

Raised Roots: BAFFT Day Of Outline

Saturday, July 30th

Topic: Preparing Your Mind and Body for Farming, Social Permaculture & Community Organizing for Systems Change, and Ancestral Community Celebration!

Site: Raised Roots @ Sunol Ag Park 505 Paloma Way, Sunol, CA 94586

Set up to do:

- Write schedule
- Set up water by farm
- Set up tables for feast
- Set up books
- Set up mistica

Schedule

9:00-9:15 Arrive, settle in, observe and connect to the land and others

9:15-9:45- Circle up for Mistica and Welcome Circle (set up by pergola)

- **Mistica**
 - Mistica
 - Embodied Welcome Circle (**alexa**)
- **Logistics:** Bathroom, and water

9:45-10:15 Introduction to the land and people (Alexa + Kanoa + Jamil)

- Acknowledge ancestors of the land (**kanoa**)
- Introduce Jamil, then let him intro himself/ share history/connection to the space (**Alexa/ Jamil**)
- Introduce topics for the day (**Alexa**)

10:15 - 11:15 Preparing Your Mind and Body for a Career in Farming (Jamil)

11:15 - 11:25 Break and walk to Raised Roots farm - *bring water, and fruit!*

11:25 - 12:40 Land Work & Cultivation—Proper Body Care with Tools (Jamil)

- Jamil give example of prepare new beds and proper body care with a hoe
- Identify weeds before we cultivate (**kanoa**), planted beds to be cultivated (**alexa**), cultivate compost heap (**leah**), prepare new beds/ maybe install irrigation lines (**jamil**)

12:40 - 12:45 Walk back to pergola

12:45 - 1:10 Lunch

1:10 - 2:20 Social Permaculture & Community Organizing for Systems Change (Alexa)

2:30 - 3:00 Asset Mapping Activity (Alexa)

3:00 - 4:00 Closing Circle and Graduation Ceremony

- 3:00-3:02 Thank you to Jamil
- 3:02-3:10 Farmer Mobilization Overview
- **Farmer Mobilization Overview: (Alexa)**

- The Farmer Mobilization proceeds after BAFFT programming, and embodies its values and visions by providing graduates with opportunities to viscerally experience farming with mentorship, catalyze a farming business, and deepen practices as land stewards. **We will be sending a thorough invitation packet this fall!** There are three pathways for the Farmer Mobilization: Paid on-farm apprenticeship with experienced farmers in the BAFFT network; apply for a seed grant that supports an existing or budding agroecological business with advisorship; and steward a portion of the land at Agroecology Commons three acre incubator cooperative farm.
- **Seed Grants: (Brooke)**
 - Graduates of BAFFT can apply for funding and individualized strategic support to implement new or existing community projects that enliven food sovereignty. Projects also receive mentorship support this last year folks received up to 6 hours of mentorship support from an educator in the BAFFT network. In past years seed grants have ranged from \$500-2000.
- **Farm Apprenticeship Program: (Kanoa)**
 - On-farm apprenticeship program with BAFFT educators. This apprenticeship and mentorship program honors the important legacies of sharing ancestral agrarian traditions and practices. This past year, apprentices have been paid \$21/hour for up to 200 hours of on farm work. We are actively raising more money to offer a higher compensation rate, as well as more hours. We also pay the farm host mentor :). We are working hard on finalizing the details and opportunities for the Farmer Mobilization Program of 2022/2023. The host sites of 2021/2022 were Feral Heart Farm, Red H Farm, and Scott Family Farms. We are expecting/hoping all these farms will continue and to partner with additional host farms in the future.
- **Cooperative Incubator Farm: (Leah)**
 - The incubator farm provides access to a portion of Agroecology Commons' land in El Sobrante for beginning farmers to autonomously and cooperatively grow crops, hone skills, and launch their farm dreams with mentorship and cooperative support, as well as have access to infrastructure, tools, materials, and seeds. We are working on the foundational infrastructure installing a fence, irrigation, and acquiring tools!
- 3:15-3:25 Closing course thoughts (Kanoa, Leah, Jeneba, Alexa, Brooke) and certificate Introduction (brooke)
- 3:25-3:55 Passing out certificates and reflections
- 3:55-4 Plum Village song

4:00 - 6:00 Ancestral Feast and Celebration

- Space
- Honoring Ancestral Feast and Dish Introduction

6:00 - 6:30 Clean up

AC Packing List:

Brooke:

- Camera
- Instruments
- Guitar

Leah:

- BAFFT supply box
- Speaker
- Mistica items
- Books
- Signs
- Bulletin boards
- Water jug
- Print schedules for coordinators

Alexa:

- Books
- 12 Hoes
- Yarn, index cards
- Lesson plan