Compost (10-15 lb per yard of compost)

Borax (Boron) 1/2 ounce per 1000 sq ft Diluted into water (once a year) Soft Rock

Phosphate (phosphorus) 1-2 lb per 100 sq ft

Sea-90 (trace minerals) 2 Cups Per 100 Gallons of Water (once a year) **Avoid**

**Fertilizers that contain Potassium and Magnesium**

### Physical Properties:

**Soil Type:** Loam

Sand: 50%

Silt: 30%

Clay: 20%

Humic Acids: 4 out of 6

Organic Matter: Good Range

## **Baseline Comprehensive Soil Report**

Earth Grower LLC (949) 302 8771 **Client:** Sweet Hollow Farm **Location:** Midvale Idaho **Sample Collected:** 5/13/2022 **Sample ID:** Test Block

### **Biological Analysis:**

**Fungi:** Very Little

**Bacteria:** Low Diversity

**Predators:** None (poor Nutrient Cycling)

**Anaerobic Conditions?** Minor

**Earthworms:** 3

### **Microbial Recommendations Amount:**

Good Quality Fungal Compost Aim for 2-4" over the entire Garden (4-10 yards) Fish Hydrosolate 1 ounce/gallon as needed as a Nitrogen Source and Fungal Food

### **Chemical Analysis:**

**pH:** Good Range

**Phosphorus:** Low Moderate

**Sulfur:** Okay Range

**Calcium:** Slightly low

**Potassium** Very High (**Locks Up Calcium**)

**Magnesium:** Good Range

**Sodium:** Good Range

**Boron:** Low

**Copper:** Low

**Manganese** Good Range

**Iron:** Good Range

**Zinc:** Good Range

### **Chemical Recommendations: Amount:**

Gypsum (calcium and Sulfur) Mix with Compost (15-20lb per yard of compost ) Once a year Soft Rock Phosphate (phosphorus) 1-2 Pounds per 100sqft (Dusted or mixed with compost Borax (Boron) 1/2 ounce per 1000sqft Diluted into water (once a year) Sea-90 (trace minerals) 2 Cups Per 100 Gallons of Water (Applied once a year) **Avoid Fertilizers that contain Potassium and Magnesium**

