**Table 1. Recommended and actual planting rates for five cover crop species and teff planted in Lubbock, TX.**

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| Crop | Year 1 | Year 2 |
| Recommendation | Actual | Recommendation | Actual |
|  | *--------------------------------------------lbs/ac---------------------------------------------* |
| Burr Medic | 27.0 | 26.6 | 30.0 | 30.9 |
| Hairy Vetch | 17.0 | 19.5 | 17.5 | 19.9 |
| Rape-Kale | 12.0 | 11.9 | 10.9 | 11.4 |
| Rye | 69.0 | 70.8 | 68.0 | 66.1 |
| Wheat | 70.0 | 70.8 | 70.9 | 70.4 |
| Teff | 10.0 | 9.6 | 10.0 | 9.6 |