

SEED STARTING

The Basics

ONIONS

Onions are typically the first seeds I start. You can start them in the rectangle paper containers, typically 2-3 seeds per pot. Once the seeds sprout move them to a sunny area and keep moist, Once they reach about 4 inches, trim them back to 2 inches, this helps stimulate root growth. They can be transplanted outside in mid-May.



TOMATOES AND PEPPERS

I typically start tomatoes and peppers in mid- March to early April. We don't want them to be too big before transplanting. You can either start them as individual seeds in egg cartons and transplanted to the larger cups, or start them directly in the cups. I usually plant at least 2 seeds to make sure that one germinates and trim to one plant per cup after a few weeks. Be patient- sometimes they can take 2-3 weeks to germinate.



CUCUMBERS AND LETTUCE

You can start your lettuce and cucumbers inside or outside- it's totally up to you! If you want to start them inside I would recommend using the containers pictured here. Lettuce is fairly cold tolerant and can be planted outside in mid-May, wait until late May to plant your cucumbers outside.



BROCCOLI

You can start your broccoli around mid-April. I usually start them in the plastic containers. Make sure your broccoli has plenty of air movement, sometimes disease issues can kill broccoli before you are able to transplant them outside.



BEANS AND PEAS

Plant your beans and peas directly outside. Peas can be planted in mid-May, but wait to plant your beans until late May after the frost danger has cleared.

KEYS TO SUCCESS

1. Cover seeds with plastic right after planting, remove once they sprout
2. Adequate light- full sunlight or artificial light once seeds have sprouted
3. Correct amount of moisture- not dry, but not swimming

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