### **Physical Properties:**

**Soil Type:** Loam

Sand: 50%


Silt: 40%

Clay: 10%

Humic Acids: 5 out of 6

Organic Matter: Good Range

## Physical Baseline Testing

|                                      |                          |                           |                             |   |                             |
|--------------------------------------|--------------------------|---------------------------|-----------------------------|---|-----------------------------|
| Earth Grower LLC                     |                          | 949-302-8771              |                             |  |                             |
| <b>Client</b>                        | Sweet Hallow Farm        | <b>Protocols</b>          |                             |   |                             |
| <b>Date</b>                          | 5/14                     | <b>Control Beds</b>       |                             | <b>Test Beds</b>  |                             |
| <b>Purpose</b>                       | Physical data            | W 20' L 100'              |                             | W 20' L 100'  |                             |
| <b>Type of test</b>                  | Penetrometer             | Pathway 20-22"            |                             | Pathway 20-22"  |                             |
|                                      |                          | 10 tests per bed          |                             | 10 tests per bed  |                             |
| <b>Data correlates left to right</b> |                          |                           |                             |   |                             |
| <b>Test Bed</b>                      |                          |                           |                             |   |                             |
|                                      |                          | <b>Row</b>                |                             |   |                             |
|                                      | <b>Penetrometer Data</b> | 1                         | 2                           | 3   | 4                           |
|                                      | 1                        | 8" @ 200 psi              | 3.5" @ 200 psi              | 9.5" @ 200 psi  | 6.5" @ 200 psi              |
|                                      | 2                        | 11" @ 200 psi             | 2" @ 200 psi                | 3.5" @ 200 psi  | 4.5" @ 200 psi              |
|                                      | 3                        | 14" @ 200 psi             | 2.5" @ 200 psi              | 5" @ 200 psi  | 7.5" @ 200 psi              |
|                                      | 4                        | 6" @ 200 psi              | 2.5" @ 200 psi              | 4.5" @ 200 psi  | 5" @ 300 psi                |
|                                      | 5                        | 6.5" @ 200 psi            | 2.5" @ 200 psi              | 2" @ 200 psi  | 4.5" @ 200 psi              |
|                                      | 6                        | 6" @ 200 psi              | 3.5" @ 200 psi              | 3" @ 200 psi  | 4.5" @ 200 psi              |
|                                      | 7                        | 27.5" <b>sunk</b>         | 5" @ 200 psi                | 4" @ 200 psi  | 27.5" @ 150 <b>sunk</b>     |
|                                      | 8                        | 20.5" @ 200 psi           | 6" @ 200 psi                | 27.5" <b>sunk</b>   | 23" @ 200 psi               |
|                                      | 9                        | 6.5" @ 200 psi            | 18" @ 200 psi               | 3" @ 200 psi  | 15" @ 200 psi               |
|                                      | 10                       | 5" @ 200 psi              | 3" @ 200 psi                | 2" @ 200 psi  | 15" @ 200 psi               |
| <b>Control Bed</b>                   |                          |                           |                             |   |                             |
|                                      |                          | <b>Row</b>                |                             |   |                             |
|                                      | <b>Penetrometer Data</b> | 1                         | 2                           | 3   | 4                           |
|                                      | 1                        | 14" @ 200 psi             | 10" @ 200 psi               | 11" @ 200 psi   | 10" @ 200 psi               |
|                                      | 2                        | 7.5" @ 200 psi            | 13" @ 200 psi               | 10.5" @ 200 psi   | 12.5" @ 200 psi             |
|                                      | 3                        | 14" @ 200 psi             | 13" @ 200 psi               | 14" @ 200 psi   | 13" @ 200 psi               |
|                                      | 4                        | 16.5" @ 200 psi           | 15.5" @ 200 psi             | 14" @ 200 psi   | 13.5" @ 200 psi             |
|                                      | 5                        | 7" @ 200 psi              | 15.5" @ 200 psi             | 22" @ 200 psi   | 18" @ 200 psi               |
|                                      | 6                        | 6.5" @ 200 psi            | 27.5" @ 150 psi <b>sunk</b> | 24" @ 200 psi   | 25" @ 200 psi <b>sunk</b>   |
|                                      | 7                        | 18.5" @ 200 psi           | 10" @ 200 psi               | 22" @ 200 psi   | 24.5" @ 200 psi <b>sunk</b> |
|                                      | 8                        | 27.5" <b>sunk</b> 150 psi | 8" @ 200 psi                | 19" @ 200 psi   | 20" @ 200 psi <b>sunk</b>   |
|                                      | 9                        | 21" @ 200 psi             | 9.5" @ 200 psi              | 27.5" @ 200 psi <b>sunk</b>   | 24" @ 200 psi               |
|                                      | 10                       | 15.5" @ 200 psi           | 19" @ 200 psi               | 17.5" @ 200 psi   | 27.5" @ 200 psi <b>sunk</b> |

### **Slake Anylasis**

Earth Grower LLC 949 302 8771

Client: Sweet Hollow Farm

Sample Collected: 5/14/2022

Tested: 5/18/2022

Purpose: Physical Testing

**This is a test of aggregate stability. Each sample is a composite sample of 10 cores from each bed.**

**Protocols: One TBSP of Soil is dropped in a basket with 1cm submerged in water and a timer is set to see how long it takes to disso  
Samples Sit for 2 minutes before data is Collected. The percentae of soil left is logged as the aggregate stability.**

| Control Beds        | C1  | C2  | C3  | C4  |
|---------------------|-----|-----|-----|-----|
| Dissolved           | 95% | 96% | 94% | 99% |
| Aggregate Stability | 5%  | 4%  | 7%  | 1%  |

| Test Beds           | T1  | T2  | T3  | T4  |
|---------------------|-----|-----|-----|-----|
| Dissolved           | 90% | 90% | 90% | 80% |
| Aggregate Stability | 10% | 10% | 10% | 20% |

