	Time Spent Writing the Report	
February 7, 2023	8 am - 2 pm	6 hours
January 30, 2023	9:45 pm - 10:45 pm	1 hour
January 31, 2023	4 pm - 7 pm, 8:15 pm - 10 pm, 10:20 pm - 11 pm	5 hours and 25 minutes
		Total Time Spent Writing in 2022 and 2023
		12 hours and 25 minutes