## Follow Up Testing Comprehensive Soil Report

Earth Grower LLC (949) 302 8771

**Client:** Sweet Hollow Farm **Location:** Victor, Idaho **Sample Collected:** 8/14/2023 **Sample ID:** Control Block

### **Biological Analysis:**

**Fungi:** None

**Bacteria:** Low Diversity (Bacterial Dominated)

**Predators** None (poor nutrient cycling)

**Anaerobic Conditions?** No

**Earthworms:** 3

### **Microbial Recommendations Amount:**

Good Quality Fungal Compost Aim for 2-4" over the entire Garden (4-10 yards) Fish Hydrolysate 1 ounce/gallon as needed as a Nitrogen Source and Fungal Food.

JADAM Microbial Solution Diluted 50:1 Once per year to relieve compaction and increase microbial diversity.

### **Chemical Analysis:**

**pH:** Good Range

**Phosphorus:** Good Range

**Sulfur:** Good Range

**Calcium:** Low

**Potassium** Very High (**Locks Up Calcium**)

**Magnesium:** High

**Sodium:** Good Range

**Boron:** Low

**Copper:** Low

**Manganese** High

**Iron:** Good Range

**Zinc:** Good Range

### **Chemical Recommendations: Amount:**

Gypsum (calcium and Sulfur) Mix with Compost (10-15 lb per yard of compost)

Borax (Boron) 1/2 ounce per 1000 sq ft Diluted into water (once a year)

Sea-90 (trace minerals) 2 Cups Per 100 Gallons of Water (once a year)

**Avoid Fertilizers that contain Potassium and Magnesium**

### **Physical Properties:**

**Soil Type:** Loam

Sand: 50%

Silt: 30%

Clay: 20%

Humic Acids: 4 out of 6

Organic Matter: Good Range

## Follow Up Testing Comprehensive Soil Report

Earth Grower LLC (949) 302 8771 **Client:** Sweet Hollow Farm **Location:** Midvale Idaho **Sample Collected:** 8/14/2022 **Sample ID:** Test Block

### **Biological Analysis:**

**Fungi:** None

**Bacteria:** Low Diversity

**Predators:** None (poor Nutrient Cycling)

**Anaerobic Conditions?** Minor

**Earthworms:** 3

### **Microbial Recommendations Amount:**

Good Quality Fungal Compost Aim for 2-4" over the entire Garden (4-10 yards) Fish Hydrosolate 1 ounce/gallon as needed as a Nitrogen Source and Fungal Food

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**Calcium:** Low

**Potassium** Very High (**Locks Up Calcium**)

**Magnesium:** High

**Sodium:** Good Range

**Boron:** Low

**Copper:** Low

**Manganese** High

**Iron:** Good Range

**Zinc:** Good Range

### **Chemical Recommendations: Amount:**

Gypsum (calcium and Sulfur) Mix with Compost (15-20lb per yard of compost )

Borax (Boron) 1/2 ounce per 1000sqft Diluted into water (once a year)

Sea-90 (trace minerals) 2 Cups Per 100 Gallons of Water (Applied once a year)

**Avoid Fertilizers that contain Potassium and Magnesium**

### **Physical Properties:**

**Soil Type:** Loam

Sand: 50%

Silt: 40%

Clay: 10%


Humic Acids: 4 out of 6

Organic Matter: Good Range



### Physical Follow Up Testing

| 8/13          | Control 1 | Control 2    | Control 3    | Control 4   | Test 1      | Test 2 | Test 3       | Test 4 |
|---------------|-----------|--------------|--------------|-------------|-------------|--------|--------------|--------|
| All in inches | 8.5       | 9.5          | 10.75        | 11          | 6.5         | 7      | 14           | 12     |
|               | 10.5      | 10           | 7.5          | 8           | 13          | 16.5   | 13.25        | 9      |
|               | 11        | 24           | 12           | 6           | 7           | 18.75  | 13.25        | 8      |
|               | 10.25     | 23           | 12.5         | 18.5        | 18          | 19.5   | 20           | 21.25  |
|               | 13        | 21.5         | 18.25        | 22.5        | 6           | 7.5    | 22           | 9.75   |
|               | 25.25     | 22           | FULL 100 PSI | 20.5        | 20          | 9.5    | FULL 180 PSI | 21.5   |
|               | 23        | FULL 140 PSI | 17           | FULL 75 PSI | 7.5         | 7.75   | FULL 120 PSI | 9.25   |
|               | 13.5      | 15.5         | 24           | 16          | 10.5        | 6      | 23.5         | 13.5   |
|               | 17.25     | 13           | 17.75        | 17          | FULL 70 PSI | 20     | 7            | 2.5    |
|               | 7.5       | 19           | 17           | 13.5        | 22.5        | 9      | 21           | 7.5    |
|               |           |              |              |             |             |        |              |        |
|               |           |              |              |             |             |        |              |        |

| Slake Analysis                  |                   |                     |       |  |
|---------------------------------|-------------------|---------------------|-------|---|
| Earth Grower LLC (949) 302 8771 |                   |                     |       |   |
| Client:                         | Sweet Hollow Farm |                     |       |   |
| Samples Collected:              | 8/14/2023         |                     |       |   |
| Date of Test:                   | 8/17/2023         |                     |       |   |
| Sample name                     | Dissolved         | Aggregate stability | notes |   |
| C1                              | 95%               | 5%                  |       |   |
| C2                              | 98%               | 2%                  |       |   |
| C3                              | 90%               | 10%                 |       |   |
| C4                              | 97%               | 3%                  |       |   |
| T1                              | 90%               | 10%                 |       |   |
| T2                              | 92%               | 8%                  |       |   |
| T3                              | 90%               | 10%                 |       |   |
| T4                              | 85%               | 15%                 |       |   |

## **Experiment Conclusions**

### **Biological Comparison**

The follow up microbial testing on the test plots shows lower bacteria counts than the baseline test results and comparable fungal counts. The soil is still lacking in predators for nutrient cycling such as nematodes, protozoa, and Amoebae. Low bacterial counts could be due to allium crops being grown in the plot this season. Lack of microbial predators is common in field production and not seeing them in follow up testing could be due to the quality of the compost applied in not being biocomplete. Applications on JADAM Microbial Solution are recommended to increase microbial diversity and to improve compaction layers in the soil.

### **Chemical Comparison**

The follow up chemical testing on the test plots shows lower calcium content than the baseline results, and higher magnesium and potassium; leaving a calcium deficit and excess magnesium and potassium in the soil. Phosphorus has increased to more suitable ranges as well as Sulfur and these no longer need to be supplemented currently. Trace Minerals have not made a significant change and Sea-90 Applications are still recommended annually. The Compost used in the experiment may have provided the needed Phosphorus and Sulfur. The parent material of the soil in the area is naturally high in Potassium and Magnesium, and this is also true of the groundwater in the area. The sand content of the soil on the farm tends to leach calcium; the high Magnesium and Potassium are also taking up exchange sites on the soil's clay content making it harder to hold Calcium. Gypsum Applications are still recommended and also testing on future compost is recommended.

### **Physical Comparison**

Follow up testing doesn't show any significant increase in Organic Matter or Aggregate Stability. Sand, Silt and Clay percentages remain the same. Penetrometer data from follow up testing does show signs of increased compaction in certain areas of the control and test bed but the results are not conclusive on the entire growing area. The compaction layer could potentially be correlated with high potassium and magnesium content as well. Applications of JADAM Microbial Solution have been shown to improve compaction layers in soil.